

**LIFE IN THE WORD**

**SERIES:**

**DRINKING FROM**

**BROKEN CISTERNS**

**SCRIPTURE**

**LESSON:**

**JEREMIAH 2:11-13**

**JEREMIAH 2:11-13, HAS ANY NATION EVER EXCHANGED GODS? (THEIR GODS AREN'T REALLY GODS.) YET, MY PEOPLE HAVE EXCHANGED THEIR GLORY FOR SOMETHING THAT DOESN'T HELP THEM. BE HORRIFIED OVER THIS, HEAVEN. BE TERRIBLY AFRAID," DECLARES THE LORD. "MY PEOPLE HAVE DONE TWO THINGS WRONG. THEY HAVE ABANDONED ME, THE FOUNTAIN OF LIFE-GIVING WATER. THEY HAVE ALSO DUG THEIR OWN CISTERNS, BROKEN CISTERNS THAT CAN'T HOLD WATER.**

**JEREMIAH 2:13 (NKJV), FOR MY PEOPLE HAVE  
COMMITTED TWO EVILS: THEY HAVE FORSAKEN ME,  
THE FOUNTAIN OF LIVING WATERS, AND HEWN  
THEMSELVES CISTERNS—BROKEN CISTERNS THAT  
CAN HOLD NO WATER.**

**LESSON THREE:**  
**THE CONSEQUENCES OF RELYING ON BROKEN CISTERNS**

# **THE PRESSURE OF CAREER AND ACHIEVEMENT**

**SEEKING VALIDATION IN RELATIONSHIPS**

# **DIGITAL ESCAPISM AND SOCIAL MEDIA**

**FOUR CONSEQUENCES OF  
RELYING ON BROKEN CISTERNS:**

## **1. ANXIETY**

**ANXIETY IS AN UNEASY FEELING OF UNCERTAINTY,  
AGITATION, DREAD, OR FEAR.**

**PROVERBS 12:25, ANXIETY IN A MAN'S HEART  
WEIGHS HIM DOWN, BUT A GOOD WORD MAKES HIM  
GLAD.**

**PHILIPPIANS 4:6-7, DO NOT BE ANXIOUS ABOUT ANYTHING, BUT IN EVERYTHING BY PRAYER AND SUPPLICATION WITH THANKSGIVING LET YOUR REQUESTS BE MADE KNOWN TO GOD. AND THE PEACE OF GOD, WHICH SURPASSES ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS.**

## **2. RESTLESSNESS**

**RESTLESSNESS IS A STATE OF UNEASE OR DISSATISFACTION THAT CAN MANIFEST IN VARIOUS ASPECTS OF LIFE, INCLUDING SPIRITUAL, EMOTIONAL, AND PHYSICAL DIMENSIONS.**

**PROVERBS 3:5-6, TRUST IN THE LORD WITH ALL  
YOUR HEART, AND LEAN NOT ON YOUR OWN  
UNDERSTANDING; IN ALL YOUR WAYS  
ACKNOWLEDGE HIM, AND HE WILL MAKE YOUR  
PATHS STRAIGHT.**

### **3. DISAPPOINTMENT**

**DISAPPOINTMENT IS THE SADNESS EXPERIENCED  
WHEN PEOPLE OR CIRCUMSTANCES DO NOT FULFILL  
EXPECTATIONS.**

## **4. DISTANCE FROM GOD**

**ISAIAH 55:2, WHY DO YOU SPEND MONEY FOR WHAT IS NOT BREAD? YOUR WAGES FOR WHAT DOES NOT SATISFY? LISTEN DILIGENTLY TO ME, AND EAT WHAT IS GOOD, AND DELIGHT YOURSELF IN ABUNDANCE.**

**JOHN 4:13-14, EVERYONE WHO DRINKS FROM THIS WATER WILL GET THIRSTY AGAIN. 14 BUT WHOEVER DRINKS OF THE WATER THAT I WILL GIVE HIM SHALL NEVER BE THIRSTY. THE WATER THAT I GIVE HIM WILL BECOME A FOUNTAIN OF WATER WITHIN HIM, SPRINGING UP TO ETERNAL LIFE!**

**FIVE PRACTICAL STEPS FOR REFASHIONING OUR  
LIVES:**

**1. CULTIVATE A SPIRIT OF GRATITUDE**

## **2. INVEST IN REAL RELATIONSHIPS**

### **3. DEDICATE TIME TO PRAYER AND STUDY**

**4. REFLECT REGULARLY ON YOUR PRIORITIES**

# **5. FINDING LASTING FULFILLMENT IN FAITH**

**“A RELATIONSHIP WITH GOD IS THE GREATEST  
TREASURE YOU CAN EVER HAVE.”**

## **FOLLOW UP CHAT QUESTIONS:**

- 1. HOW DO YOU KNOW IF SOMETHING IN YOUR LIFE IS A  
“BROKEN CISTERN”?**
- 2. CAN MATERIAL WEALTH OR SUCCESS BE GOOD, OR  
ARE THEY ALWAYS BROKEN CISTERNS?**
- 3. HOW DO YOU START TO “DRINK FROM LIVING WATER”  
INSTEAD OF RELYING ON BROKEN CISTERNS?**
- 4. WHY IS IT SO DIFFICULT TO LET GO OF BROKEN  
CISTERNS?**
- 5. WHAT ARE PRACTICAL WAYS TO AVOID FORMING NEW  
“BROKEN CISTERNS”?**