

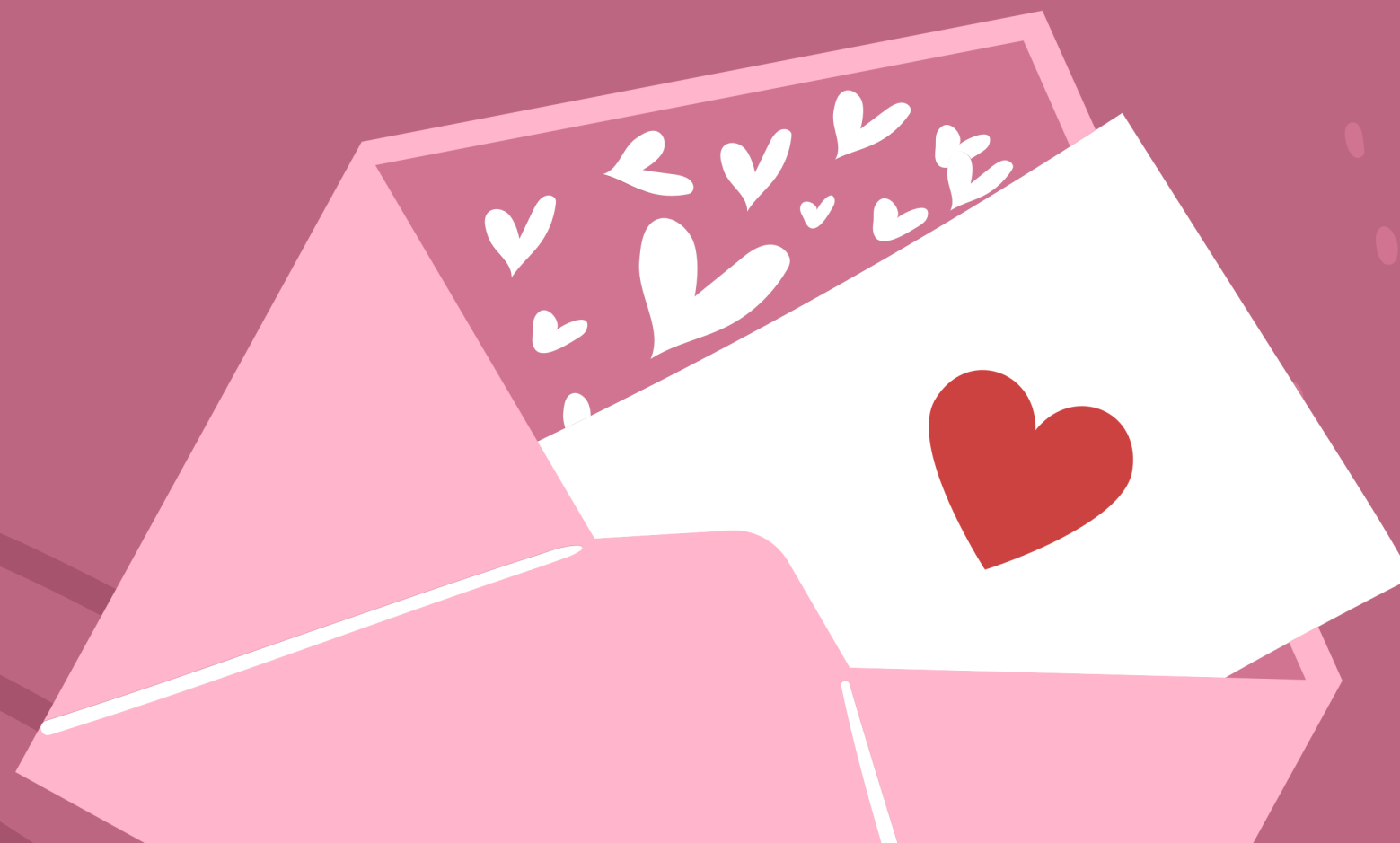


JANUARY
LIFE IN THE WORD SERIES:

**FROM
SUCH
TURN
AWAY!**

Lesson One:

**TAKING THE STEAM OUT
OF SELF-LOVE**



FOUNDATION SCRIPTURE

II Timothy 3:1-5



But know this, that in the last days perilous times will come: For men will be lovers of themselves, lovers of money, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, unloving, unforgiving, slanderers, without self-control, brutal, despisers of good, traitors, headstrong, haughty, lovers of pleasure rather than lovers of God, having a form of godliness but denying its power. And from such people turn away!



