

**LESSON TITLE:
CHRISTMAS WORSHIP
HOW TO HAVE JOY WHEN
YOU DON'T FEEL JOYFUL**

Christmas Worship
How To Have Joy
When You Don't Feel
Joyful

**“JOY IS THE ECHO OF
GOD’S LIFE IN US.”**

Scripture Lesson:
Luke 2:8-12

And there were shepherds living out in the fields keeping watch over their flocks at night. And an angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. But the angel said to them, ‘Do not be afraid.’

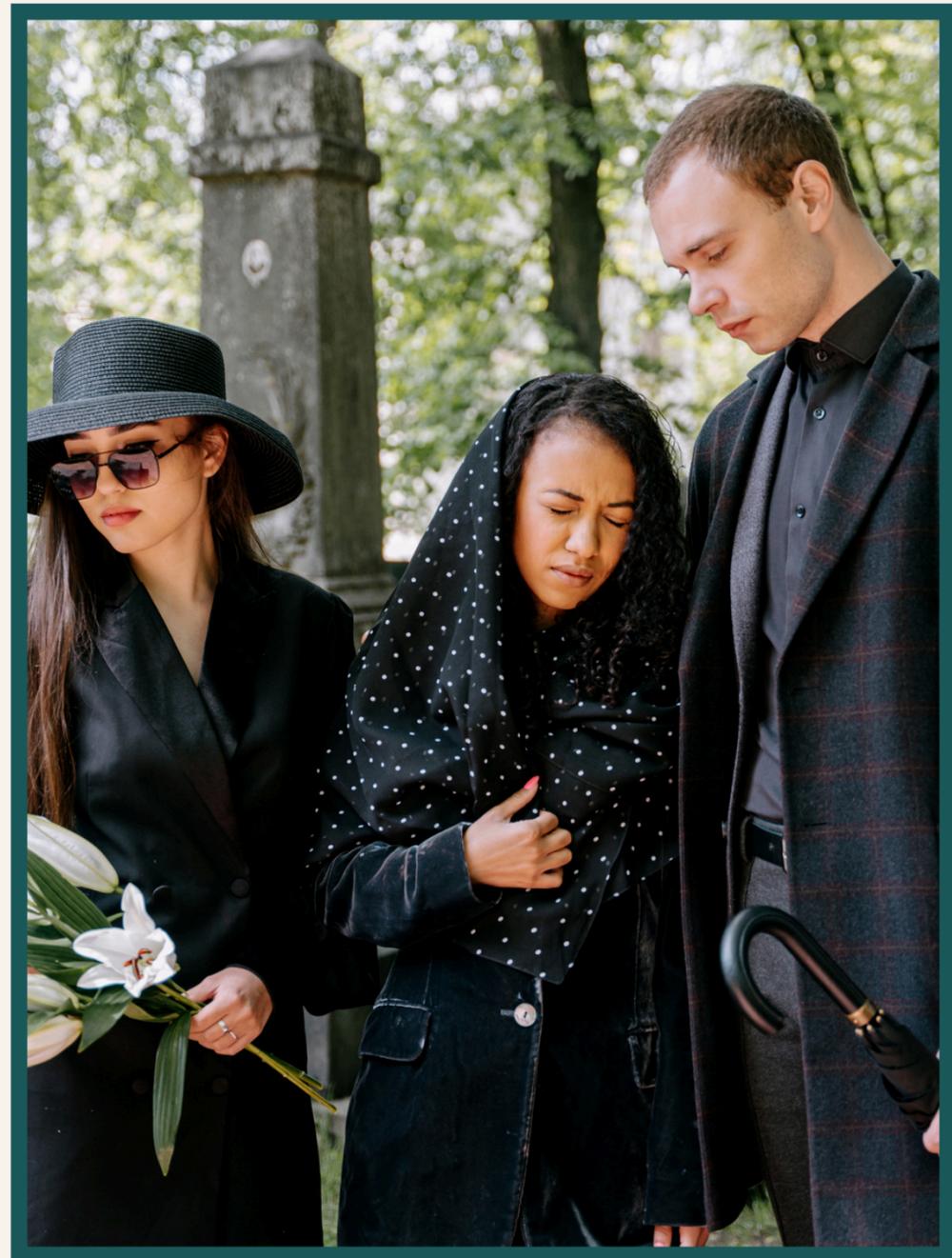
I bring you good news that will cause great joy for all the people. Today in the town of David a Saviour has been born to you, He is the Messiah, the Lord. This will be a sign to you: You will find a baby wrapped in cloths and lying in a manger”

**“True joy is formed in the
midst of the difficult seasons
of life.”**

**“Everything if given to God
can become your gateway to
joy.”**

**FOUR STEPS TO
FINDING JOY:**

1. Give Yourself Permission to Grieve.



**Psalm 34:18, The LORD is
close to the brokenhearted;
He rescues those whose
spirits are crushed.**

**Psalm 55:22, Give your
burdens to the LORD, and
He will take care of you. He
will not permit the godly to
slip and fall.**

