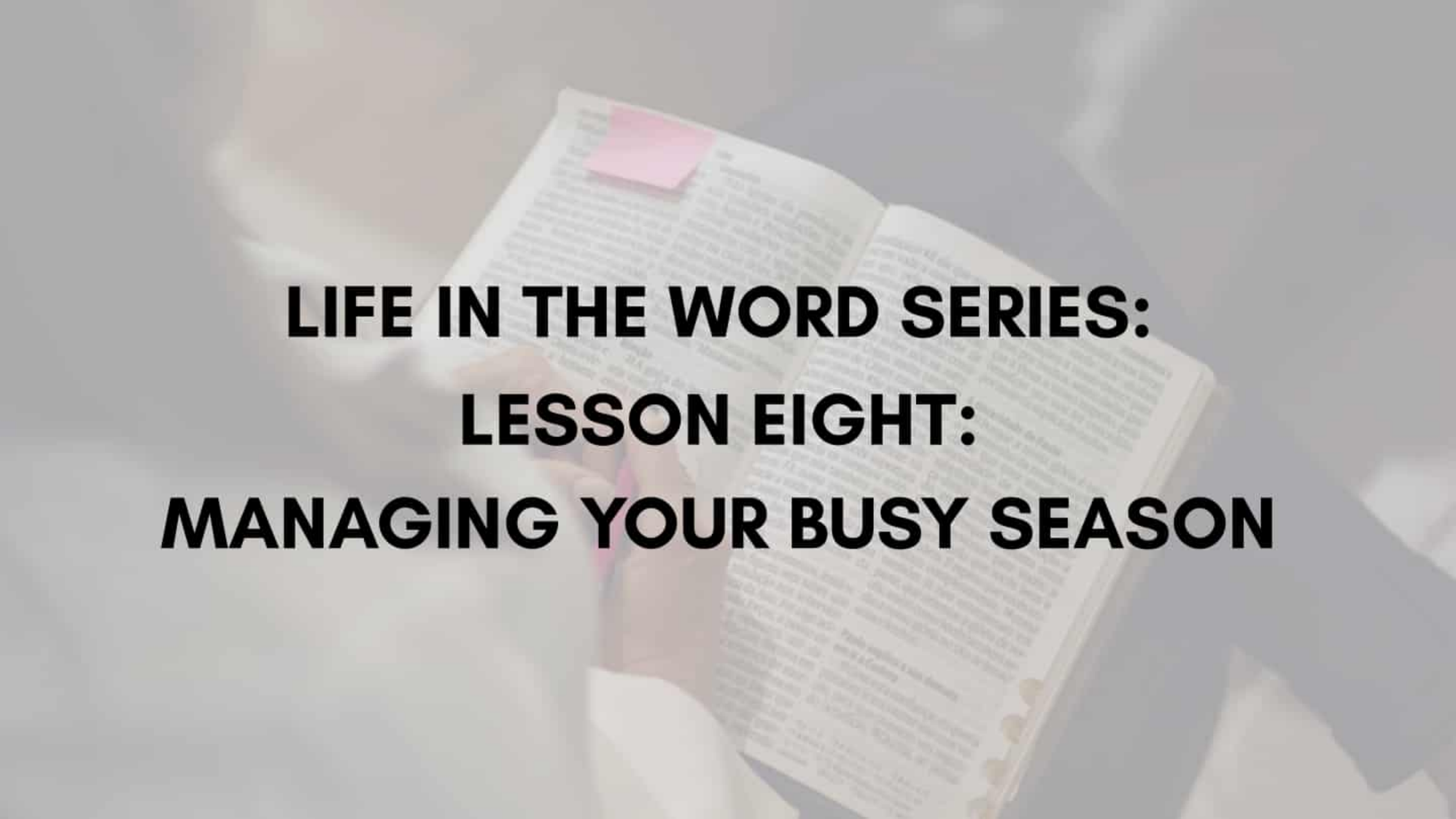


LIFE IN THE WORD SERIES:
LESSON EIGHT:
MANAGING YOUR BUSY SEASON

Life in the Word Series: The Adventures of God

Lesson Eight:
Managing Your Busy Season
(Part 3)

To everything there is a season, A time for every purpose under heaven.
Ecclesiastes 3:1

Lesson Eight:
Managing Your Busy Season
(Part 3)

Scripture Lesson
Ephesians 5:15-17

Ephesians 5:15-17, Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore, do not be foolish, but understand what the will of the Lord is.

