

**LIFE IN THE WORD**

**SERIES:**

**GET IN STEP!**

**(WALK IN THE SPIRIT)**

**LESSON ONE:  
WHERE HE LEADS, I'LL  
FOLLOW**

**IF WE LIVE IN THE SPIRIT, LET  
US ALSO WALK IN THE SPIRIT.  
GALATIANS 5:25**

**SINCE WE LIVE BY THE SPIRIT, LET US KEEP IN STEP  
WITH THE SPIRIT.  
NIV**

**FOR ALL WHO ARE LED BY THE SPIRIT  
OF GOD ARE CHILDREN OF GOD.**

**ROMANS 8:14**

**“GET IN STEP” MEANS TO START  
WALKING IN A SYNCHRONIZED WAY,  
WALKING WITH THE SAME RHYTHM  
AS ANOTHER PERSON.**

**WHO IS THE HOLY SPIRIT?**

**MATTHEW 28:19, GO THEREFORE...  
BAPTIZING THEM IN THE NAME OF  
THE FATHER AND OF THE SON AND  
OF THE HOLY SPIRIT.**

**WHAT DOES IT MEAN TO GET IN STEP  
WITH THE HOLY SPIRIT?**

**IT MEANS TO KEEP IN STEP, TO WALK  
WITH THE SPIRIT, TO FOLLOW AT THE  
SPIRIT'S PACE, AND TO RESPOND TO THE  
SPIRIT'S DIRECTION.**

**JOHN 3:6, THAT WHICH IS BORN OF THE  
FLESH IS FLESH, AND THAT WHICH IS  
BORN OF THE SPIRIT IS SPIRIT.**

**HUMANS CAN REPRODUCE ONLY HUMAN  
LIFE, BUT THE HOLY SPIRIT GIVES  
BIRTH TO SPIRITUAL LIFE.**

**NLT**

**WALKING IN THE SPIRIT MEANS  
LIVING A LIFE GUIDED AND  
EMPOWERED BY THE HOLY SPIRIT.**

**KEY SCRIPTURES ABOUT WALKING  
IN THE SPIRIT:**

**GALATIANS 5:16-17, SO I SAY, WALK BY  
THE SPIRIT, AND YOU WILL NOT GRATIFY  
THE DESIRES OF THE FLESH. FOR THE  
FLESH DESIRES WHAT IS CONTRARY TO  
THE SPIRIT, AND THE SPIRIT WHAT IS  
CONTRARY TO THE FLESH. THEY ARE IN  
CONFLICT WITH EACH OTHER.**

**ROMANS 8:5-6 , THOSE WHO LIVE ACCORDING  
TO THE FLESH HAVE THEIR MINDS SET ON  
WHAT THE FLESH DESIRES; BUT THOSE WHO  
LIVE IN ACCORDANCE WITH THE SPIRIT HAVE  
THEIR MINDS SET ON WHAT THE SPIRIT  
DESIRES. THE MIND GOVERNED BY THE FLESH  
IS DEATH, BUT THE MIND GOVERNED BY THE  
SPIRIT IS LIFE AND PEACE.**

**JOHN 16:13, BUT WHEN HE, THE SPIRIT OF TRUTH, COMES, HE WILL GUIDE YOU INTO ALL THE TRUTH. HE WILL NOT SPEAK ON HIS OWN; HE WILL SPEAK ONLY WHAT HE HEARS, AND HE WILL TELL YOU WHAT IS YET TO COME.**

