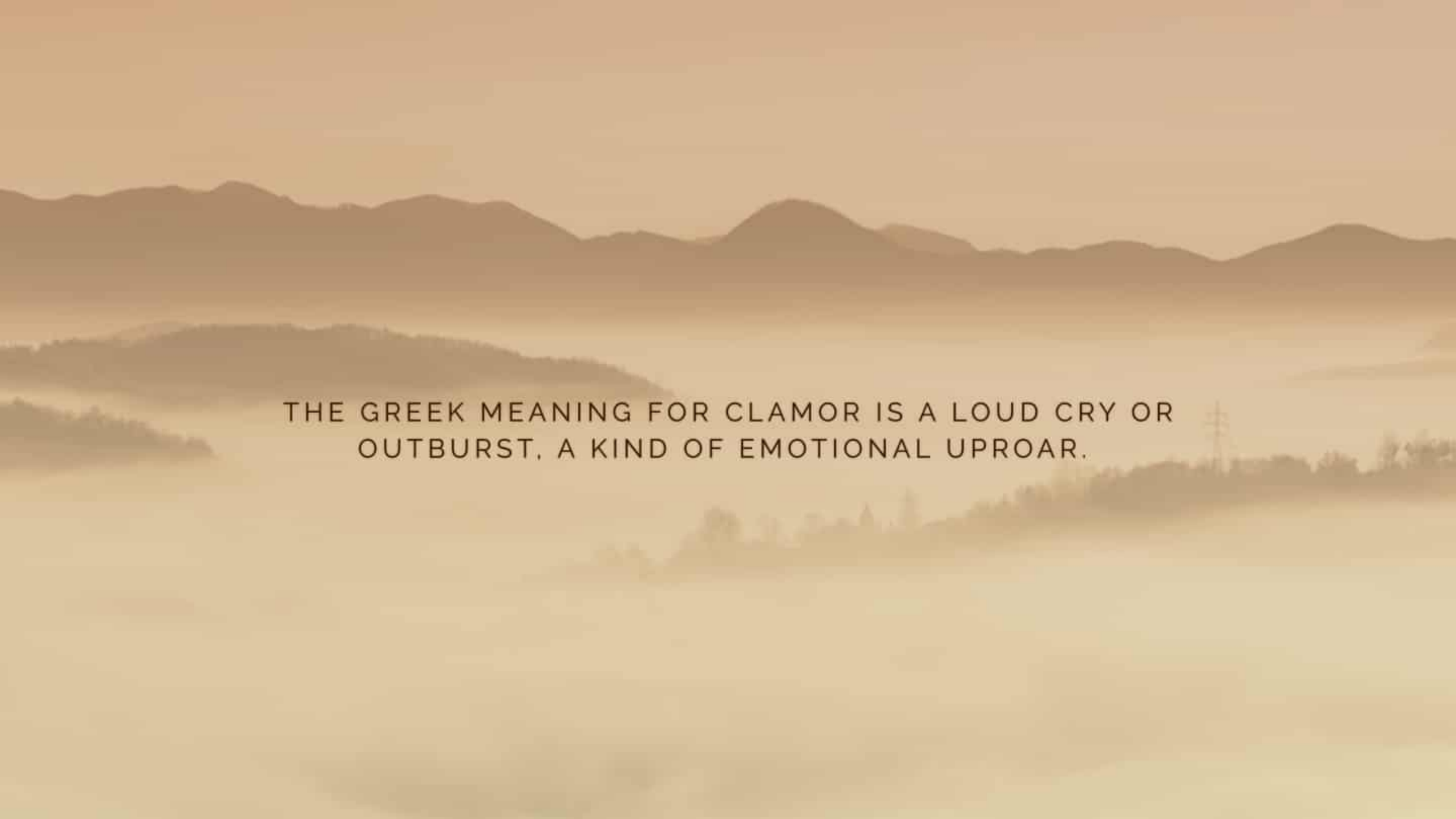

Life in the Word Series:
Lesson Eleven:
Managing Our Emotions
PUT CLAMOR AWAY

Ephesians 4:31

Let all bitterness, wrath, anger, and clamor be put away from you.

LESSON ELEVEN:

Put Away Clamor


THE GREEK MEANING FOR CLAMOR IS A LOUD CRY OR
OUTBURST, A KIND OF EMOTIONAL UPROAR.



NLT), Get rid of all
bitterness, rage, anger,
harsh words, and slander,
as well as all types of evil
behavior.

(BSB), Get rid of all
bitterness, rage and anger,
outcry and slander, along
with every form of malice.

(LSB), Let all bitterness and anger and wrath and shouting and slander be put away from you, along with all malice.

(GWT), Get rid of your bitterness, hot tempers, anger, loud quarreling, cursing, and hatred.



CLAMOR, IN BIBLICAL TERMS, REFERS TO LOUD AND INSISTENT NOISE OR OUTCRY, OFTEN ASSOCIATED WITH DISORDERLY CONDUCT OR TUMULTUOUS BEHAVIOR.



