



# Fall Bible Study Series: Developing Healthy Habits (Making Better Life Decisions)

Lesson Five:  
Seeing through the Smoke  
(Is Smoking Marijuana a Sin?)





# What Is Marijuana?

Marijuana refers to the dried leaves, flowers, stems, and seeds from the *Cannabis indica* plant.



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There are multiple slang names for marijuana including “pot,” “weed” and “Mary Jane.”



# How Do Americans Feel About Legalizing Weed?

According to a 2021 Pew Research poll, 91% of Americans believe cannabis should be legalized to some degree -- 31% for medical use only and 60% for both medical and recreational use. (Only 8% of respondents said marijuana should not be legal at all.)



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## Health Effects of Marijuana



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**Smoking marijuana  
clearly damages  
your lung, heart and  
brain.**



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**“Marijuana clouds  
our ability to  
perceive the world  
clearly and dulls our  
sense of urgency  
about what disciples  
should be doing.”**



# What Does the Bible Say?

Many believe Scripture forbids recreational Marijuana because it violates Scripture's prohibition against intoxication and command to be sober-minded.



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## Paul's Prohibition Against Drunkenness



# Ephesians 5:18

“And do not get drunk with wine, for that is debauchery, but be filled with the Spirit.”



# 1 Thessalonians 5:6

So then, let us not be like others, who are asleep, but let us be awake and sober.



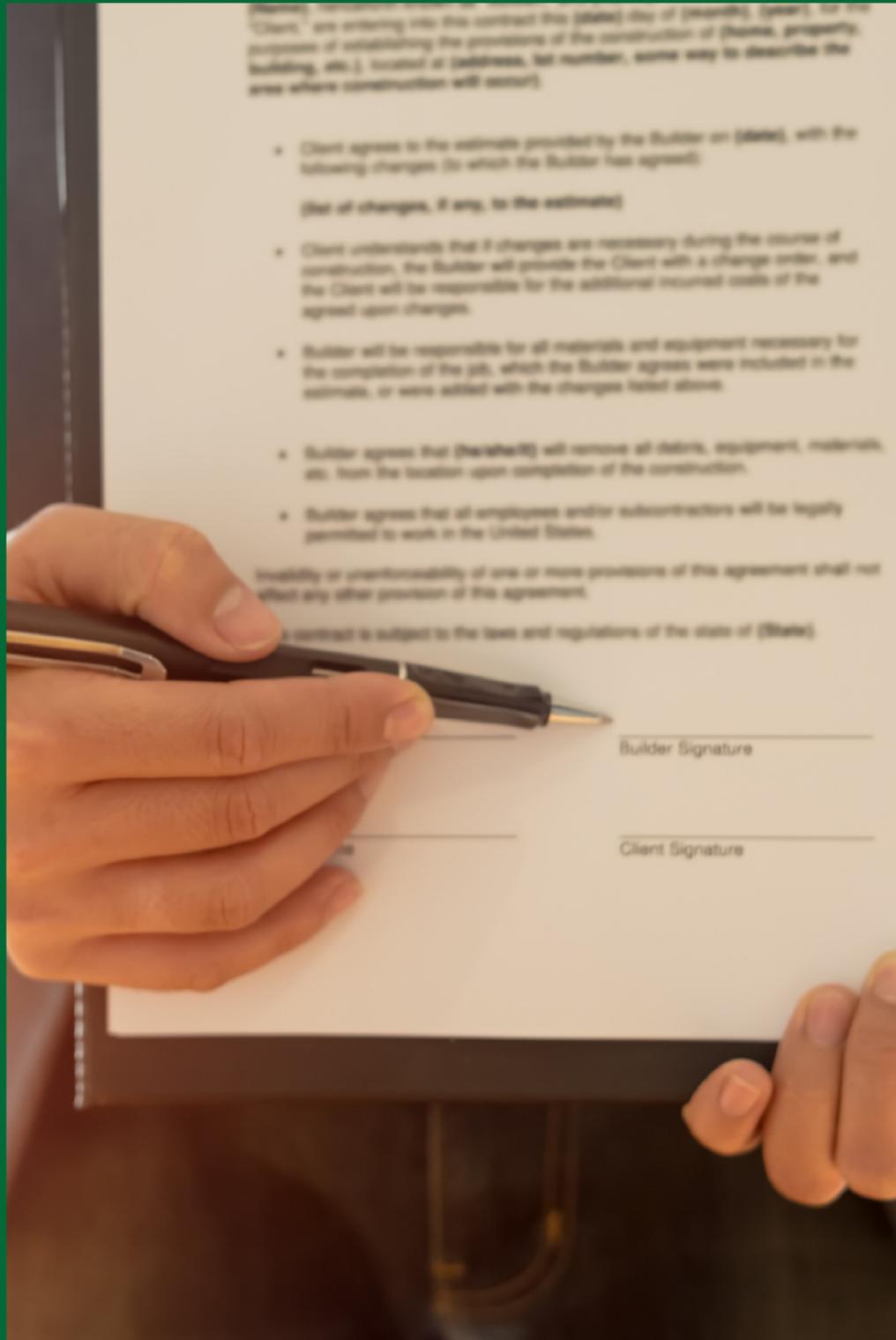
# 1 Peter 1:13

Therefore, with minds that are alert and fully sober, set your hope on the grace to be brought to you when Jesus Christ is revealed at His coming.