Four Observations On How We Should Live:

1. Understand the Times

2. Wise vs. Unwise Living



3. Redeeming the Time

4. Discerning God's Will

Three Practical Applications for the "Busy" Christian:



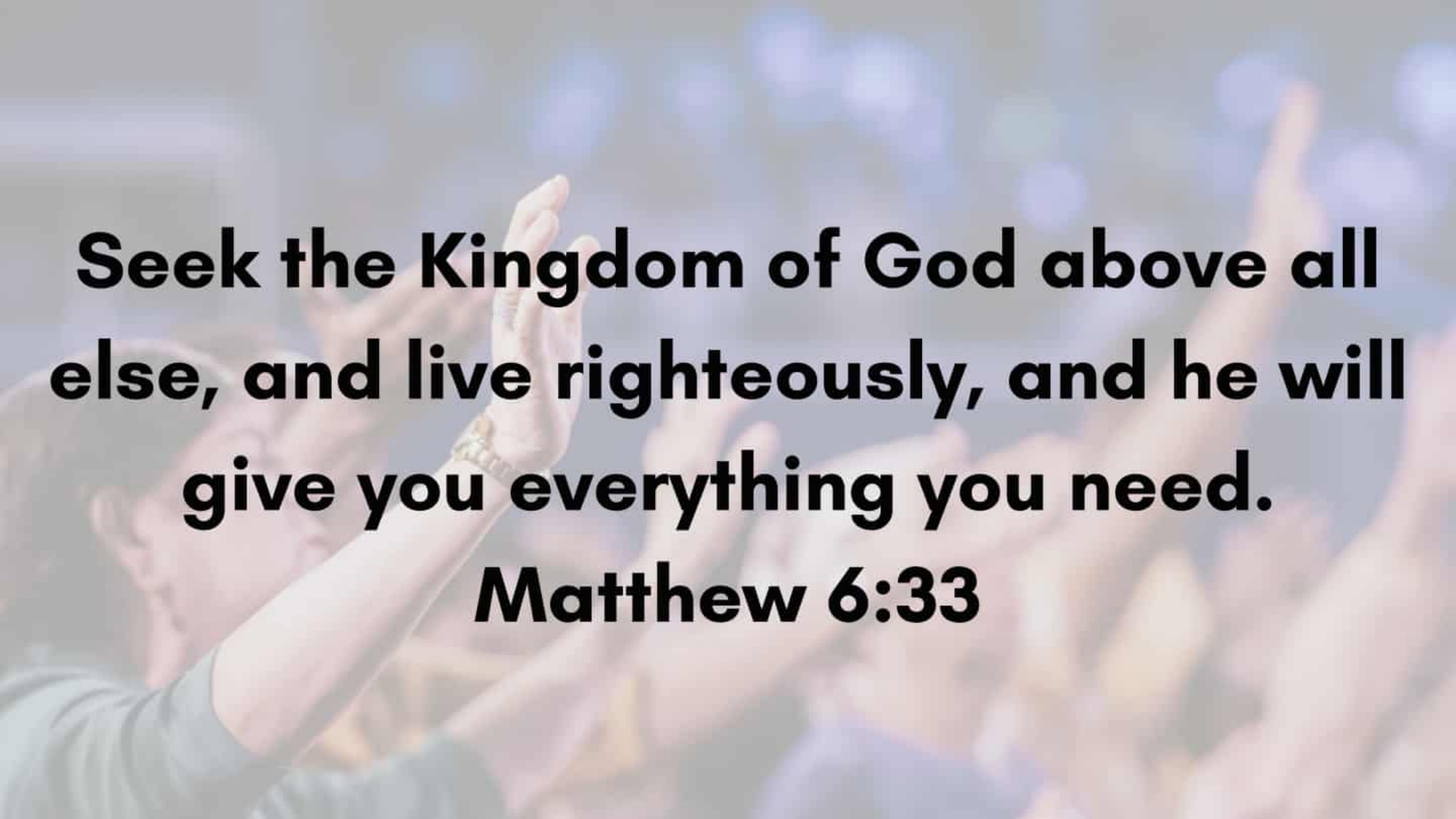