BIBLICAL EXAMPLE OF A

Clamorous Woman

Name Given: "Folly"

Proverbs 7:11



She is clamorous and willful; Her feet abide not in her house.

Proverbs 9:13

A foolish woman is clamorous: she is simple, and knows nothing.



SOMEONE WHO IS CLAMOROUS IS TURBULENT AND FORCEFUL; DEMANDING BY VOICE, REPETITIVE IN THEIR TURBULENT DEMANDS.

SATAN IS THE GREATEST SALESMEN THIS WORLD HAS EVER SEEN, AND HE IS THE KING OF CLAMOR.


LEARN TO TAKE A DAILY AND STEADY BREAK FROM THE
OBNOXIOUS NOISE OF LIFE SO YOU CAN HEAR THE STILL
SMALL VOICE OF GOD.

A Road-map for

Peace Over Clamor:

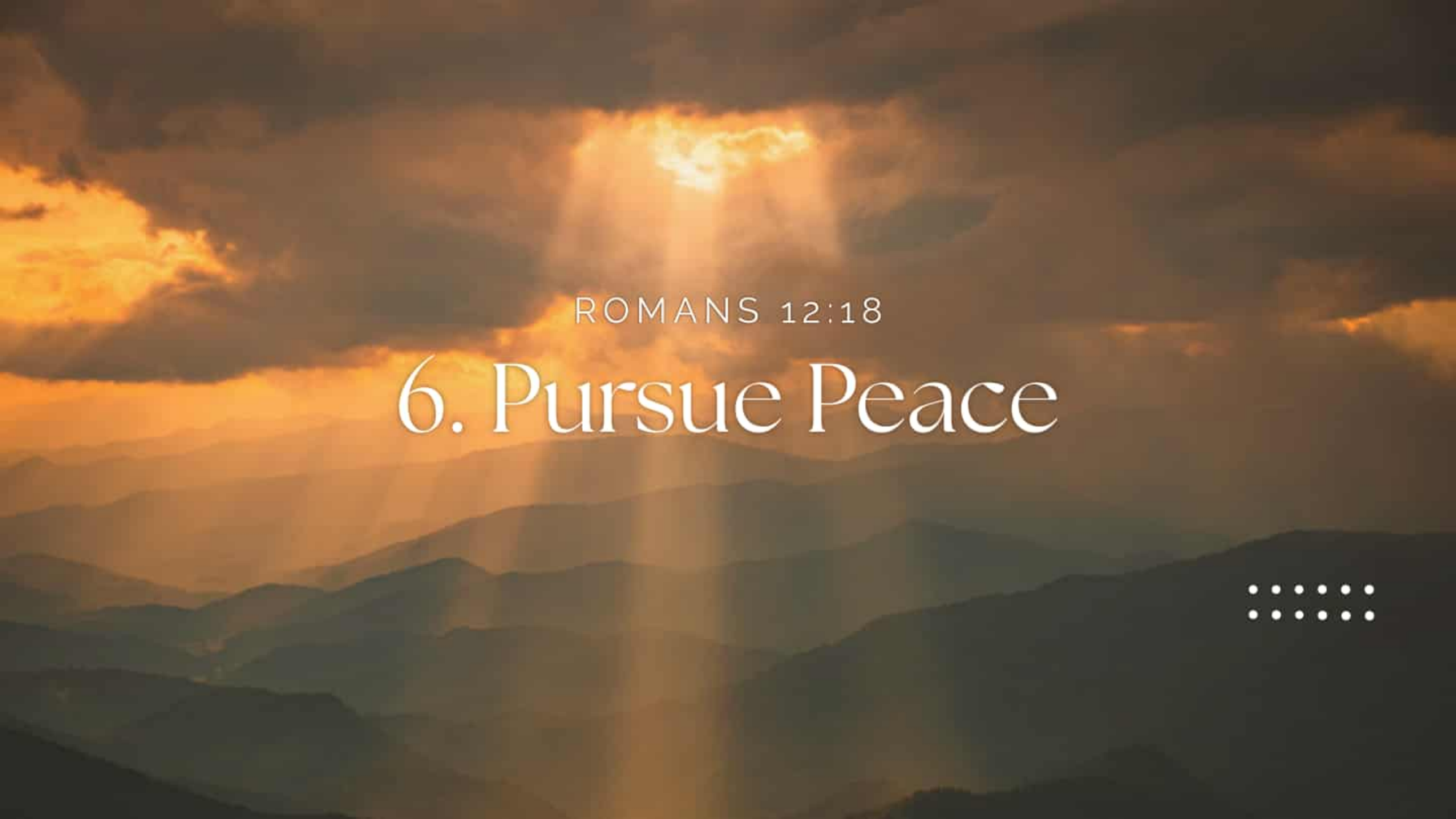

ACKNOWLEDGE
What's Really Going On

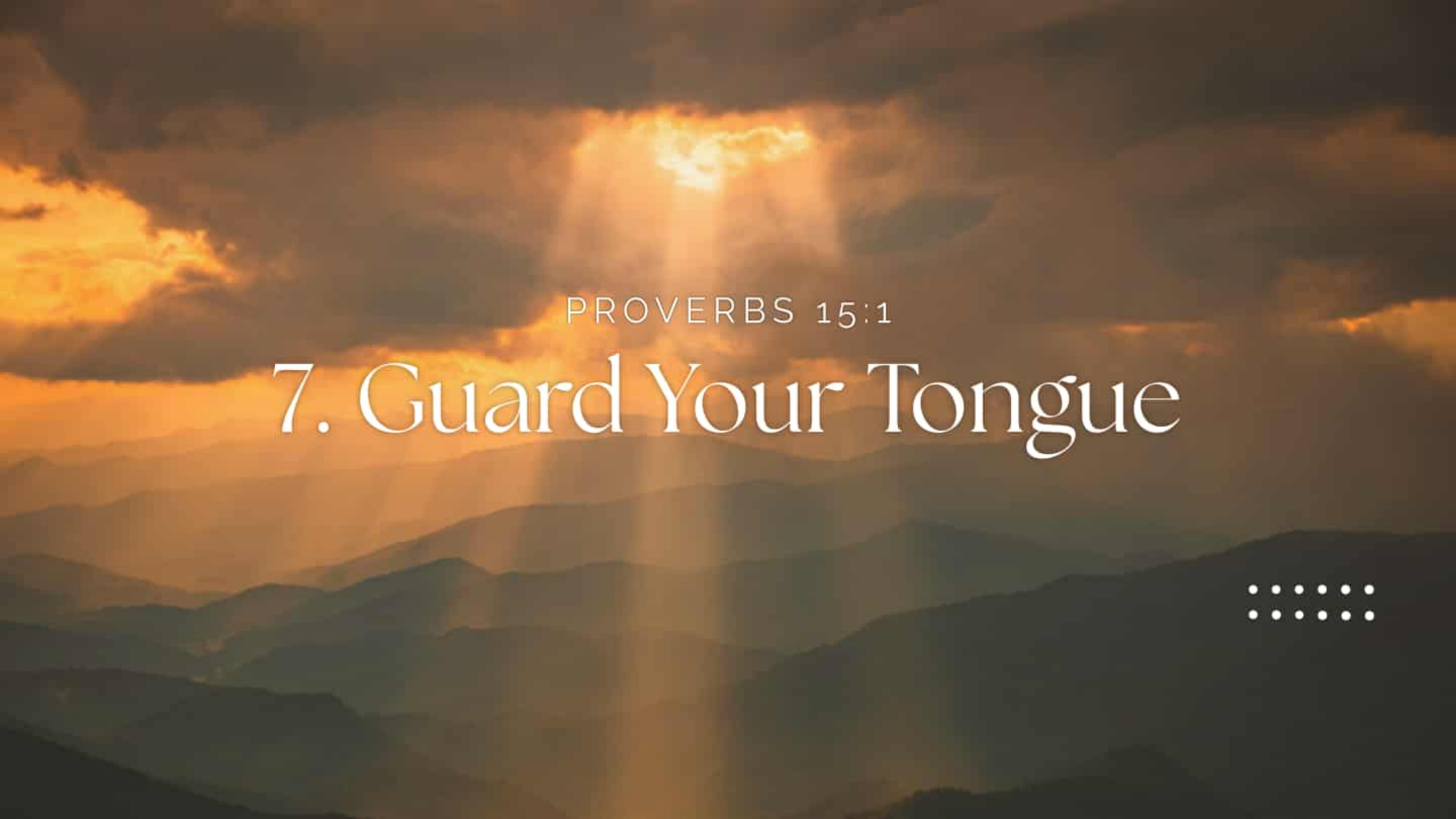

JAMES 1:19
2. Pause Before You Respond


EPHESIANS 4:15
3. Speak the Truth in Love


4. Forgive Before You Explain


ROMANS 12:2
5. Renew Your Mind


ROMANS 12:18
6. Pursue Peace


PROVERBS 15:1
7. Guard Your Tongue



CLAMOR DOESN'T -

make you a bad person

it just means you're human and still healing. But growth means letting the Holy Spirit teach your tongue how to rest and your heart how to listen.



Follow Up Chat Questions:

1. What is your definition of clamor?
2. Clamor doesn't just damage communication; it erodes connection. How so?
3. Describe the clamorous woman in Proverbs.
4. Satan is the greatest salesmen this world has ever seen, and he is the King of Clamor. How so?
5. What are the dangers in becoming addicted to YouTube, TikTok or other social media platforms?
6. What are ways we can establish peace over clamor?
7. What resonated with you most regarding today's lesson?