

LIFE IN THE WORD

SERIES:

GET IN STEP!

(WALK IN THE SPIRIT)

**LESSON TWO:
WINNING THE WAR
WITHIN**

**IF WE LIVE IN THE SPIRIT, LET
US ALSO WALK IN THE SPIRIT.
GALATIANS 5:25**

**BUT I SAY, WALK BY THE SPIRIT, AND YOU WILL NOT
GRATIFY THE DESIRES OF THE FLESH. FOR THE
DESIRES OF THE FLESH ARE AGAINST THE SPIRIT,
AND THE DESIRES OF THE SPIRIT ARE AGAINST THE
FLESH, FOR THESE ARE OPPOSED TO EACH OTHER,
TO KEEP YOU FROM DOING THE THINGS YOU WANT
TO DO. BUT IF YOU ARE LED BY THE SPIRIT, YOU
ARE NOT UNDER THE LAW.**

GALATIANS 5:16-18

HERE'S MY INSTRUCTION: WALK IN THE SPIRIT, AND LET THE SPIRIT BRING ORDER TO YOUR LIFE. IF YOU DO, YOU WILL NEVER GIVE IN TO YOUR SELFISH AND SINFUL CRAVINGS. FOR EVERYTHING THE FLESH DESIRES GOES AGAINST THE SPIRIT, AND EVERYTHING THE SPIRIT DESIRES GOES AGAINST THE FLESH. THERE IS A CONSTANT BATTLE RAGING BETWEEN THEM THAT PREVENTS YOU FROM DOING THE GOOD YOU WANT TO DO. BUT WHEN YOU ARE LED BY THE SPIRIT, YOU ARE NO LONGER SUBJECT TO THE LAW.

THE VOICE:

**LESSON TWO:
WINNING THE WAR WITHIN**

**I. THE COMMAND TO WALK BY THE
SPIRIT .
GALATIANS 5:16**

**“BUT I SAY, WALK BY THE SPIRIT
AND YOU WILL NOT GRATIFY THE
DESIRES OF THE FLESH.”**

**THE TERM “WALK” DESCRIBED ONE’S
LIFE, SOMEONE’S CONDUCT, SOMEONE’S
“WALK OF LIFE.”**

**FOR IF YOU WILL BE CAREFUL TO DO ALL
THIS COMMANDMENT THAT I COMMAND
YOU TO DO, LOVING THE LORD YOUR
GOD, WALKING IN ALL HIS WAYS, AND
HOLDING FAST TO HIM.**

DEUTERONOMY 11:22

**BUT THIS COMMAND I GAVE THEM:
'OBEY MY VOICE, AND I WILL BE YOUR
GOD, AND YOU SHALL BE MY PEOPLE.
AND WALK IN ALL THE WAY THAT I
COMMAND YOU, THAT IT MAY BE WELL
WITH YOU.**

JEREMIAH 7:23

**“WILL NOT GRATIFY THE DESIRES
OF THE FLESH.”
GALATIANS 5:16**

**FOR ALL THAT IS IN THE WORLD—
THE DESIRES OF THE FLESH AND
THE DESIRES OF THE EYES AND
PRIDE OF LIFE—IS NOT FROM THE
FATHER BUT IS FROM THE WORLD.**

I JOHN 2:16

**BUT PUT ON THE LORD JESUS CHRIST,
AND MAKE NO PROVISION FOR THE
FLESH, TO GRATIFY ITS DESIRES.**

ROMANS 13:14

**BELOVED, I URGE YOU AS SOJOURNERS AND
EXILES TO ABSTAIN FROM THE PASSIONS OF
THE FLESH, WHICH WAGE WAR AGAINST
YOUR SOUL.
I PETER 2:11**

**THERE'S ONLY ONE SOLUTION
OVERCOMING SIN IN OUR LIVES AND
THAT IS BY WALKING BY THE SPIRIT
OF GOD.**

**FOR THE MIND THAT IS SET ON THE FLESH
IS HOSTILE TO GOD, FOR IT DOES NOT
SUBMIT TO GOD'S LAW; INDEED, IT
CANNOT. THOSE WHO ARE IN THE FLESH
CANNOT PLEASE GOD.**

ROMANS 8:7-8

**II. THE REASON TO WALK BY THE SPIRIT.
GALATIANS 5:17**

A. DESIRE VS. DESIRE (V. 17A)

**GUARD YOUR HEART, FOR FROM IT
FLOW THE SPRINGS OF LIFE.
PROVERBS 4:23**

B. WE CANNOT BE NEUTRAL (V. 17B)

**III. THE RESULTS OF WALKING BY
THE SPIRIT .
GALATIANS 5:18**

**HAVING THE SPIRIT'S PRESENCE
IN OUR LIVES MEAN TWO THINGS:**

1. THE ABILITY TO OVERCOME SIN.

**2. THE ABILITY TO CARRY OUT
GOD'S COMMANDS.**

**IV. FIVE WAYS WE CAN WALK BY THE
SPIRIT:**

**1. ACKNOWLEDGE YOUR
HELPLESSNESS.**

2. TRUST HIS POWER.

**3. ALLOW HIM TO CONTROL YOUR
THOUGHT LIFE.**

4. THANK HIM FOR THE VICTORIES.

5. DO IT STEP-BY-STEP.

**"LIFE IS SPIRITUAL WARFARE. IF YOU'RE
NOT FIGHTING, YOU'RE LOSING."**

FOLLOW UP CHAT QUESTIONS:

1. WHAT DOES THE TERM “WALK” MEAN?

**2. CAN YOU DESCRIBE THE SPIRITUAL CONFLICT IN THE LIFE OF
A CHRISTIAN?**

3. WHY CAN'T YOU BE NEUTRAL IN THIS CONFLICT?

4. WHERE ARE YOUR DESIRES LOCATED?

5. WHY IS IT IMPORTANT TO GUARD YOUR HEART?

6. HOW DO WE OVERCOME THE DESIRES OF OUR FLESH?

7. LIST THE FIVE WAYS WE CAN WALK BY THE SPIRIT. EXPLAIN.