1. Prioritize over Managing



2. Create Margin



3. Redefine "Good" vs. "Best"


Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.
Matthew 6:33



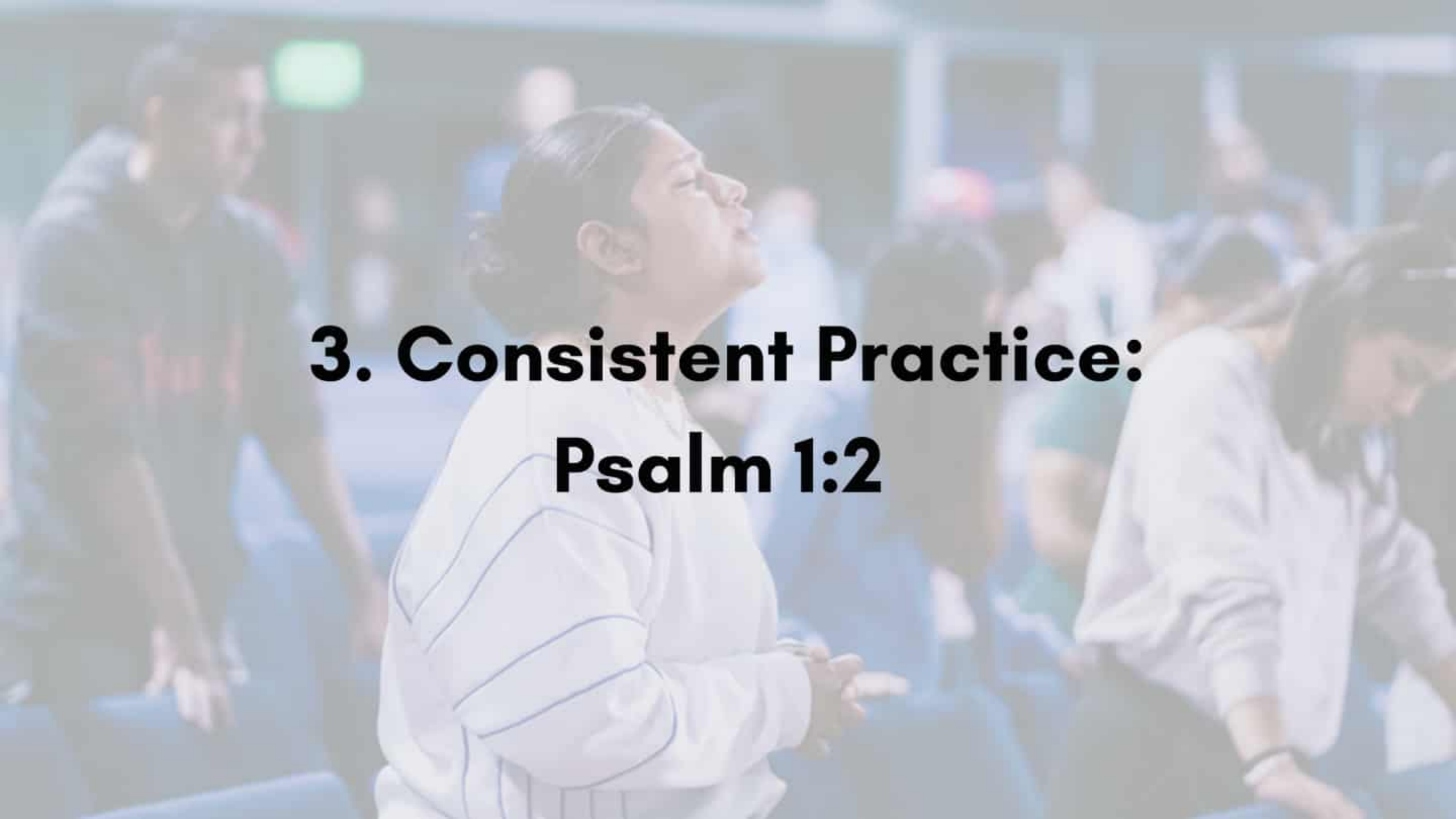
Four Key Aspects of Making Time for God:



