

Life in the Word Series: Who's Sharing Your Yoke?



Lesson Five: The Easy

Yoke

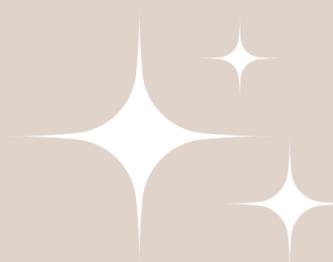
“We are guided in life by one yoke all the time; either the one belonging to Christ or our own.”

Scripture Lesson: Matthew 11:28-30



Come to Me, all of you who are tired from carrying heavy loads, and I will give you rest. Take My yoke and put it on you, and learn from Me, because I am gentle and humble in spirit; and you will find rest. For the yoke I will give you is easy, and the load I will put on you is light.

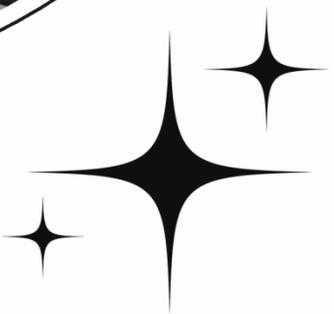
The word “yoke” is a metaphor for the duties, the obligations, and the responsibilities a person takes on and commits to fulfill.



Four Common Yokes



1. We Put On The Yoke of the PROVER.



2. We Put On The Yoke of the PLEASER.



3. We Put On The
Yoke of the
RESCUER.

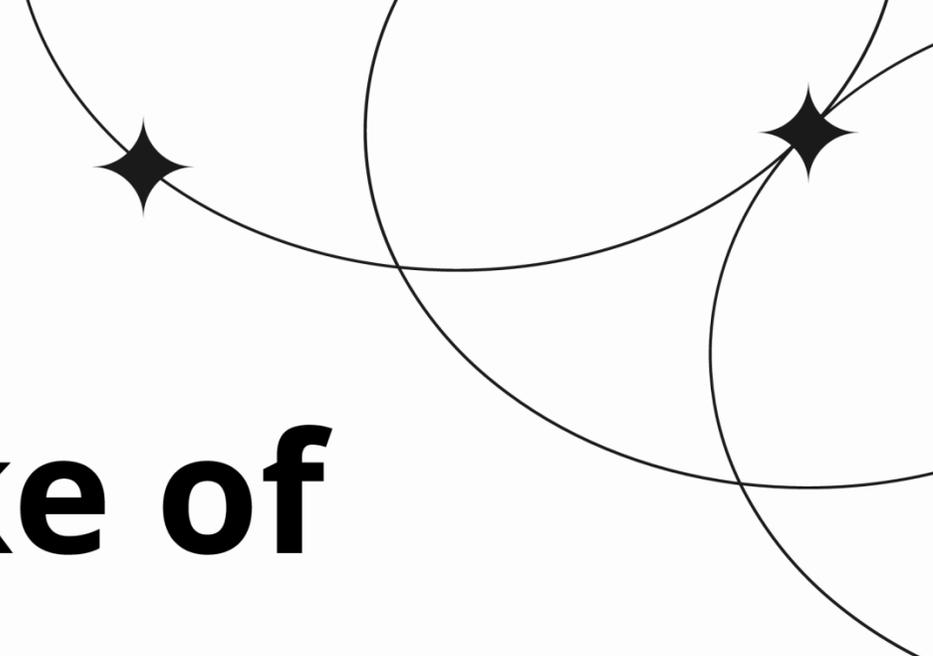


**4. We Put On The
Yoke of the
SELFISH.**



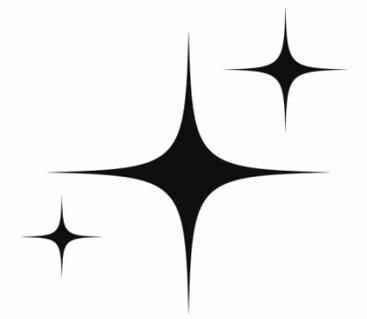
THE YOKE OF JESUS

Jesus' Yoke. Your Choice.



**The yoke of Jesus is a yoke of
love, a yoke of relationship.**

**Love is the yoke God calls us to
take on.**



Five Benefits of Christ's Yoke:

1. Christ's Yoke is LIGHT.

2. Christ's Yoke Brings Rest.

3. Christ's Yoke teaches Humility.

4. Christ's Yoke Leads to Freedom.

5. Christ's Yoke is a Symbol of Love.



Four Blessings from Being Yoked with Christ:





1. The Blessing of a Righteous PATH.





2. The Blessing of the Right PACE.



**Matthew 11:28-30, "Are you tired?
Worn out? Burned out on religion?
Come to me. Get away with me
and you'll recover your life.**

I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace."

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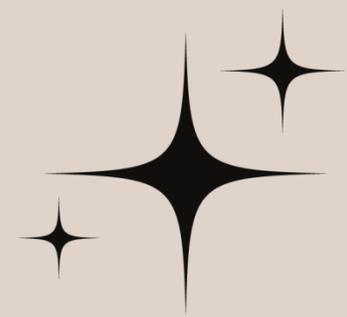
3. The Blessing of the Right PARTNERSHIPS.





4. The Blessing of PRODUCTIVITY.

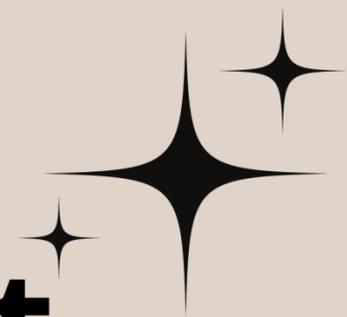




Get back in the yoke!

Stay in the yoke!

**“The world’s yoke may sound light,
but it leads to sin and slavery.
Christ’s yoke may sound heavy,
but it leads away from error into
eternal fields of joy.”**



Follow Up Questions:

- 1. Why was the “the Yoke of the Law” difficult for the Jews?**
- 2. List the four yokes that are very common today. Explain.**
- 3. How do you truly know you are partnered with Christ?**
- 4. List the five benefits of Christ’s yoke.**
- 5. List the four blessings of being yoked with Christ? Explain.**
- 6. How do you know when you have slipped out of the yoke of Christ?**
- 7. What is your major takeaway from this lesson series?**