Life in the Word Series:

Lesson Two: Understanding Times and Seasons

Life in the Word Series: The Adventures of God (Understanding and Responding to Seasons in Your Life)

Lesson Two:
Understanding Times and Seasons

Ecclesiastes 3:1 , To everything there is a season, A time for every purpose under heaven.

Every believer's journey is marked by distinct phases orchestrated by God's hands.

Mark 11:13-14, And seeing from afar a fig tree having leaves, He went to see if perhaps He would find something on it. When He came to it, He found nothing but leaves, for it was not the season for figs. In response Jesus said to it, “Let no one eat fruit from you ever again.” And His disciples heard it.

The changing of seasons in our spiritual lives can indicate periods of growth, pruning, and fruit-bearing.

Galatians 4:4, But when the fullness of the time was come, God sent forth His Son.

Three Old Testament Examples of seasons:



1. The Season of Preparation – Joseph (Genesis 37-50)

2. The Season of Wandering (Israelites in the Wilderness) Exodus Chapters 13-17

3. The Season of Building Solomon's Temple (1 Kings 5-8)

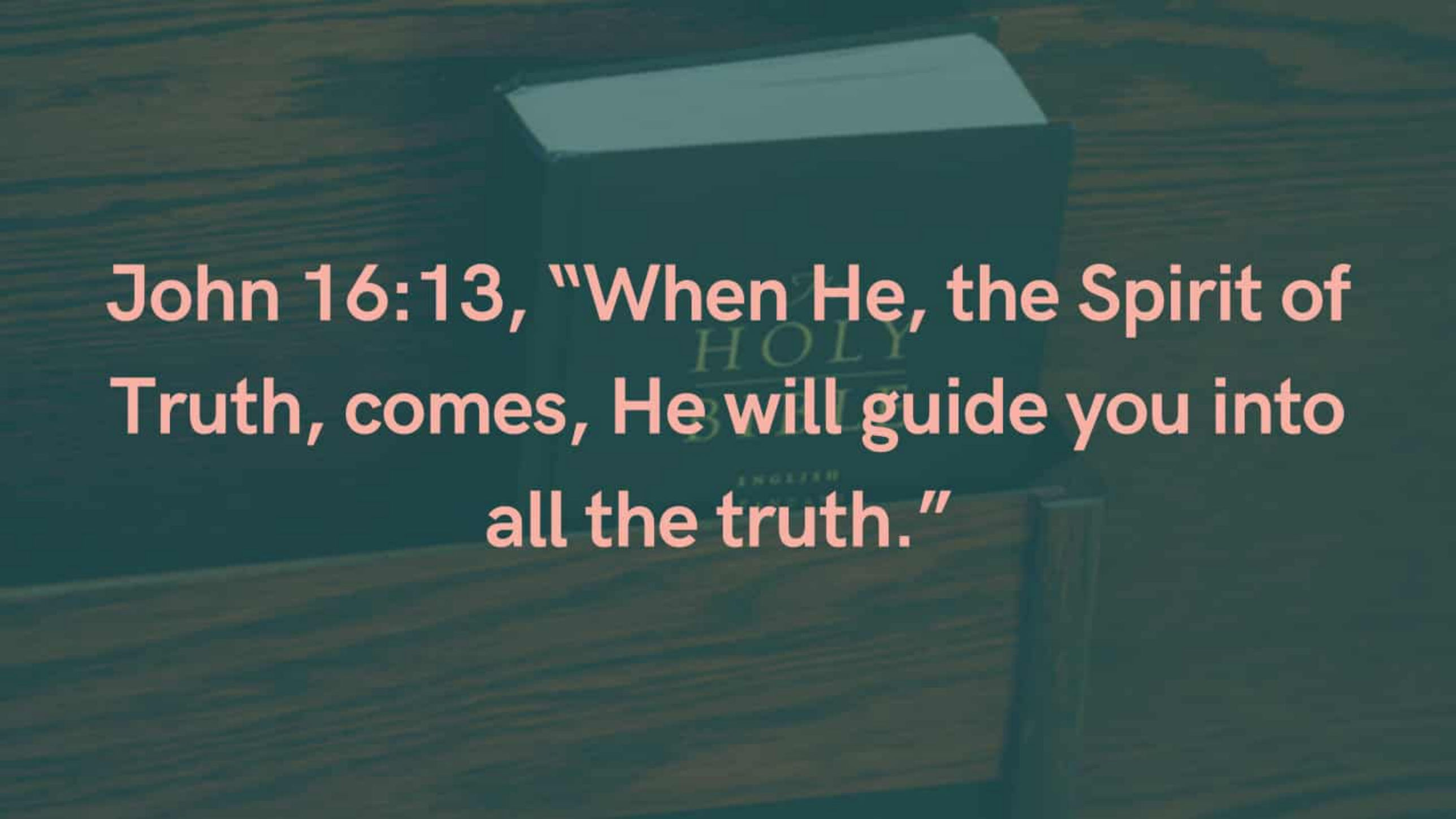
Three New Testament Examples of Seasons

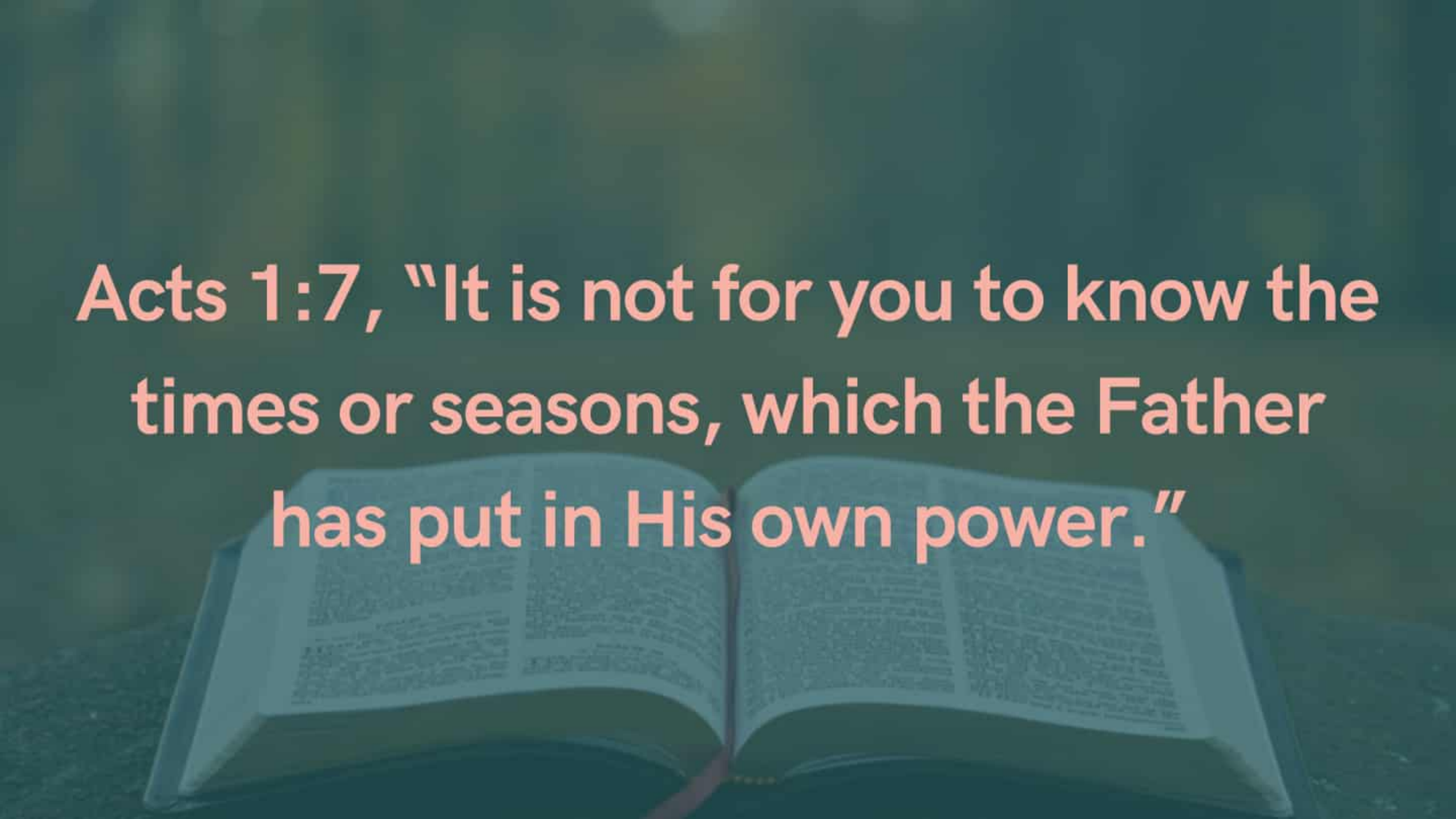
1. The Season of Ministry – Jesus Christ (The Gospels)