1. Prioritize Daily Devotion
Psalm 63:1

2. Quality over Quantity
Matthew 6:6

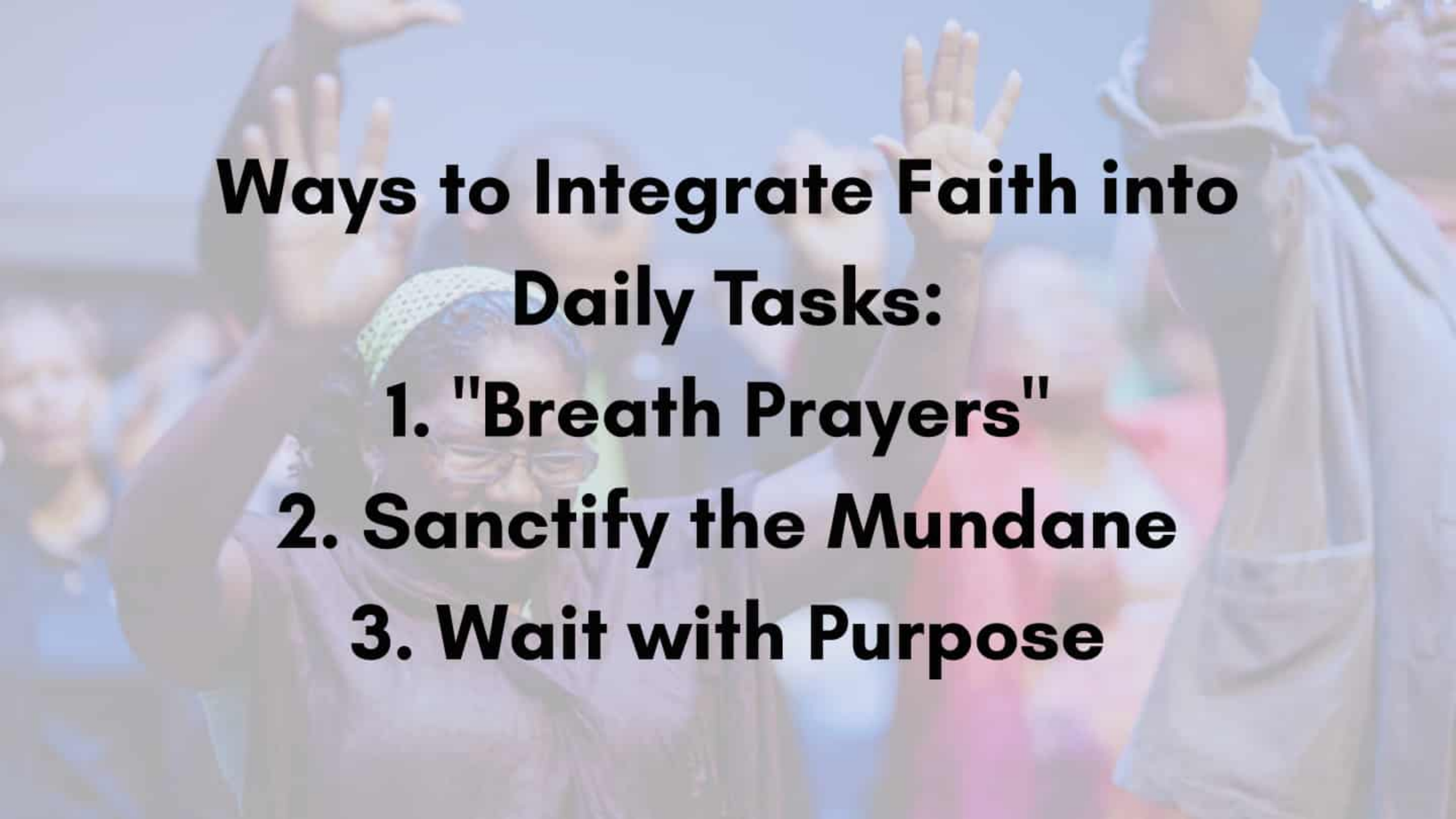