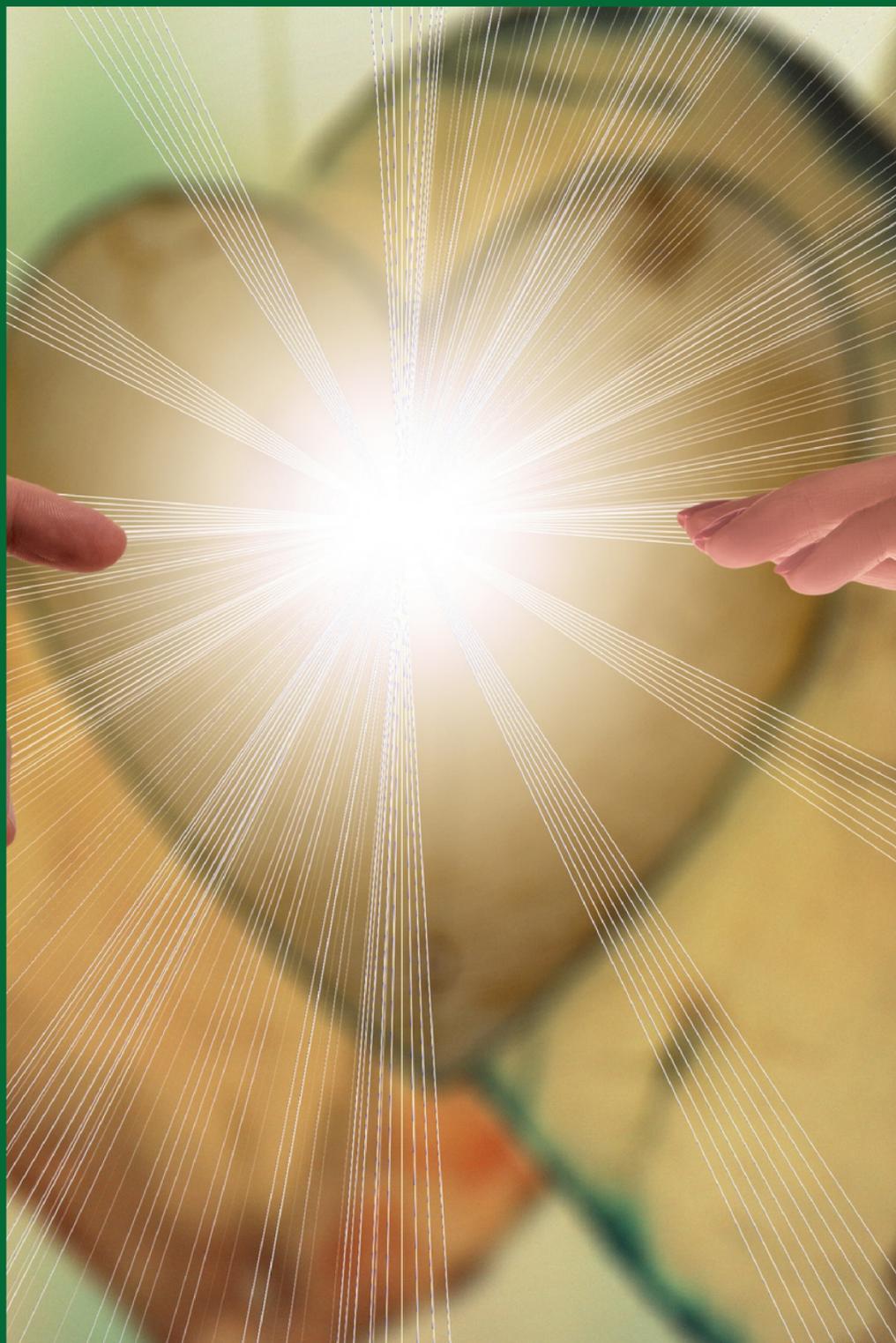
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## The Contrast Between Being Lawful and Being Expedient



# I Corinthians 6:12

All things are lawful for me, but not all things are helpful



# Galatians 2:20

It is no longer I who live, but Christ who lives in me.



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**The Bible teaches  
Christians to be  
sound of mind.**



# I Peter 5:8

Be sober, be vigilant; because in your adversary the devil walks about like a roaring lion, seeking whom he may devour.



