LIFE IN THE WORD SERIES

Managing OUR EMOTIONS

LESSON 17:

TAKE COURAGE!

MATTHEW 14:27

BUT JESUS IMMEDIATELY SAID TO THEM: “TAKE COURAGE! IT IS I. DON’T BE AFRAID.”

PSALM 31:24

BE STRONG, AND LET YOUR HEART
TAKE COURAGE, ALL YOU WHO WAIT
FOR THE LORD!

“Courage is not having the strength to go on; it is going on when you don’t have the strength.”

COURAGE is the mental or moral strength to venture, persevere, and withstand danger, fear, or difficulty.

Courage is a steadfastness of the heart that enables a person to face adversity, danger, or difficult tasks with unwavering firmness.

EXAMPLE OF COURAGE IN SCRIPTURE:

1. JOSHUA 1:9
2. JOHN 16:33
3. EXODUS 2
4. JUDGES 6
5. 1 SAMUEL 17
6. HEBREWS 12:1

THE ENGINE OF COURAGE

Courage is found by looking upward.
It can only come from fixing your
eyes on Jesus.gine of Courage

HEBREWS 12:1-2

LET US RUN WITH ENDURANCE THE RACE THAT LIES BEFORE US, KEEPING OUR EYES ON JESUS, THE PIONEER AND PERFECTER OF OUR FAITH.

NEHEMIAH 4:14

DON'T BE AFRAID OF THEM. REMEMBER THE GREAT AND AWE-INSPIRING LORD, AND FIGHT FOR YOUR COUNTRYMEN, YOUR SONS AND DAUGHTERS, YOUR WIVES AND HOMES.

"COURAGE IS NOT SIMPLY ONE OF THE VIRTUES, BUT THE FORM OF EVERY VIRTUE AT THE TESTING POINT."

C. S. LEWIS

Three Habits of Courage:

1. Practice Trust in Christ in Everyday Life.

ROMANS 8:37-39

YET IN ALL THESE THINGS WE ARE MORE THAN CONQUERORS THROUGH HIM WHO LOVED US. FOR I AM PERSUADED THAT NEITHER DEATH NOR LIFE, NOR ANGELS NOR PRINCIPALITIES NOR POWERS, NOR THINGS PRESENT NOR THINGS TO COME,

ROMANS 8:37-39

NOR HEIGHT NOR DEPTH, NOR ANY OTHER CREATED THING, SHALL BE ABLE TO SEPARATE US FROM THE LOVE OF GOD WHICH IS IN CHRIST JESUS OUR LORD.

2. Step Out of Your Comfort Zone.

3. Build a Faith Community.

Three Essential Qualities of Christian Courage:

1. Christian Courage Believes that God Can.

DANIEL 3:17

"OUR GOD WHOM WE SERVE IS ABLE TO DELIVER US FROM THE BURNING FIERY FURNACE ..."

2. Christian Courage Expects that God Will.

I SAMUEL 14:6-7

"COME ON, LET'S CROSS OVER TO THE GARRISON OF THESE UNCIRCUMCISED MEN. PERHAPS THE LORD WILL HELP US ..."

3. Christian Courage Trusts God If He Doesn't.

DANIEL 3:18

"BUT IF NOT, BE IT KNOWN TO YOU, O KING, THAT WE WILL NOT SERVE YOUR GODS OR WORSHIP THE GOLDEN IMAGE THAT YOU HAVE SET UP."

Courage believes not only that God is bigger than the opposition but also better than all the alternatives.

“Life shrinks or expands in proportion to one’s courage.”