3. Consistent Practice: Psalm 1:2



4. Overcoming Excuses

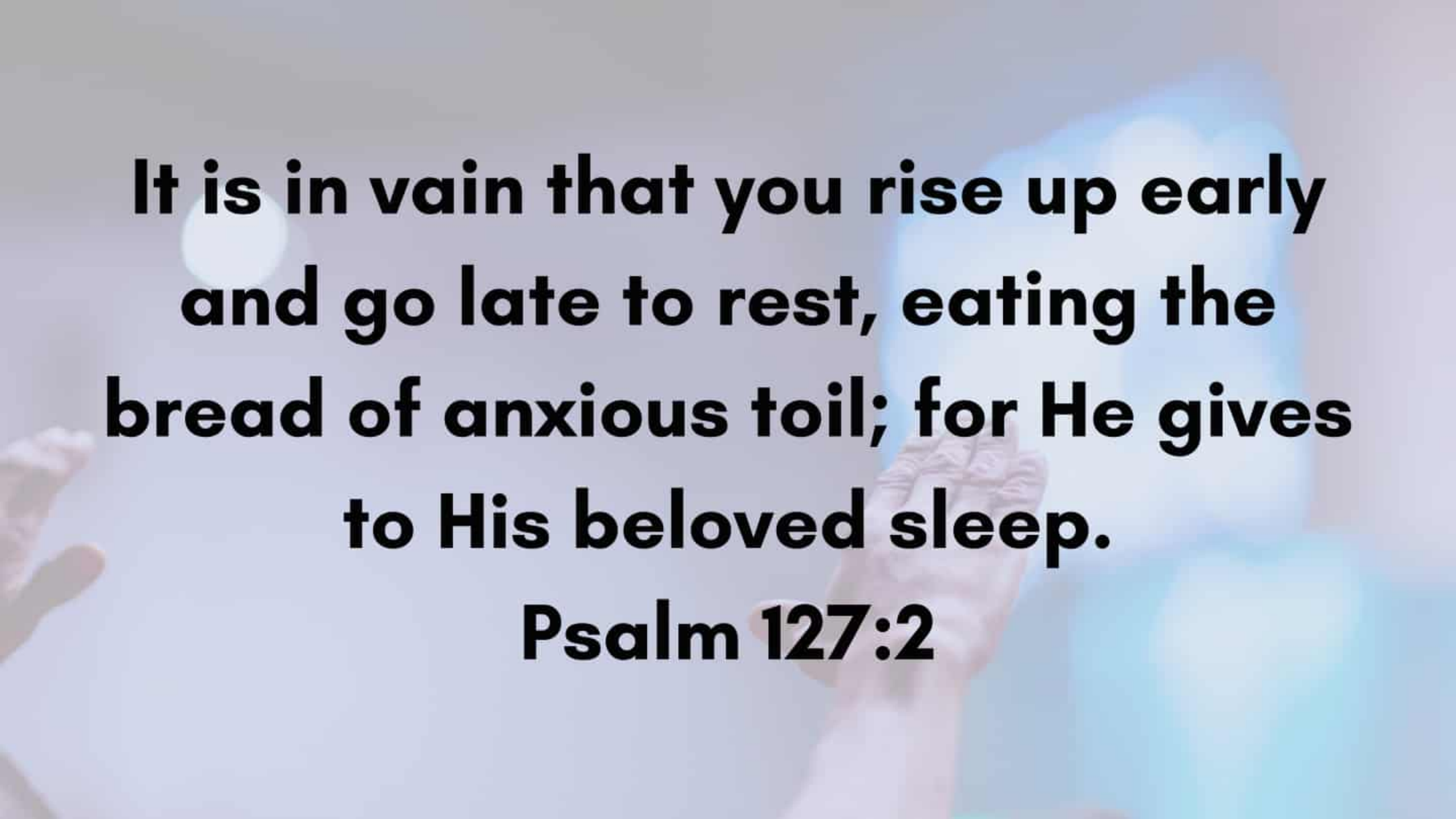


Ways to Integrate Faith into Daily Tasks:

