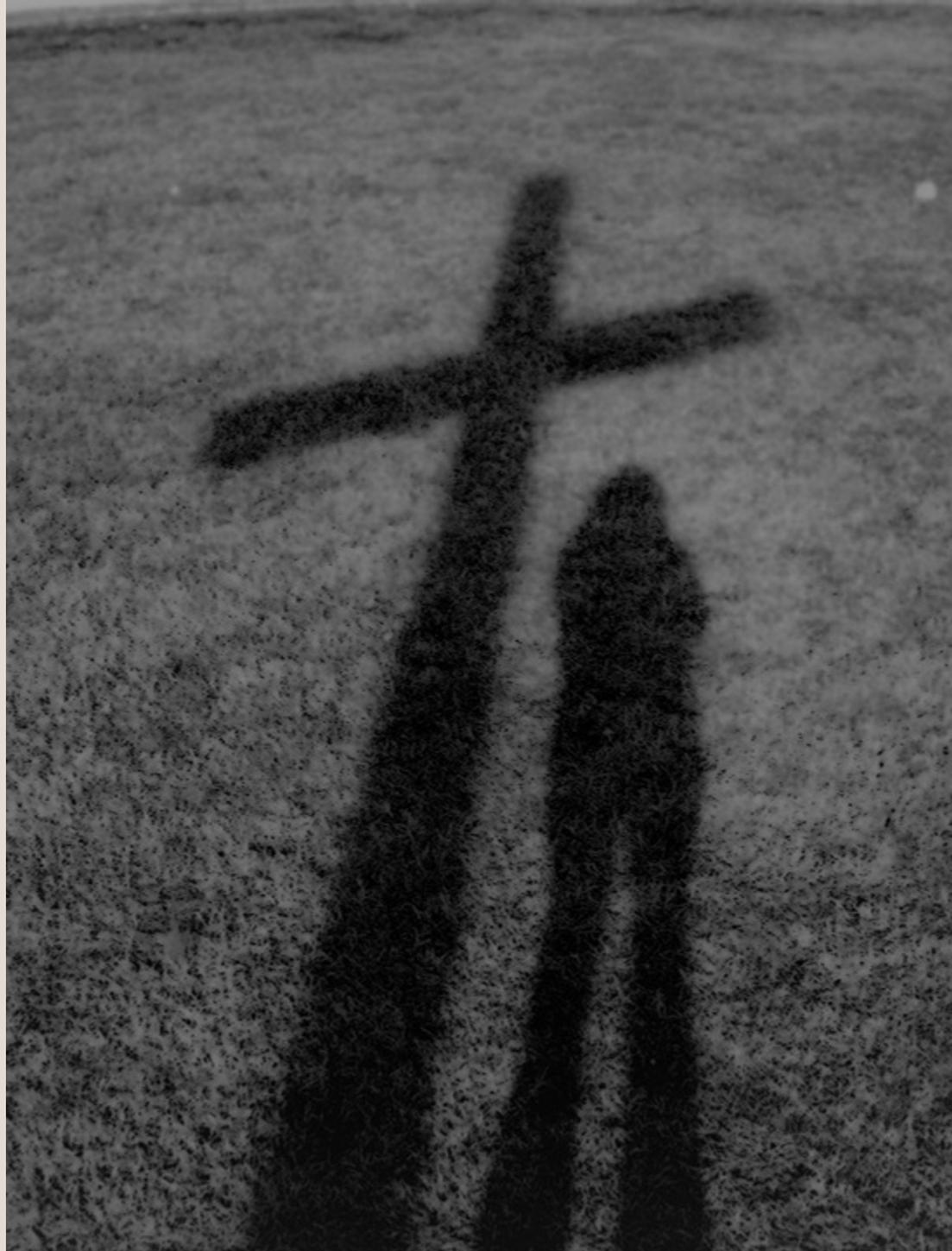

Life
in the Word
MANAGING OUR EMOTIONS

LESSON NINE:

Get Rid of Malice

Ephesians 4:31

Get rid of all bitterness, rage and anger, outcry and slander, along with every form of malice.



LESSON NINE:

Get Rid of Malice



Malice is “the desire to harm someone or the feeling of pleasure at someone’s misfortune.”

Bridgeway Bible Dictionary

Malice is "a settled or deliberate determination to revenge or do hurt to another."

Biblical Cyclopedia




FOUR BIBLICAL OBSERVATIONS
About
Malice.

