

JANUARY BIBLE STUDY SERIES:

RE-EXAMINING YOUR LIFE

Lesson One:
**Practical Keys to Personal
Growth**

Evaluation

**"Everyone thinks of changing
the world, but no one thinks of
changing himself."**

**21 For to me, to live is Christ,
and to die is gain.**

Philippians 1:21

Emulation

**7 Remember those who rule
over you, who have spoken the
word of God to you, whose faith
follow, considering the
outcome of their conduct.**

Hebrews 13:7

Elevation

3 If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God.

2 Set your mind on things above, not on things on the earth.

3 For you died, and your life is hidden with Christ in God.

4 When Christ who is our life appears, then you also will appear with Him in glory.

Colossians 3:1-4

"The secret to your future is hidden. It's not hidden from you, though-it's hidden for you."

Five Habits for Elevating Your Life

1. Practice Feeding Your Spirit

4 But He answered and said, “It is written, ‘Man shall not live by bread alone, but by every word that proceeds from the mouth of God.’ ”

Matthew 4:4

2. Practice Building Your Faith

6 Now David was greatly distressed, for the people spoke of stoning him, because the soul of all the people was grieved, every man for his sons and his daughters. But David strengthened himself in the Lord his God.

1 Samuel 30:6

3. Practice Speaking the Word

**21 Death and life are in the
power of the tongue, And those
who love it will eat its fruit.**

Proverbs 18:21

4. Practice Controlling Your Thought Life

8 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Joshua 1:8

5. Practice Getting Rid of Baggage

**12 Therefore we also, since we are surrounded by
so great a cloud of witnesses, let us lay aside
every weight, and the sin which so easily
ensnares us, and let us run with endurance the
race that is set before us,
Hebrews 12:1**

"God help me become the person you want me to be and give me the courage to assess, evaluate and make course corrections wherever needed. I want to be great in God and great for God.

Bible Study Follow Up Chat Questions:

- 1. In what way (s) did this lesson help you in your spiritual walk with the Lord?**
- 2. Why is it important for you to evaluate where you are and compare that to where you want to go?**

"The unevaluated life is not worth living." Agree or disagree? Explain.
- 4. Why do we need to practice evaluation, emulation, and elevation as we live out our lives?**
- 5. "The secret to your future is hidden. It's not hidden from you, though-it's hidden for you."**
- 6. List the five habits you should practice elevating your life. Which one stands out to you most?**