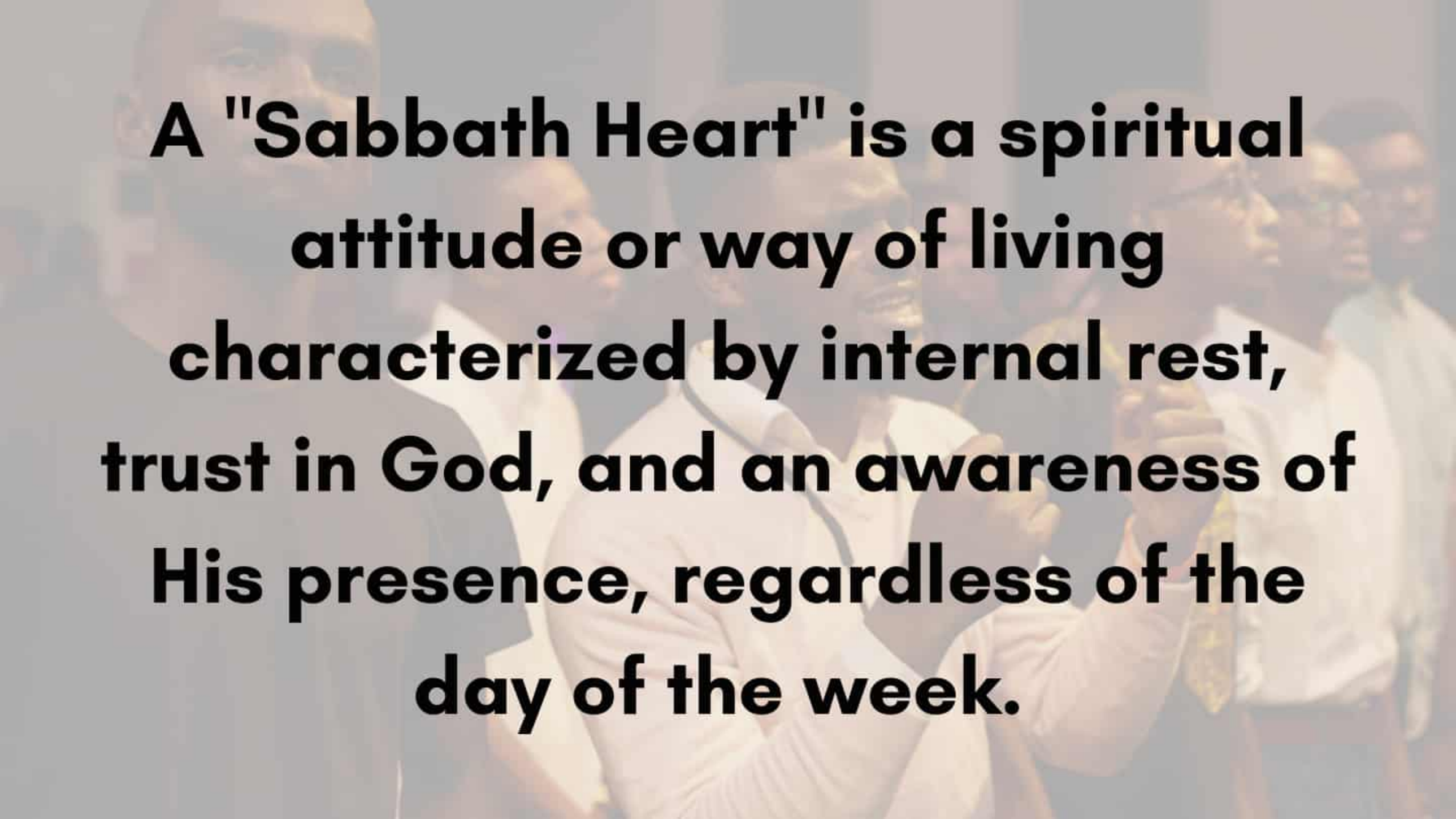
1. "Breath Prayers"