**"TURN AWAY" SIMPLY MEANS TO
"TO SHUN" OR "MARK AND AVOID"
TO SEPARATE FROM ANY THAT
PROFESSES TO BELIEVE, YET BY
THEIR LIFE DECLARE THEIR
DISBELIEF.**



II TIMOTHY 3:1

“You emphatically must know what I am about to tell you! In the very last part of the last days, in the very end of the age, hurtful, harmful, dangerous, unpredictable, uncontrollable, high-risk periods of time will come.”

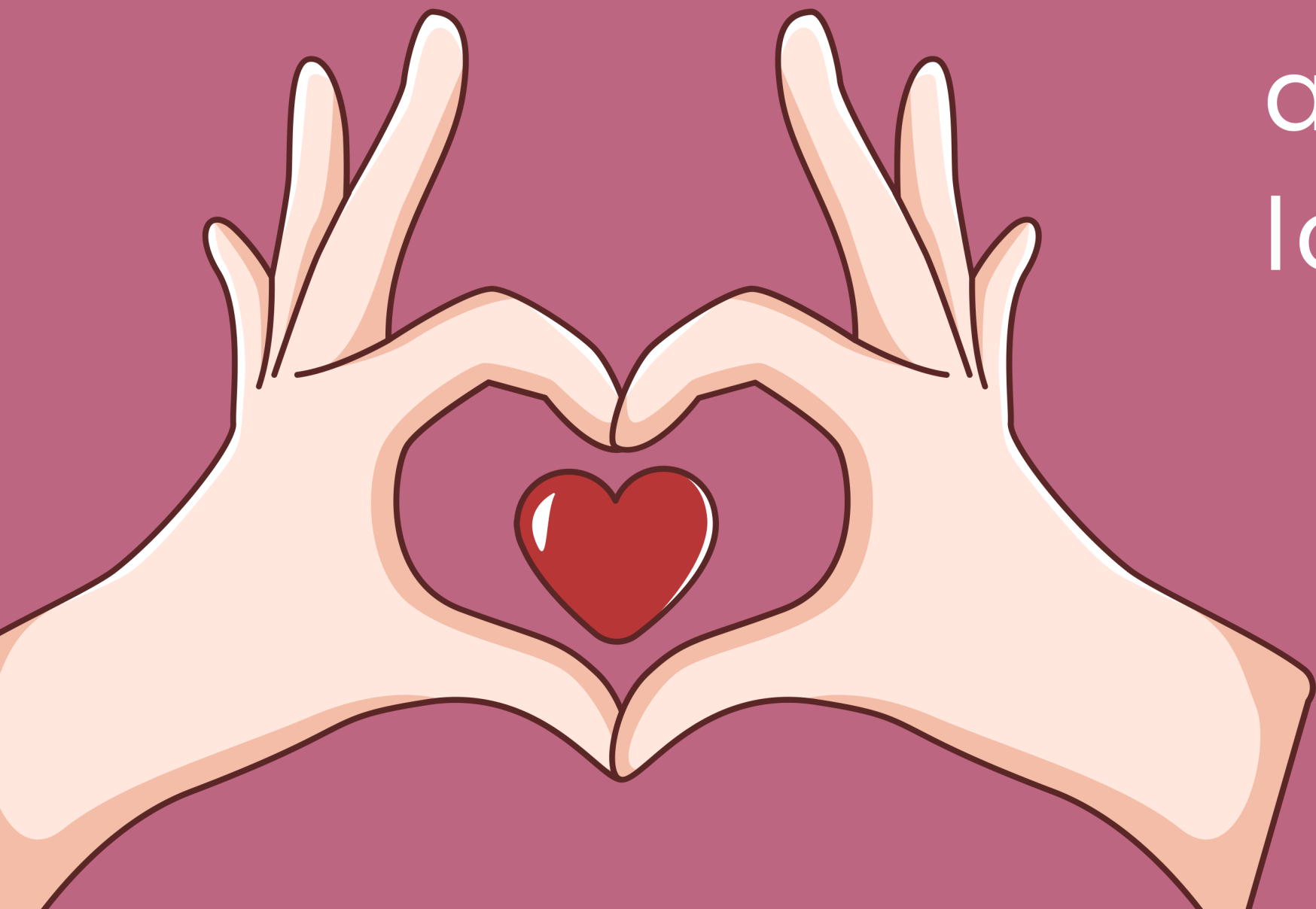


LESSON ONE:

**TAKING THE STEAM OUT
OF SELF-LOVE
(TURN AWAY FROM
LOVERS OF
THEMSELVES)**



When love for self is
elevated, love for God
and all other things is
lowered!



'Lovers of self' means being conceited, selfish, self-absorbed, self-centered, and self-promoting.



GALATIANS 6:3

If anyone thinks they are something when they are not, they deceive themselves.



The background is a solid pink color. In the top-left corner, there are several overlapping circles of varying shades of pink, some with small white dots inside. In the top-right corner, there is a white star icon with eight points. In the bottom-left corner, there is another white star icon with eight points. In the bottom-right corner, there are three curved, parallel lines in a darker shade of pink. The text is centered in a white rectangular box.

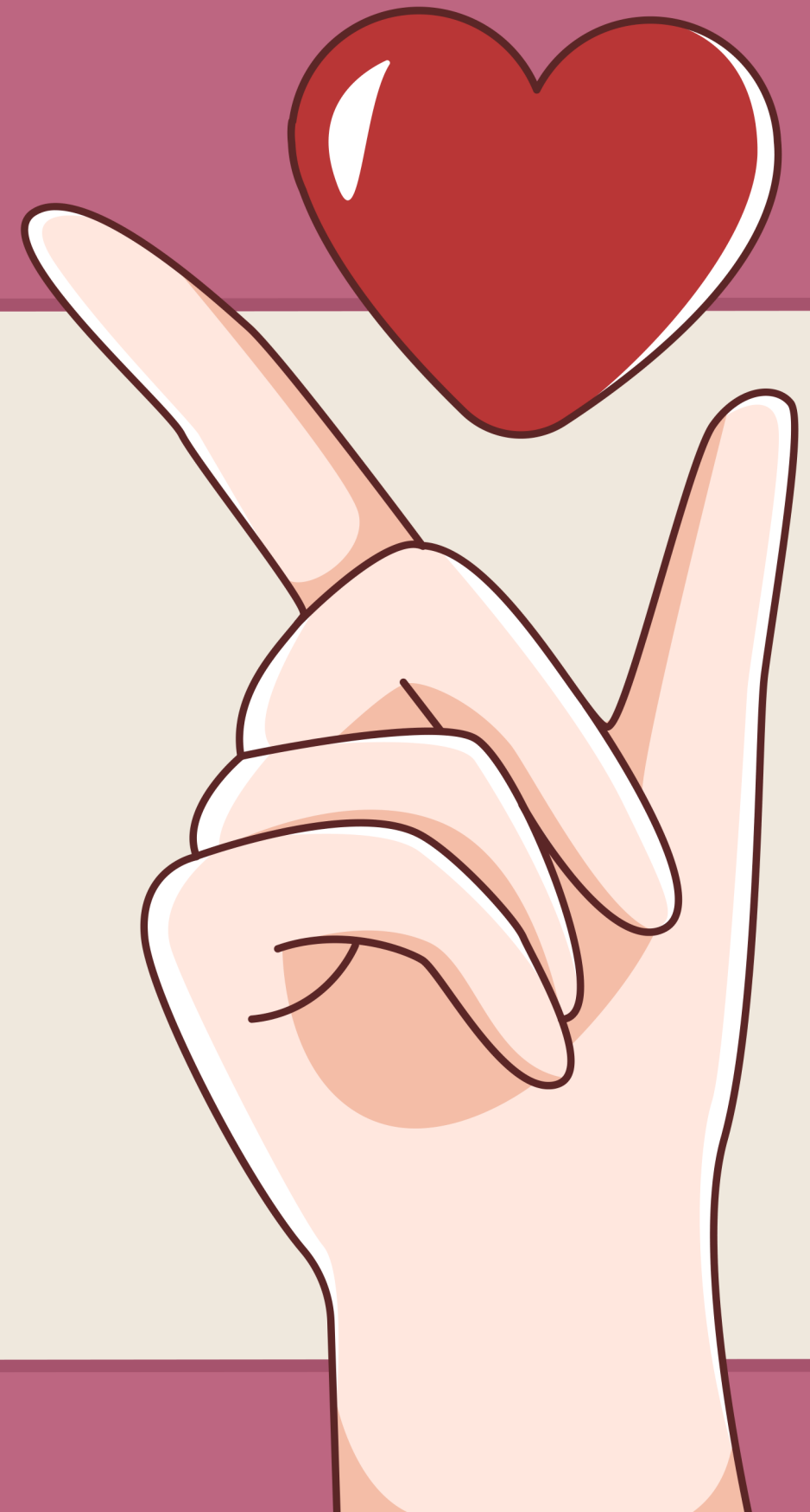
**THREE OBSERVATIONS
ABOUT
SELF-CENTEREDNESS:**



