

January Bible Study Series: Re-examining Your Life

Lesson Two:
The Spiritual Discipline of
Self-evaluation

GRIT is applying firmness of
mind and spirit to our
spiritual lives.

Eight Areas of Joseph's Life
we can Emulate:

1. VISION

Genesis 37:5, 8

Genesis 37:5

5 Now Joseph had a dream, and he told it to his brothers; and they hated him even more.

Genesis 37:8

8 And his brothers said to him, “Shall you indeed reign over us? Or shall you indeed have dominion over us?” So they hated him even more for his dreams and for his words.

2. INTEGRITY

Genesis 39:7-10

7 And it came to pass after these things that his master's wife cast longing eyes on Joseph, and she said, "Lie with me."

Genesis 39:7-10

8 But he refused and said to his master's wife, "Look, my master does not know what is with me in the house, and he has committed all that he has to my hand.

Genesis 39:7-10

9 There is no one greater in this house than I, nor has he kept back anything from me but you, because you are his wife. How then can I do this great wickedness, and sin against God?”

Genesis 39:7-10

10 So it was, as she spoke to Joseph day by day, that he did not heed her, to lie with her or to be with her.

Genesis 39:7-10

FAITH

Genesis 50:24

24 And Joseph said to his brethren,
“I am dying; but God will surely visit
you, and bring you out of this land
to the land of which He swore to
Abraham, to Isaac, and to Jacob.”

Genesis 50:24

4. FINANCES

Genesis 41:33-36

33 “Now therefore, let Pharaoh
select a discerning and wise
man, and set him over the land
of Egypt.

Genesis 41:33-36

34 Let Pharaoh do this, and let him appoint officers over the land, to collect one-fifth of the produce of the land of Egypt in the seven plentiful years.

Genesis 41:33-36

35 And let them gather all the food of those good years that are coming, and store up grain under the authority of Pharaoh, and let them keep food in the cities.

Genesis 41:33-36

36 Then that food shall be as a
reserve for the land for the
seven years of famine which
shall be in the land of Egypt,
that the land may not perish
during the famine.”

Genesis 41:33-36

5. GODLINESS

Genesis 41:38

38 And Pharaoh said to his servants, “Can we find such a one as this, a man in whom is the Spirit of God?”

Genesis 41:38

6. RELATIONSHIPS

Genesis 45:4-5

4 And Joseph said to his brothers, “Please come near to me.” So they came near. Then he said: “I am Joseph your brother, whom you sold into Egypt.

Genesis 45:4-5

5 But now, do not therefore
be grieved or angry with
yourselves because you sold
me here; for God sent me
before you to preserve life.

Genesis 45:4-5

7. COURAGE

Genesis 37:5-6

5 Now Joseph had a dream, and
he told it to his brothers; and
they hated him even more.

Genesis 37:5-6

6 So he said to them,
“Please hear this dream
which I have dreamed:

Genesis 37:5-6

8. LEADERSHIP

Genesis 41:55-56

55 So when all the land of Egypt was famished, the people cried to Pharaoh for bread. Then Pharaoh said to all the Egyptians, “Go to Joseph; whatever he says to you, do.”

Genesis 41:55-56

56 The famine was over all the face of the earth, and Joseph opened all the storehouses and sold to the Egyptians. And the famine became severe in the land of Egypt.

Genesis 41:55-56

EVALUATE

EMULATE

ELEVATE

The Rich Young Ruler

Matthew 10:17-22

Areas "Off Limit"

Is it Money?

Is it Time?

Is it Abilities?

Is it our Thoughts?

Is it our Affections?

23 Search me, O God, and
know my heart; Try me, and
know my anxieties;
Psalm 139:23–24

24 And see if there is any
wicked way in me, And lead
me in the way everlasting.

Psalm 139:23–24

Bible Study Follow Up Questions:

1. What is your greatest takeaway from today's lesson?
2. Why is it important to self-assess your life regularly?
3. What is meant by the term "GRIT"? Why is it important in self-evaluation?
4. Name the eight areas of evaluation discussed in today's lesson.
5. Name the three E's we discussed in last week's lesson.
6. Why is the story of the 'Young Rich Ruler' a good illustration for our need to evaluate?
7. Why is it important to identify and deal with the "off limits" in our lives?