

Christmas Worship

**EXCHANGING
PANIC FOR PEACE**



Wednesday, December 20, 2023

II Thessalonians 3:16, Now may the
Lord of peace Himself always give
you His peace and in every
situation. The Lord be with you all.



John 16:33, "I have told you all this so that you may have peace in Me. Here on earth, you will have many trials and sorrows. But take heart because I have overcome the world."



Five Ways to Experience a
Stress-free, Peace-filled
Christmas:



1. Rely On
God For
Your
Emotional
Support.



Psalm 62:8, Trust in God always,
my people. Tell Him all your
troubles, for He is our refuge.



Psalm 23 (NLT), The Lord is my shepherd;
I have all that I need. He lets me rest in
green meadows; He leads me beside
peaceful streams. He renews my
strength. He guides me along the right
paths, bringing honor to His name.



Even when I walk through the darkest valley, I will not be afraid, for You are close beside me. Your rod and Your staff protect and comfort me. You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil.



My cup overflows with blessings. Surely
your goodness and unfailing love will
pursue me all the days of my life, and I
will live in the house of the Lord forever.



“Reading the Bible without meditating on it is like trying to eat without swallowing.”



3. Refocus on Rest.



Psalm 46:10, Cease striving and
know that I am God.



“Rest is a weapon given to us by God. The enemy hates it because he wants you stressed and occupied.”



4. Remember
Your
Priority
Relationships



Matthew 22:37, "Love the Lord your
God with all your heart and with all
your soul and with all your mind."



5. Reflect
on What
Matters
Most.



“Sometimes the most productive thing you can do is relax.”



Colossians 3:15, Let the peace of Christ [the inner calm of one who walks daily with Him] be the controlling factor in your hearts [deciding and settling questions that arise]. To this peace indeed you were called as members in one body [of believers]. And be thankful [to God always].

