

LIFE IN THE WORD

SERIES:

GET IN STEP!

(WALK IN THE SPIRIT)

**LESSON FOUR:
MAKE NO PROVISIONS
FOR THE FLESH**

**IF WE LIVE IN THE SPIRIT, LET
US ALSO WALK IN THE SPIRIT.**

GALATIANS 5:25

**LET US WALK PROPERLY, AS IN THE
DAY, NOT IN REVELRY AND
DRUNKENNESS, NOT IN LEWDNESS
AND LUST, NOT IN STRIFE AND ENVY.
BUT PUT ON THE LORD JESUS CHRIST,
AND MAKE NO PROVISION FOR THE
FLESH, TO FULFILL ITS LUSTS.**

ROMANS 13:13-14

**BUT PUT ON THE LORD JESUS CHRIST, AND
MAKE NO PROVISION FOR THE FLESH, TO
GRATIFY ITS DESIRES.**

ROMANS 13:14

(ESV)

**RATHER, CLOTHE YOURSELVES WITH THE LORD JESUS
CHRIST, AND DO NOT THINK ABOUT HOW TO GRATIFY
THE DESIRES OF THE FLESH.
ROMANS 13:14 (NIV)**

**INSTEAD, CLOTHE YOURSELF WITH THE
PRESENCE OF THE LORD JESUS CHRIST.
AND DON'T LET YOURSELF THINK
ABOUT WAYS TO INDULGE YOUR EVIL
DESIRES.**

ROMANS 13:14 (NLT)

THE FLESH HAS UNGODLY DESIRES.

**TO GRATIFY A FLESHLY DESIRE IS TO
COMPLETE, INDULGE, AND FULFILL
THE DESIRE, TO GO WHERE THE
DESIRE WANTS TO TAKE YOU.**

ROMANS 13:12-13
WORKS OF DARKNESS

**THE NIGHT IS FAR GONE; THE DAY IS
AT HAND. SO THEN LET US CAST OFF
THE WORKS OF DARKNESS AND PUT ON
THE ARMOR OF LIGHT. LET US WALK
PROPERLY AS IN THE DAYTIME, NOT IN
ORGIES AND DRUNKENNESS, NOT IN
SEXUAL IMMORALITY AND SENSUALITY,
NOT IN QUARRELING AND JEALOUSY.**

ROMANS 13:12-13

**“MAKING PROVISION FOR THE
FLESH” IMPLIES CHOOSING TO
PUT OURSELVES IN THE PATH OF
TEMPTATION.**

**“LEAD ME INTO TEMPTATION SO
THAT I CAN GIVE MYSELF OVER
TO EVIL.”**

**“WHEN MAKING PROVISION FOR THE
FLESH, ONE OF THE LIES WE’RE TEMPTED
TO BELIEVE IS THAT WE CAN HIDE.”**

**NO CREATURE IS HIDDEN FROM
HIS SIGHT, BUT ALL ARE NAKED
AND EXPOSED TO THE EYES OF
HIM TO WHOM WE MUST GIVE
ACCOUNT.**

HEBREWS 4:13

THE CALL:

WAKE UP.

CHANGE YOUR CLOTHES.

PUT ON THE LORD JESUS

WALK IN A FITTING WAY BEFORE

HIM.

**TO “MAKE A PROVISION” MEANS TO GIVE
FORETHOUGHT TO SOMETHING. IT IS A
“MEASURE TAKEN BEFOREHAND TO DEAL
WITH A NEED OR CONTINGENCY”
(WEBSTER)**

**TO PUT ON THE FULL ARMOR OF LIGHT MEANS THAT
WE FIGHT THE SPIRITUAL FORCES OF DARKNESS AT
THE POINT OF PROVISION AND NOT JUST AT THE
POINT OF ATTACK.**

**IF WE WAIT UNTIL THE POINT OF ATTACK WHERE
THE PASSIONS ARE ENRAGED, THE BATTLE IS MUCH
MORE DIFFICULT TO LOSE.**

**DON'T STRENGTHEN
LUST'S FIREPOWER.**

**BUT PUT ON THE LORD JESUS
CHRIST AND MAKE NO
PROVISION FOR THE FLESH, TO
GRATIFY ITS DESIRES.**

ROMANS 13:14

**“TO PUT ON” LITERALLY MEANS
“TO SINK INTO.”**

**THREE STEPS TO WALKING IN
VICTORY OVER YOUR FLESH:**

1. WAKE UP
ROMANS 13:11-12

**YOU KNOW THE TIME, THAT THE
HOUR HAS COME FOR YOU TO WAKE
FROM SLEEP. FOR SALVATION IS
NEARER TO US NOW THAN WHEN WE
FIRST BELIEVED. THE NIGHT IS FAR
GONE; THE DAY IS AT HAND.**

ROMANS 13:11-12

2. CHANGE CLOTHES
ROMANS 13:12

**SO THEN LET US CAST OFF THE
WORKS OF DARKNESS AND PUT ON
THE ARMOR OF LIGHT.**

ROMANS 13:12

**“IT’S NOT ENOUGH TO SIMPLY AVOID
SIN AND TEMPTATION; WE MUST
ACTIVELY SEEK TO KILL OUR SIN.”**

**3. GO FOR A WALK.
ROMANS 13:13**

**LET US WALK PROPERLY AS IN THE
DAYTIME, NOT IN ORGIES AND
DRUNKENNESS, NOT IN SEXUAL
IMMORALITY AND SENSUALITY, NOT
IN QUARRELING AND JEALOUSY.**

ROMANS 13:13

**“FEED YOUR SPIRIT, STARVE YOUR
FLESH.”**

FOLLOW UP CHAT QUESTIONS:

1. WHAT DOES IT MEAN TO “GRATIFY THE FLESH?”

2. HOW DOES ONE MAKE PROVISIONS FOR THE FLESH? GIVE EXAMPLES.

3. IN WHAT WAY(S) DOES TECHNOLOGY ASSIST IN MAKING PROVISIONS?

4. WHY IS IT NECESSARY TO PUT ON THE FULL ARMOR OF GOD?

5. LIST THE THREE STEPS TO A VICTORIOUS WALK OVER OUR FLESH. EXPLAIN.

6. HOW CAN I STARVE MY FLESH?

7. WHAT RESONATED WITH YOU THE MOST REGARDING TODAY’S LESSON?