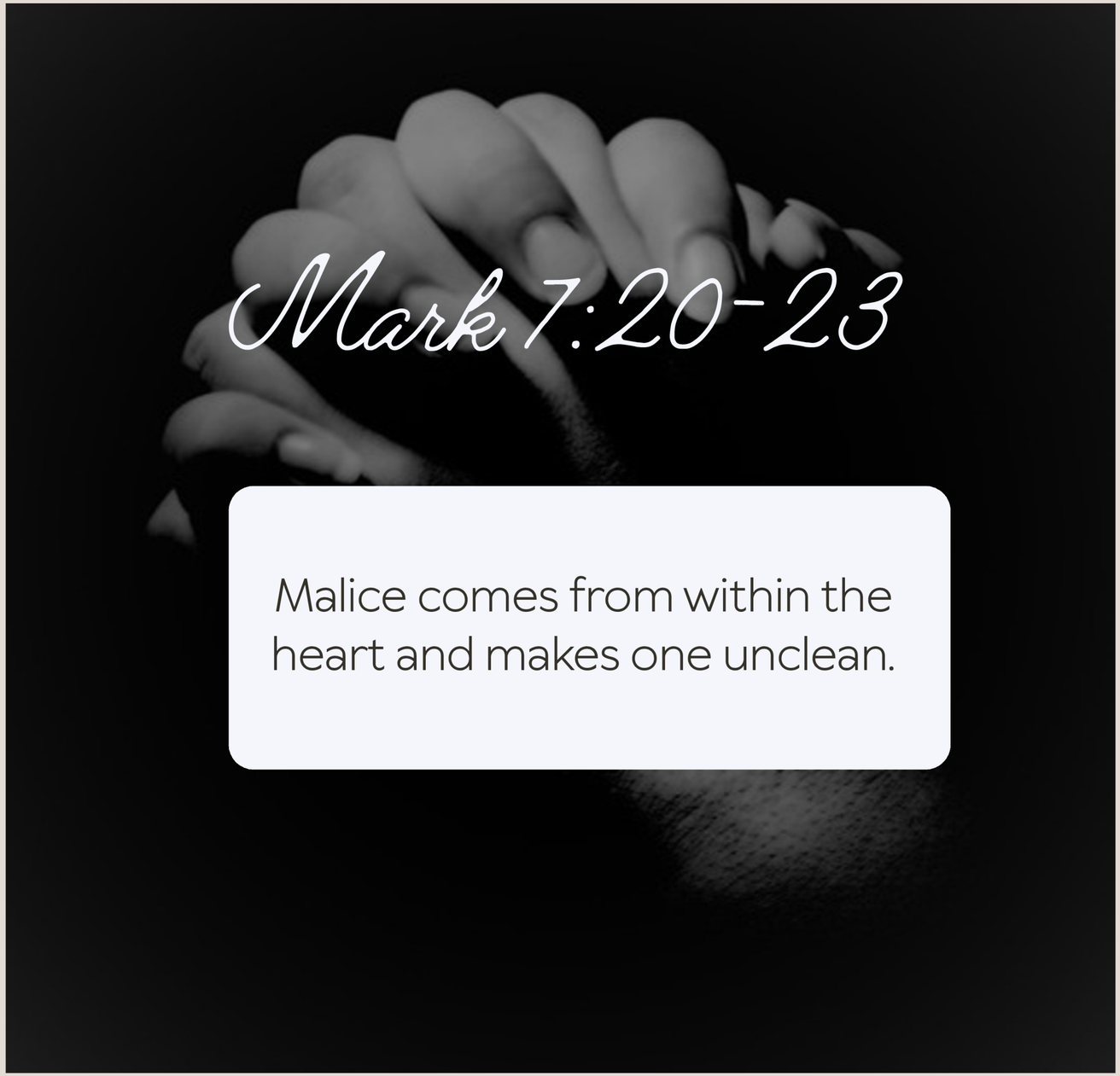
1.


Romans 1:28-29
The ungodly and unrighteous people are filled with malice.

Romans 1:28-29

Since they thought it foolish to acknowledge God, He abandoned them to their foolish thinking and let them do things that should never be done. Their lives became full of every kind of wickedness, sin, greed, hate, envy, murder, quarreling, deception, malicious behavior, and gossip.

2.


Mark 7:20-23
Malice comes from within the heart and makes one unclean.

Mark 7:20-23

Jesus went on: “What comes out of a person is what defiles them.
For it is from within, out of a person’s heart, that evil thoughts come
—sexual immorality, theft, murder, adultery, greed, malice, deceit,
lewdness, envy, slander, arrogance and folly. All these evils come
from inside and defile a person.

Malice, Intentional and Unintentional





Numbers, Chapter 35

1.

Intentional malice involves a conscious, premeditated plan to cause harm or death.

2.

Unintentional malice occurs when a person does not necessarily set out to kill or harm a specific individual, but their actions display an extreme disregard for human life.

3.



Psalm 28:3

Do not drag me away with the wicked, with those who do evil, who speak cordially with their neighbors but harbor malice in their hearts

Proverbs 26:24-26

A malicious man disguises himself with his lips, but in his heart he harbors deceit. Though his speech is charming, do not believe him, for seven abominations fill his heart. His malice may be concealed by deception, but his wickedness will be exposed in the assembly.

4.



For this is what the Sovereign Lord says: Because you have clapped your hands and stamped your feet, rejoicing with all the malice of your heart against the land of Israel, therefore I will stretch out my hand against you and give you as plunder to the nations. I will cut you off from the nations and exterminate you from the countries. I will destroy you, and you will know that I am the Lord.



Eight Principles

Regarding the Sin of Malice:

01.

Ephesians 4:30-31

Stop Hurting the Holy Spirit
by the Way You Live Your Life.

02.

Psalm 28:3

If You want to Change the World,
then Start with Yourself.

03.

Romans 12:21

Never Become Evil to Defend
Against Evil.

04.

Job 11:14

When someone wrongs you, see
to it you don’t do the same thing.

05.

Matthew 5:44

There are no exceptions to the command,
“thou shalt love thy neighbor.”

06.

I Peter 2:1-3

Spend more time considering how you treat others instead of how others treat you.

07.

Luke 6:27-28

Sometimes we're not meant to overcome our enemy but to win them over.

08.

James 2:12-13

One of the greatest signs of a mature faith is in the mercy shown to others.


Learn to
Self-Evaluate

*** The HEART**

Am I hurting, exhausted, angry, resentful or tense?

*** The HURT:**

Am I hungry, angry, lonely or tired?





Prayer

Heavenly Father, I give You permission to search my heart and let me know if there is any wrongful intent in my heart. Please help me to slow down and listen to Your truth before speaking or acting against anyone. In Jesus Name, Amen.



Follow Up Chat Questions:

1. How would you define malice?
2. How was malice treated in the OT?
3. Why is it important to guard our hearts?
4. What happens when we hold on to malice?
5. Describe a biblical observation regarding malice.
6. List the eight principles regarding the sin of malice.
7. What resonate most about today's lesson?