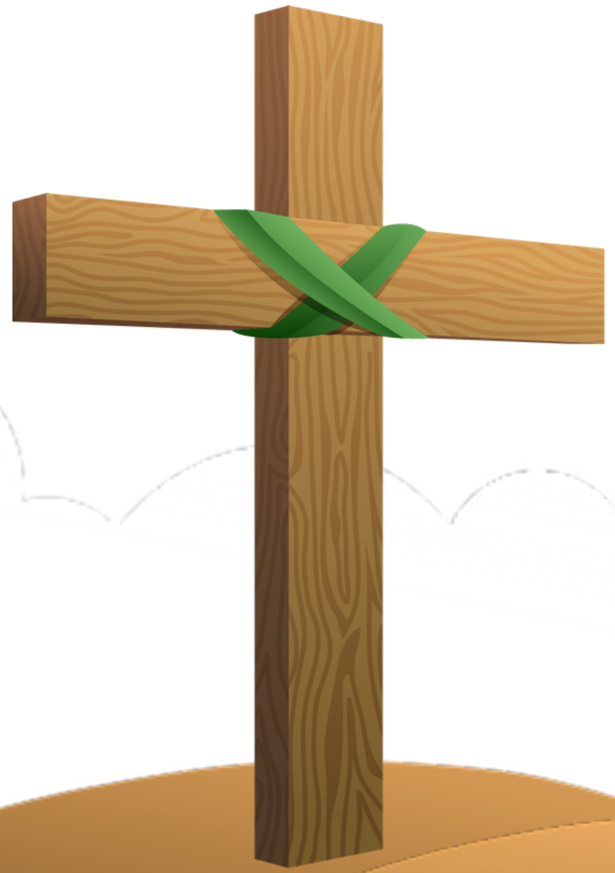


Life in the Word Series:

Lesson Three:
How to Respond to the Seasons of Your Life (Part 1)

Life in the Word Series: The Adventures of God

Lesson Three
How to Respond to the Seasons of Your Life (Part 1)

Ecclesiastes 3:1, To everything there is a season, a time for every purpose under heaven.

Story: “Four Seasons of a Tree”

Malachi 3:6, For I am the LORD, I do not change; Therefore, you are not consumed, O sons of Jacob.

Immutability describes God's attributes, such as His love, holiness, justice, and mercy that are the same from eternity past to eternity future.



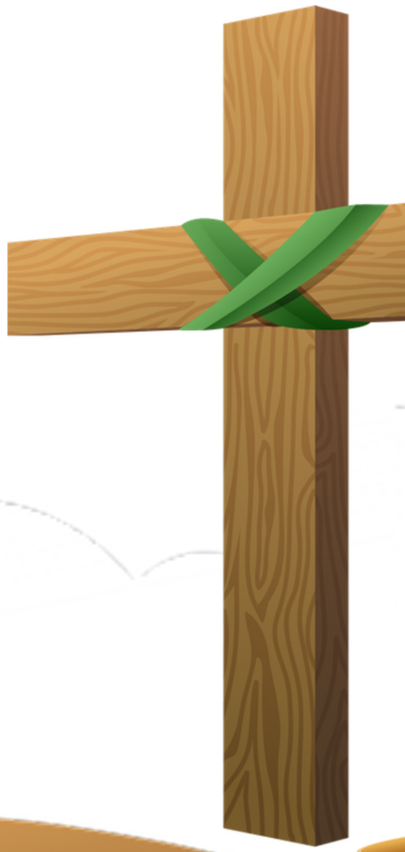
Three Seasons and How We Should Respond:

1. The Season(s) of Joy

Joy is meant to be a hallmark of the Christian life.

A JOY SEASON is described as a period of “divine remembrance” where God changes sorrow into joy and suffering into plenty. It is a season of spiritual uplift, celebration and experiencing God’s abundant blessings.

Christians should respond to seasons of joy with deep gratitude and thanksgiving, recognizing God as the source.



Isaiah 12:5, Sing to the LORD, for He has done wonderful things. Make known His praise around the world.

Psalm 32:11, So rejoice in the LORD and be glad, all you who obey him! Shout for joy, all you whose hearts are pure!

2. The Season(s) of Loss and Sorrow

Isaiah 53:3, He was despised and rejected—a man of sorrows, acquainted with deepest grief. We turned our backs on Him and looked the other way. He was despised, and we did not care.

Two Ways Jesus Helps Us during our Season of Sorrow:

1. Jesus Helps Us by Providing Grace and Compassion.



2. Jesus Helps Us by Showing Us the Path of True Discipleship.



Sorrow and loss are God's servants to accomplish His good in our lives.

Psalm 119:90-91, You have established the earth, and it stands fast. By your appointment they stand this day, for all things are your servants.

“Everything that is hard and seems wrong in our lives is a divine invitation to turn to God.”

2 Corinthians 1:3–4, “Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles…”

Psalm 34:18, “The Lord is close to the brokenhearted and saves those who are crushed in spirit.”

3. The Season(s) of Pruning

When God chastens you, He intervenes in your life to help you sin less. When God prunes, He wants you to bear much fruit by good works.

God chastens when you are doing something wrong while God prunes you when you are doing something right.

John 15:2, He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful.

Job 5:17, Blessed indeed is the man whom God corrects; so, do not despise the discipline of the Almighty.

Four Ways to Dress Your Spirit:

1. Compassion and Kindness
2. Humility
3. Mind Renewal
4. Love

“Thrive in all of life’s seasons.”

Follow Up Chat Questions:

1. In contrast to changing seasons, what is one thing that God will never do? Explain.
2. What is meant by an “Immutable God”?
3. In what way(s) can you plan for your seasons?
4. There are no good or bad seasons. Explain.
5. Can you identify with one of the seasons mentioned in today’s lesson? How should you respond to it?
6. Everything that we face can make us more holy. How so?
7. What did you take away from today’s lesson?