2. Focus on the Positive.



Philippians 4:8, Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

**Romans 8:28, And we know that
in all things God works for the
good of those who love Him, who
have been called according to His
purpose.**

3. Give Yourself Permission to Laugh.

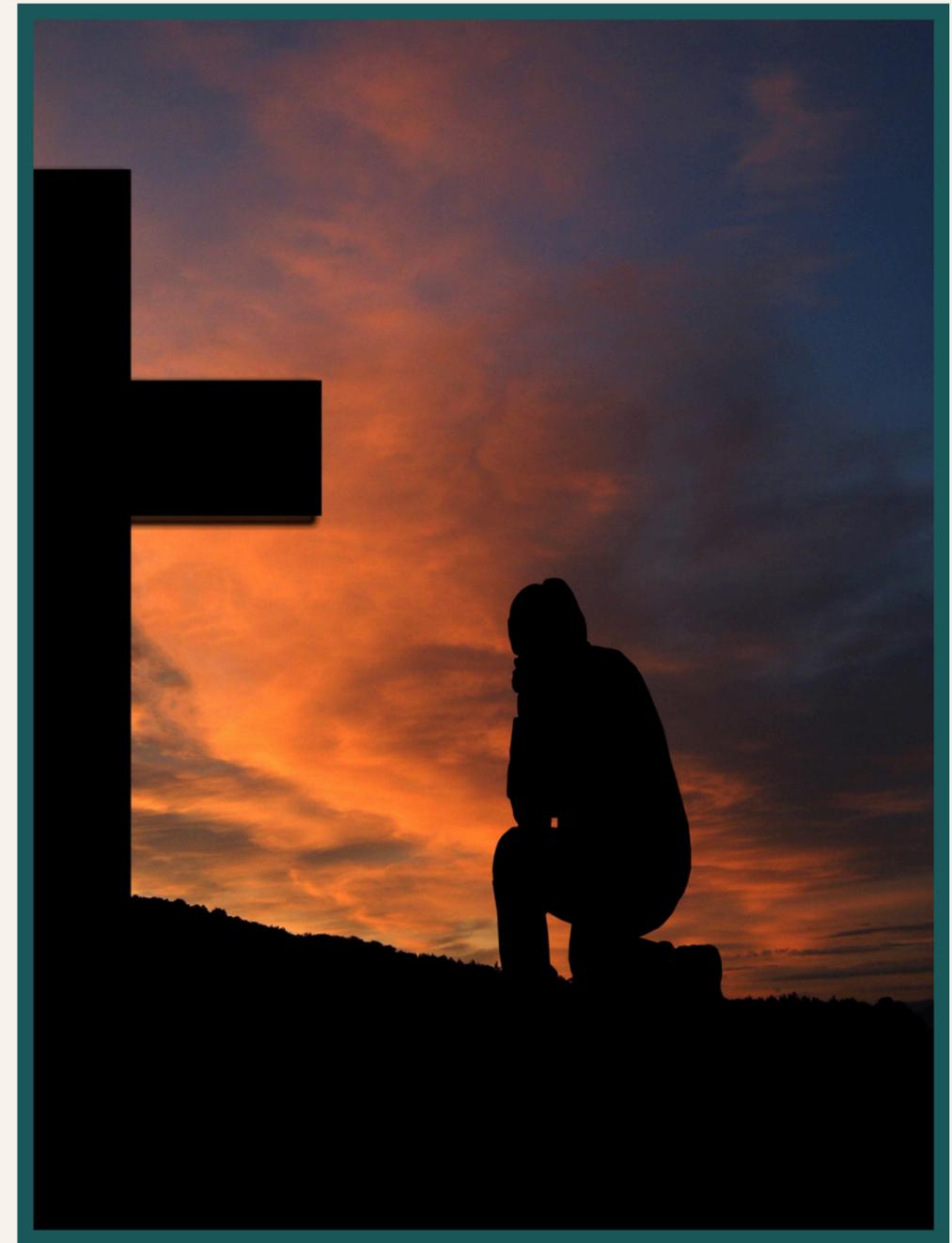


Proverbs 17:22, A merry heart doeth good like a medicine and a joyful mind causes healing, but a broken spirit dries up the bones.

**"As soap is to the body, so
laughter is to the soul."**

Jewish Proverb

4. Focus on Jesus Christ.



**“Remove Jesus Christ
from Christmas and you
have nothing but a secular
celebration.”**

**Whatever you do, do
all to the glory of God.**

I Corinthians 10:31

**Four Ways to Focus
on Jesus:**

1. Share the Savior.



2. Share the Hope.



- a. Prepare Your Heart**
- b. Pray for Opportunities**
- c. Start Natural Conversations**

3. Share the Peace.



4. *Share the Joy.*

