



No Hands But Our Hands
(The Ministry Of Helps)
June Bible Study Series

Foundational Scripture:
Ecclesiastes 9:10, Whatsoever
your hand, finds to do, do it with
all your strength.

The Attitude of Jesus

Matthew 20:28, “...the Son of Man did not come to be served, but to serve, and to give His life as a ransom for many”.

The background features several thin, light red lines that intersect to form various geometric shapes, including triangles and quadrilaterals, creating a modern, abstract design.

Five Basic Levels of Spiritual Authority in the Local Church:

- 1. Jesus Christ**
- 2. The Pastor**
- 3. The Ministry Head**
- 4. The Body of Christ**
- 5. Yourself**

**“In Jesus we win! In self
we offend!”**


1 Corinthians 12:28, And God hath set some in the church, first apostles, secondarily prophets, thirdly teachers, after that miracle, then gifts of healings, helps, governments, diversities of tongues.



LESSON ONE:
WHAT IS THE
MINISTRY OF HELPS?

**One primary function of the
Ministry of Helps is to serve
in a supportive role.**

**The Greek word for “helps” is
"antilepsis," meaning "relief" "...lay
hold of, to support." “One who
gives assistance.”**

The background features several thin, light brown lines that intersect to form various geometric shapes, including triangles and quadrilaterals, creating a subtle grid-like pattern.

The Ministry of Waiting Tables

Acts 6:2-7

Acts 6:2-7, So the Twelve called a meeting of all the believers. They said, “We apostles should spend our time teaching the word of God, not running a food program. And so, brothers, select seven men who are well respected and are full of the Spirit and wisdom. We will give them this responsibility. Then we apostles can spend our time in prayer and teaching the word.”

Everyone liked this idea, and they chose the following: Stephen (a man full of faith and the Holy Spirit), Philip, Procorus, Nicanor, Timon, Parmenas, and Nicolas of Antioch (an earlier convert to the Jewish faith). These seven were presented to the apostles, who prayed for them as they laid their hands on them. So, God's message continued to spread. The number of believers greatly increased in Jerusalem, and many of the Jewish priests were converted, too.

**The Seven Chosen to Serve
Provided Ten Outcomes:**

- 1. Brought order to confusion.**
- 2. Provided a controlled flow to meet needs.**
- 3. Liberated the Apostles to follow God, not people.**
- 4. Set an example for others to follow.**
- 5. Was instituted by the Holy Spirit.**

- 6. Provided a training ground for ministry.**
- 7. Supplied the needs to the Body.**
- 8. Demonstrated the love of God at work within the Body.**
- 9. Stopped the voices of dissention within the Christian community.**
- 10. Demonstrated God's love to the world.**

1 Corinthians 14:40 “...Let all things be done properly and in an orderly manner.”



The Ministry of Helps (Aaron and Hur)
Exodus 17:8 -13

Exodus 17:8 -13, The Amalekites came and attacked the Israelites at Rephidim. Moses said to Joshua, “Choose some of our men and go out to fight the Amalekites. Tomorrow I will stand on top of the hill with the staff of God in my hands.” So, Joshua fought the Amalekites as Moses had ordered, and Moses, Aaron and Hur went to the top of the hill.

If Moses held up his hands, the Israelites were winning, but whenever he lowered his hands, the Amalekites were winning. When Moses' hands grew tired, they took a stone and put it under him, and he sat on it. Aaron and Hur held his hands up—one on one side, one on the other—so that his hands remained steady till sunset. So, Joshua overcame the Amalekite army with the sword.

The Help Ministry of Mordecai

Mordecai's Faith

Esther 4:13-14, Mordecai told them to reply to Esther with this answer, “Do not think in your soul that you will escape in the king’s household more than all the Jews. For if you remain silent at this time, relief and deliverance will arise for the Jews from another place—but you and your father’s house will perish. Who knows whether you have attained royal status for such a time as this?”

Esther's Courage

Esther 4:15-16, Esther sent this to reply to Mordecai, “Go! Gather all the Jews who are in Shushan and fast for me. Do not eat or drink for three days, night or day. My maids and I will fast in the same way. Afterwards, I will go into the king, even though it is not according to the law. So, if I perish, I perish!”



The Help Ministry of Luke
Colossians 4:14

The background features several thin, light brown lines that intersect to form various geometric shapes, including triangles and quadrilaterals, creating a modern, abstract design.

**The Help Ministry of the
Disciples of Jesus**
Mark 6:39-44

Mark 6:39-44, Then Jesus directed them to have all the people sit down in groups on the green grass. So, they sat down in groups of hundreds and fifties. Taking the five loaves and the two fish and looking up to heaven, he gave thanks and broke the loaves. Then he gave them to his disciples to distribute to the people. He also divided the two fish among them all. They all ate and were satisfied, and the disciples picked up twelve basketfuls of broken pieces of bread and fish. The number of the men who had eaten was five thousand.

The background features several thin, dark red lines that intersect to form various geometric shapes, including triangles and quadrilaterals, creating a modern, abstract design.

Helping God Prosper Others

3 John 2

**3 John 2, “Beloved, I pray
that in all respects you may
prosper and be in good
health, just as your soul
prosper.”**

**“Greatness is not defined by
how many serve you, but by
how many you serve.”**

Bible Study Follow Up Chat Questions:

- 1. What was your greatest takeaway from today's lesson?**
- 2. How would you define the "The Ministry of Helps"?**
- 3. Where is "Helps" mentioned in the Bible?**
- 4. Describe Jesus' attitude about serving.**
- 5. List three problems the Ministry of Helps solved in Act 6.**
- 6. Give an example of the Ministry of Helps mentioned in today's lesson.**
- 7. All Ministry of Helps involve physical labor. Agree or disagree.**