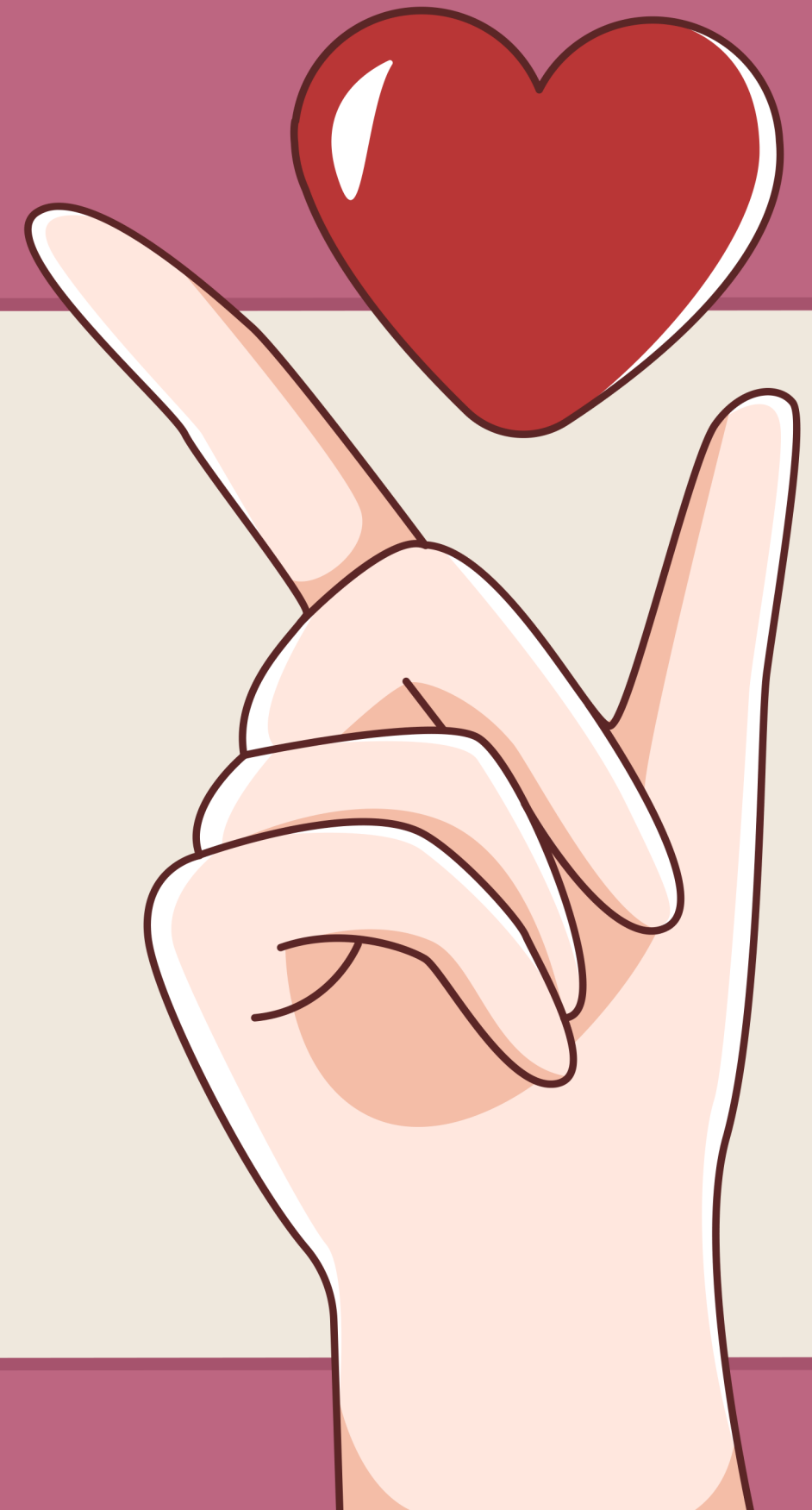
**1. WE DON'T NEED TO BE
ENCOURAGED TO LOVE
OURSELVES.**