2. The Season of Growth – Early Church (The Book of Acts)

3. The Season of Revelation – Apostle John on Patmos (The Book of Revelation)

The Role of the Holy Spirit and Divine Timing


John 16:13, “When He, the Spirit of Truth, comes, He will guide you into all the truth.”


Acts 1:7, “It is not for you to know the
times or seasons, which the Father
has put in His own power.”

Galatians 4:4, “But when the fullness of the time was come, God sent forth His Son.”

Embracing New Seasons and Letting Go of the Old

Isaiah 43:18-19

Isaiah 43:18-19, “Remember not the former things, neither consider the things of old. Behold, I will do a new thing.”

Philippians 3:13-14, Forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus.

Four Practical Ways to Apply Times and Seasons:

1. Recognize the Right Time for Action.

2 Peter 3:8, But do not overlook this one fact, beloved, that with the Lord one day is as a thousand years, and a thousand years as one day.

I Peter 5:6-7, Humble yourselves, therefore, under the mighty hand of God so that at the proper time He may exalt you, casting all your anxieties on Him, because He cares for you.

Galatians 6:9, And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

2. Seek Guidance from the Holy Spirit.

Isaiah 48:17, This is what the Lord says—
your Redeemer, the Holy One of Israel: 'I
am the Lord your God, who teaches you
what is best for you, who directs you in
the way you should go.

Psalm 32:8, “I will instruct you and teach you in the way you should go; I will counsel you with My loving eye on you”

3. Be Patient During Your Waiting Season.



Psalm 27:14, Wait on the LORD; Be of good courage, And He shall strengthen your heart; Wait, I say, on the LORD!

Psalm 5:3, You hear my voice in the morning; at sunrise I offer my prayer and wait for your answer.

4. Let Go of Past Seasons.

Deuteronomy 31:8, The Lord says, “I will guide you along the best pathway for your life. I will advise you and watch over you.

Genesis 12:1-2, The Lord had said to Abram, "Leave your native country, your relatives, and your father's family, and go to the land that I will show you. I will make you into a great nation. I will bless you and make you famous, and you will be a blessing to others.

“If you stay stuck in the past season or fixated on the future season, you will miss the one you’re in.”

Follow Up Chat Questions:

1. What is meant by the phrase “appointed time?”
2. What is meant by the phrase “change of seasons?”
3. Name and explain the three OT examples of seasons.
4. Name and explain the three NT examples of seasons.
5. What is meant by “divine timing”?
6. The Holy Spirit guides us through different seasons of life. How so?
7. List the four practical ways we can apply times and seasons to our lives.
8. What part of the lesson resonated with you the most?