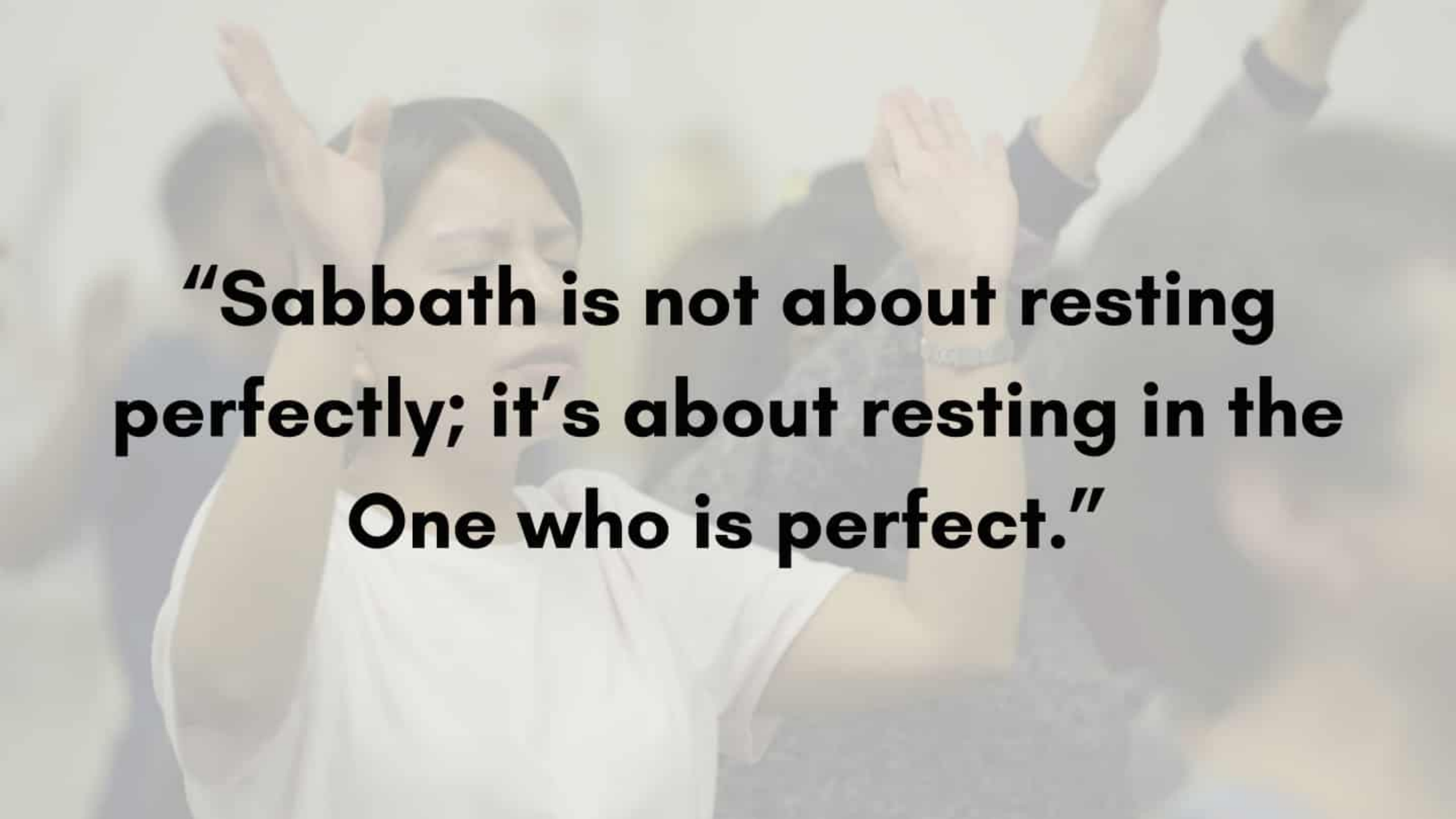
2. Sanctify the Mundane

3. Wait with Purpose


It is in vain that you rise up early
and go late to rest, eating the
bread of anxious toil; for He gives
to His beloved sleep.
Psalm 127:2


Three Ways to Implement Rest:
1. Shift Your Mindset
2. Schedule Rest
3.Practice "Sabbath Heart"


A "Sabbath Heart" is a spiritual attitude or way of living characterized by internal rest, trust in God, and an awareness of His presence, regardless of the day of the week.


“Sabbath is not about resting perfectly; it’s about resting in the One who is perfect.”

Follow Up Chat Question:

1. Why are so many of us so busy, and what can we do about it?
2. List the four observations on how to live wise.
3. How can "Busy Christians" overcome a hurried life?
4. List ways we can make time for God.
5. Explain three way to integrate faith into daily tasks.
6. What is meant by a "Sabbath Heart"?
7. What can you take away from today's lesson?