**2. THE LOVE OF SELF
ELIMINATES ANY REAL
CONCERN FOR OTHER
PEOPLE.**



**3. SO MUCH OF IT IS
COUNTERFEIT.**



**WHERE'S YOUR
LOVE?**



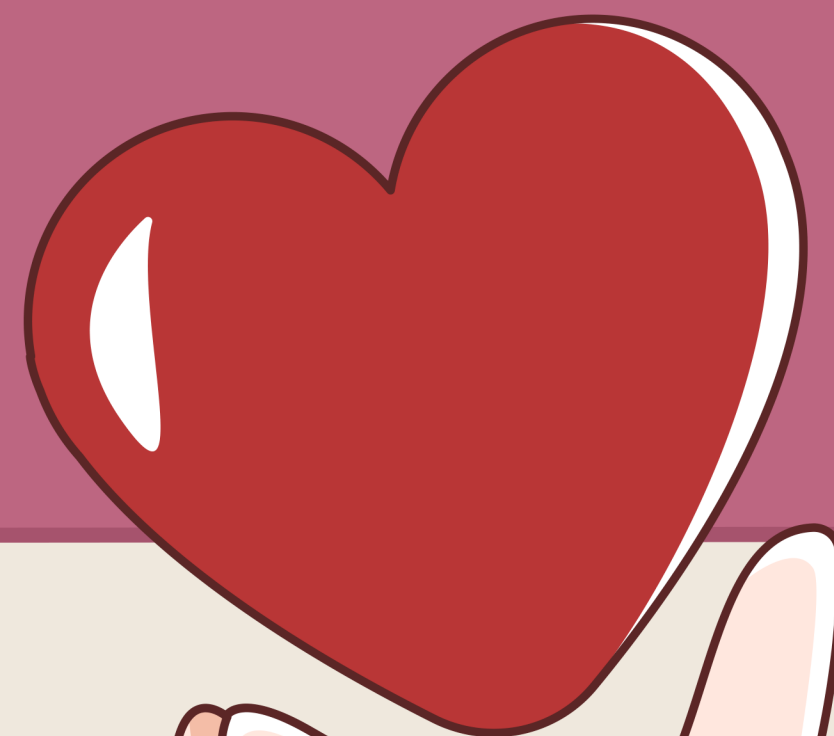
**SELF-MORE
THAN OTHERS?**



The background is a solid pink color. In the top-left corner, there are several overlapping circles of varying shades of pink, some with small white dots scattered across them. In the top-right corner, there is a white, multi-pointed star icon. In the bottom-left corner, there is another white, multi-pointed star icon. In the bottom-right corner, there are several curved, parallel lines in shades of pink, creating a sense of motion or a decorative border. The text is centered in a white rectangular box.

**FOUR WAYS TO TAKE THE
STEAM OUT OF SELF-LOVE:**

**1. BE CAREFUL OF EXTREME
SELF-LOVE.**



I JOHN 2:16

For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world.