**IF WE LIVE BY THE SPIRIT, LET US ALSO  
KEEP IN STEP WITH THE SPIRIT.  
GALATIANS 5:25**

# **FIVE STAGES OF FOLLOWING THE HOLY SPIRIT:**

- 1. LOOK**
- 2. ADMIT**
- 3. TRUST**
- 4. ACT**
- 5. THANK**

**1. LOOK:**

**LEARN TO LOOK TO THE HOLY  
SPIRIT DURING TIMES OF PRAYER,  
STUDY AND FELLOWSHIP.**

**“THERE IS NO BETTER TEACHER THAN  
THE HOLY SPIRIT AND, NO BETTER  
TEXT THAN GOD’S WORD.”**

**EPHESIANS 5:1, 17-21, THEREFORE, BE IMITATORS OF  
GOD, AS BELOVED CHILDREN... UNDERSTAND WHAT  
THE WILL OF THE LORD IS. AND DO NOT GET DRUNK  
WITH WINE, FOR THAT IS DEBAUCHERY, BUT BE  
FILLED WITH THE SPIRIT, ADDRESSING ONE ANOTHER  
IN PSALMS AND HYMNS AND SPIRITUAL SONGS,  
SINGING AND MAKING MELODY TO THE LORD WITH  
YOUR HEART, GIVING THANKS ALWAYS AND FOR  
EVERYTHING TO GOD THE FATHER IN THE NAME OF  
OUR LORD JESUS CHRIST, SUBMITTING TO ONE  
ANOTHER OUT OF REVERENCE FOR CHRIST.**

**“JUST AS LEARNING AN  
INSTRUMENT OR LANGUAGE IS A  
PROCESS, LEARNING THE  
LANGUAGE OF THE SPIRIT IS A  
PROCESS.”**

**2. ADMIT:**

**LEARN TO ADMIT YOUR  
WEAKNESSES AND NEEDS TO HIM.**

**JOHN 15:5, I AM THE VINE; YOU ARE THE  
BRANCHES. WHOEVER ABIDES IN ME AND I  
IN HIM, HE IT IS THAT BEARS MUCH  
FRUIT, FOR APART FROM ME YOU CAN DO  
NOTHING.**

**2 CORINTHIANS 12:9-10, MY GRACE IS SUFFICIENT FOR YOU, FOR MY POWER IS MADE PERFECT IN WEAKNESS.' THEREFORE, I WILL BOAST ALL THE MORE GLADLY OF MY WEAKNESSES, SO THAT THE POWER OF CHRIST MAY REST UPON ME. FOR THE SAKE OF CHRIST, THEN, I AM CONTENT WITH WEAKNESSES, INSULTS, HARSHIPS, PERSECUTIONS, AND CALAMITIES. FOR WHEN I AM WEAK, THEN I AM STRONG.**

### **3. TRUST:**

**LEARN TO TRUST HIS EMPOWERMENT TO  
LEAD YOU.**

**LUKE 11:13, IF YOU THEN, WHO ARE EVIL,  
KNOW HOW TO GIVE GOOD GIFTS TO YOUR  
CHILDREN, HOW MUCH MORE WILL THE  
HEAVENLY FATHER GIVE THE HOLY SPIRIT  
TO THOSE WHO ASK HIM!**

**4. ACT:**

**LEARN TO LISTEN AND OBEY HIS VOICE.**

**ACTS 1:8, BUT YOU WILL RECEIVE POWER  
WHEN THE HOLY SPIRIT HAS COME UPON  
YOU, AND YOU WILL BE MY WITNESSES IN  
JERUSALEM AND IN ALL JUDEA AND  
SAMARIA, AND TO THE END OF THE  
EARTH.**

**COLOSSIANS 1:29, THAT'S WHY I  
WORK AND STRUGGLE SO HARD,  
DEPENDING ON CHRIST'S  
MIGHTY POWER THAT WORKS  
WITHIN ME.**

**5. THANK:  
LEARN TO GROW IN GRATITUDE.**

**EPHESIANS 5:18, 20, "...BE FILLED WITH  
THE SPIRIT... GIVING THANKS ALWAYS  
AND FOR EVERYTHING TO GOD THE  
FATHER IN THE NAME OF OUR LORD  
JESUS CHRIST..."**

**“THE HOLY SPIRIT’S VOICE IS AS LOUD AS  
YOUR WILLINGNESS TO LISTEN.”**

## **FOLLOW UP CHAT QUESTIONS:**

- 1. WHO IS THE HOLY SPIRIT?**
- 2. WHAT DOES IT MEAN TO GET IN STEP WITH THE HOLY SPIRIT?**
- 3. GIVE A SCRIPTURE REFERENCE FOR “WALKING IN THE SPIRIT”**
- 4. WHY IS IT IMPORTANT TO KEEP IN STEP WITH THE HOLY SPIRIT?**
- 5. LIST THE FIVE STAGES OF FOLLOWING THE HOLY SPIRIT. EXPLAIN.**
- 6. WHAT ARE SOME ADVANTAGES OF KEEPING IN STEP WITH THE HOLY SPIRIT?**