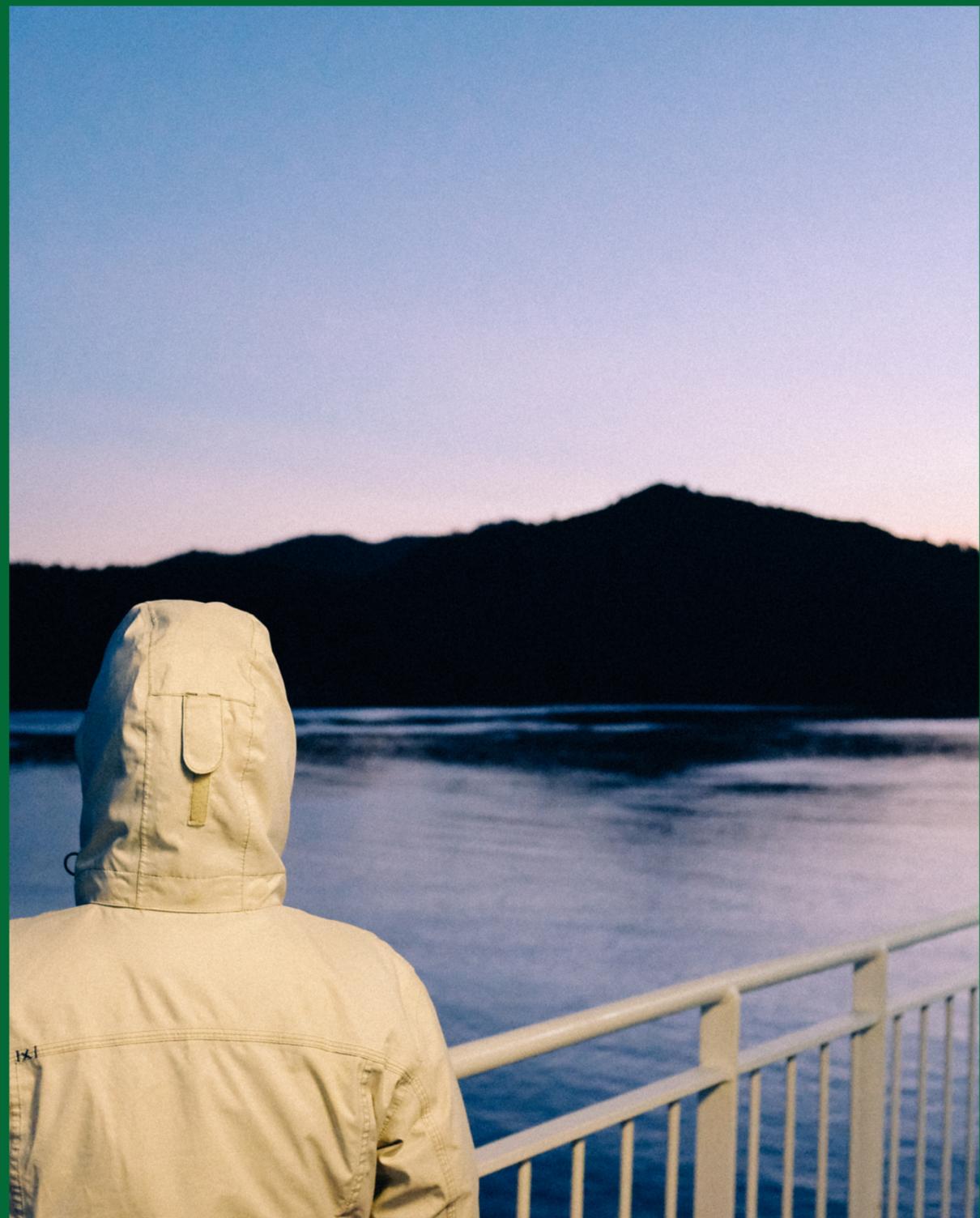
# Habakkuk 2:15

Woe to you who make your neighbors drink, who mix in your venom even to make them drunk so as to look on their nakedness.



# I Corinthians 9:27

But I discipline my body and bring it into subjection, lest, when I have preached to others, I should become disqualified.



# Romans 6:12-13

Do not let sin reign in your mortal body, that you should obey it in its lusts . . . but present yourselves . . . as instruments of righteousness to God.



# II Timothy 3:4

We must not be "lovers of pleasure rather than lovers of God.



# I Thessalonians 4:4

That each one of you know how to control his own body in holiness and honor.



# I Thessalonians 4:7

For God has not called us for impurity, but in holiness.



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Am I Pursuing  
Marijuana as  
Medicine or  
Recreation?



# Proverbs 31:6

Give strong drink to the one who is perishing, and wine to those in bitter distress.



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**“I used drugs to feel better. I quit drugs to be better.”**



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**“Every day is a  
chance to get better.  
Don’t waste it.”**

# Bible Study Follow Up

## Chat Questions:

1. What are some multiple slang names for the drug marijuana?
2. Why is marijuana considered a drug?
3. Name some negative effects marijuana has on the body.
4. Identify a scripture verse regarding being sober and how does it relate to recreational use of marijuana?
5. Explain the contrast between being lawful and being expedient.
6. What is your response to I Corinthians 9:27?
7. Do you think it is wrong for a doctor to prescribe marijuana for health-related issues?
8. What is your greatest takeaway from today's lesson?