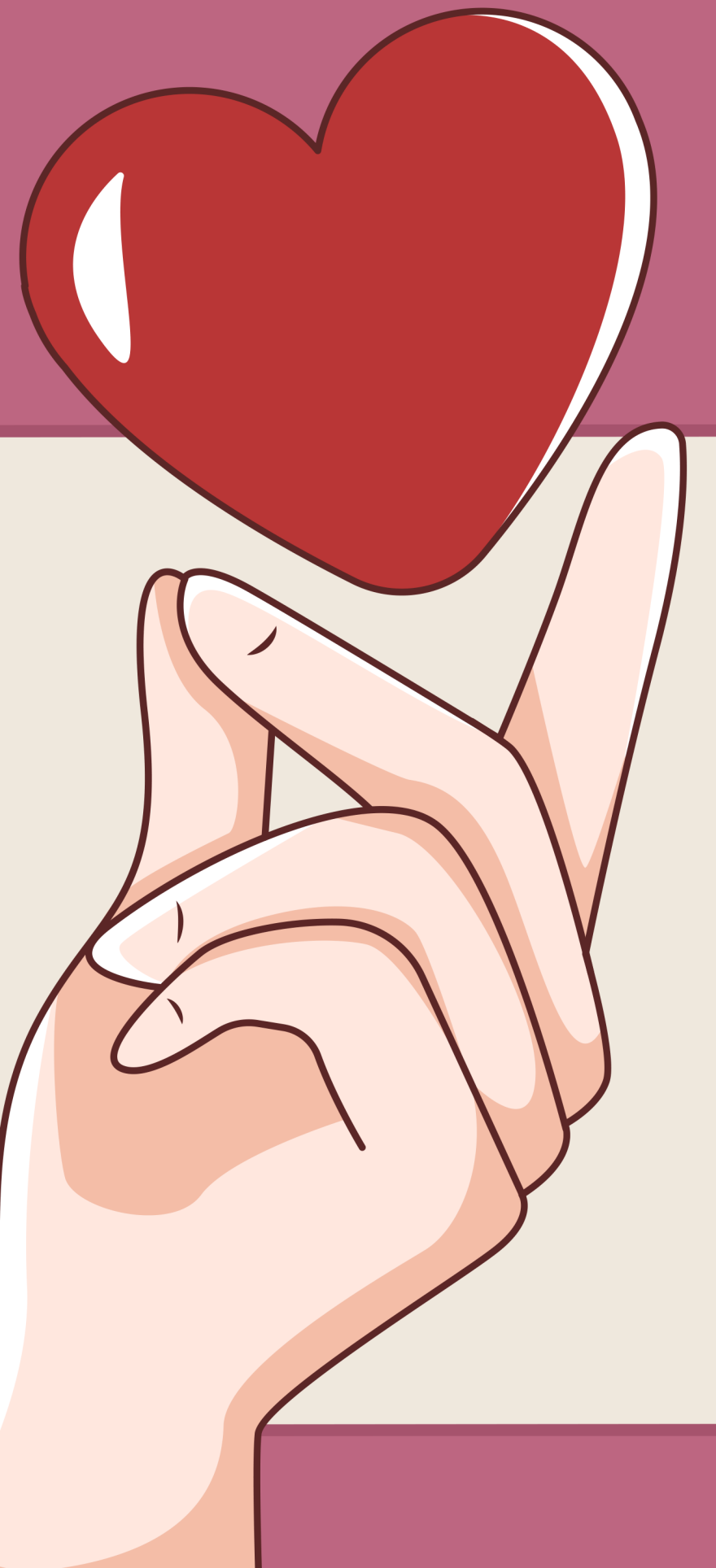


MATTHEW 23:5-7

Everything they do is done for people to see: They make their phylacteries (leather boxes) wide and the tassels on their garments long; they love the place of honor at banquets and the most important seats in the synagogues; they love to be greeted with respect in the marketplaces and to be called 'Rabbi' by others."



2. LIVE A LIFE OF HUMILITY.



PHILIPPIANS 2:3

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.

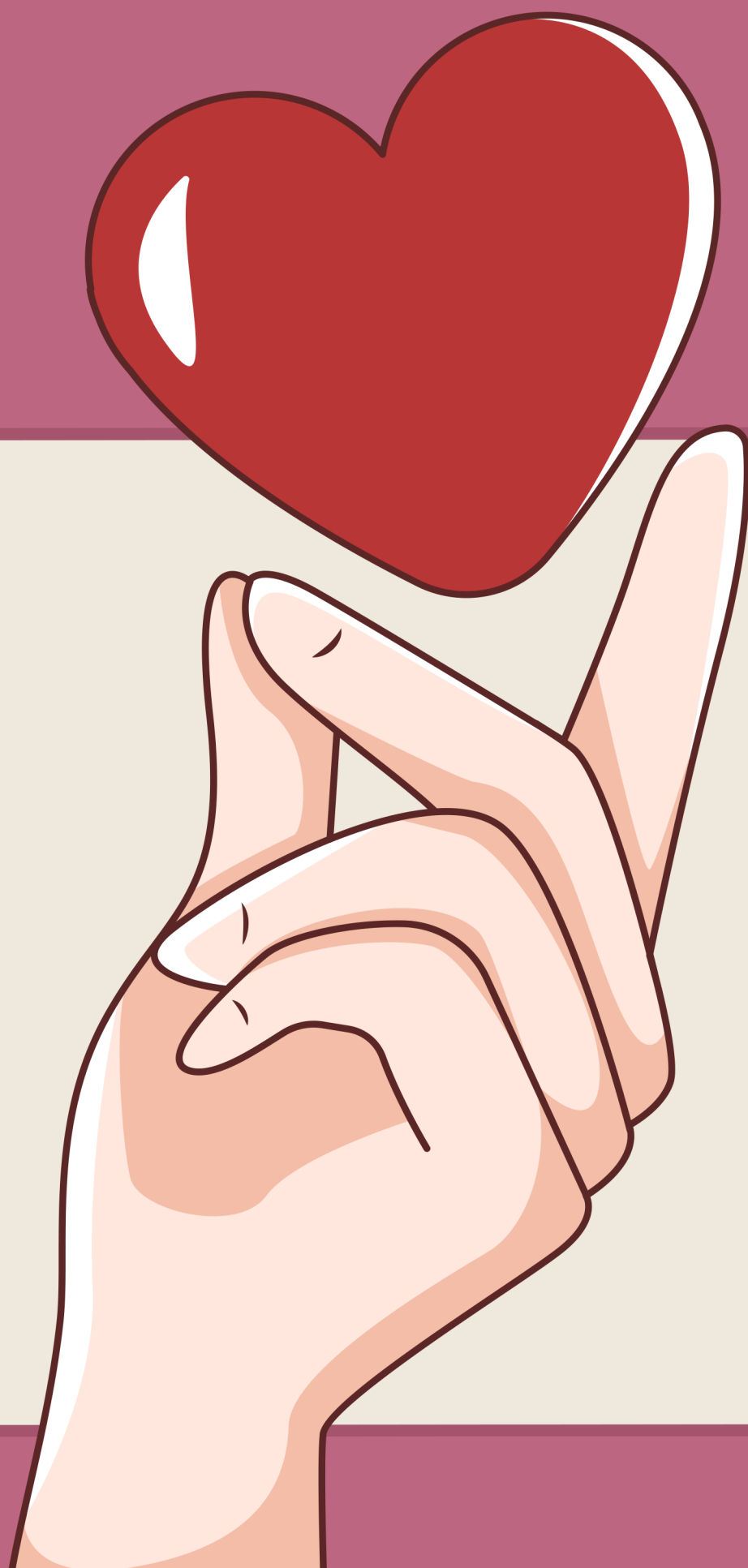


TRUE HUMILITY:

1. Knowing Yourself
2. Accepting Yourself
3. Being Yourself



**3. SATURATE YOURSELF
WITH GOD'S WORD.**



**4. LOVE YOUR NEIGHBOR AS
YOURSELF.**



SEVEN WAYS TO LOVE YOURSELF GOD'S WAY:

1. Remember you are valued and precious to God.
2. Know, accept, and be yourself.
3. Forgive yourself like God forgives you.
4. Treat yourself with care and compassion.
5. Diet, exercise and rest.
6. Ask for help when you need it.
7. Be honest with yourself and others.



**"TOO MANY PEOPLE OVERVALUE
WHAT THEY ARE NOT AND
UNDERVALUE WHAT THEY ARE."**



FOLLOW UP CHAT QUESTIONS

1. Are we living in “Perilous Times”? How so?
2. What does the term “Turn Away” imply?
3. How would you define “Lovers of Self”?
4. Does the Bible promote loving yourself? How so?
5. List the four ways you can take the steam out of “Self-Love”.
6. How can you love yourself the way God intended?
7. In what way(s) can you apply this lesson to your spiritual walk?