



Overflowing with Hope

November Bible Study Series

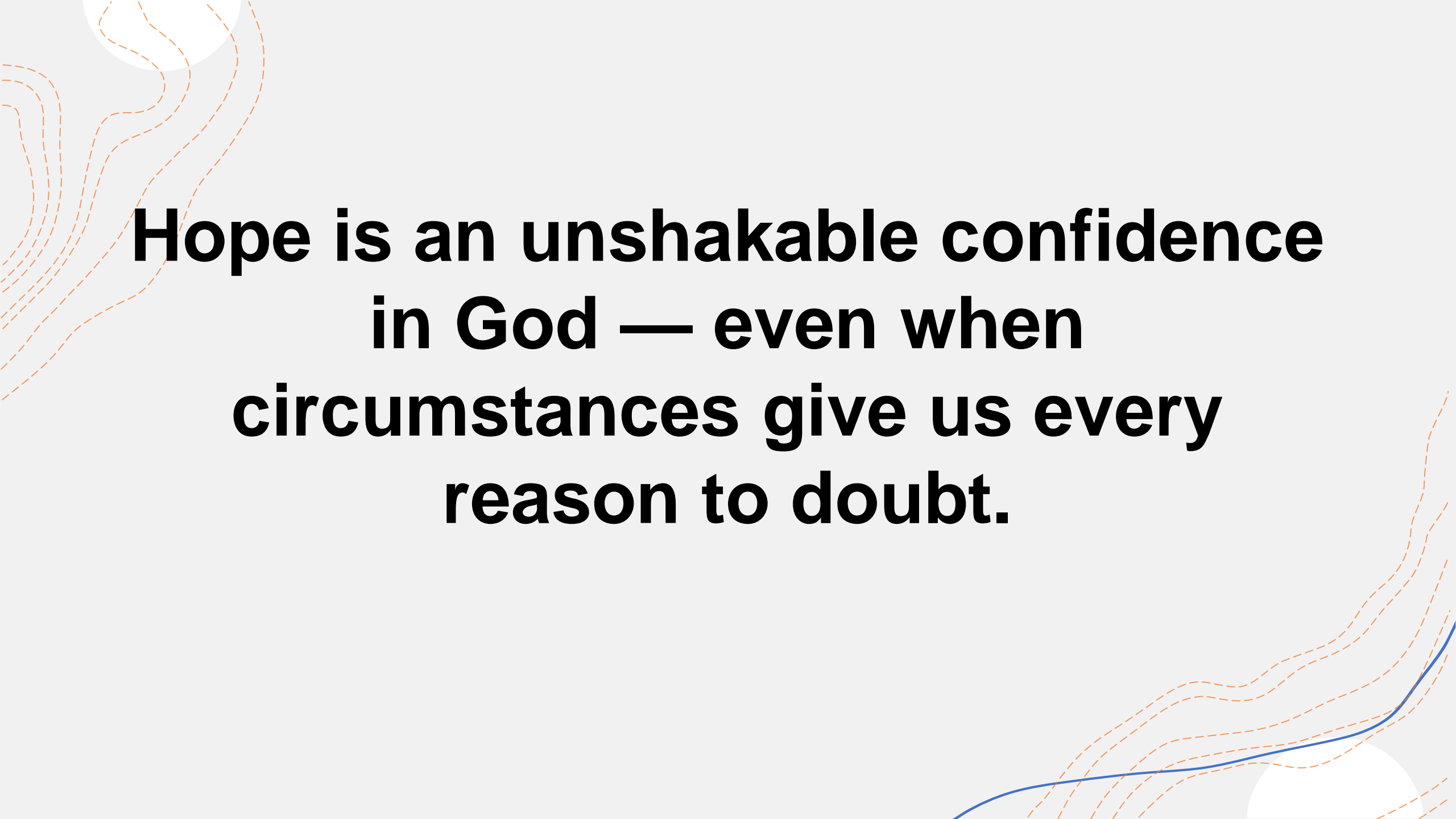
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Biblical Definition

“Hope is an expectation with certainty that God will do what He has said.”

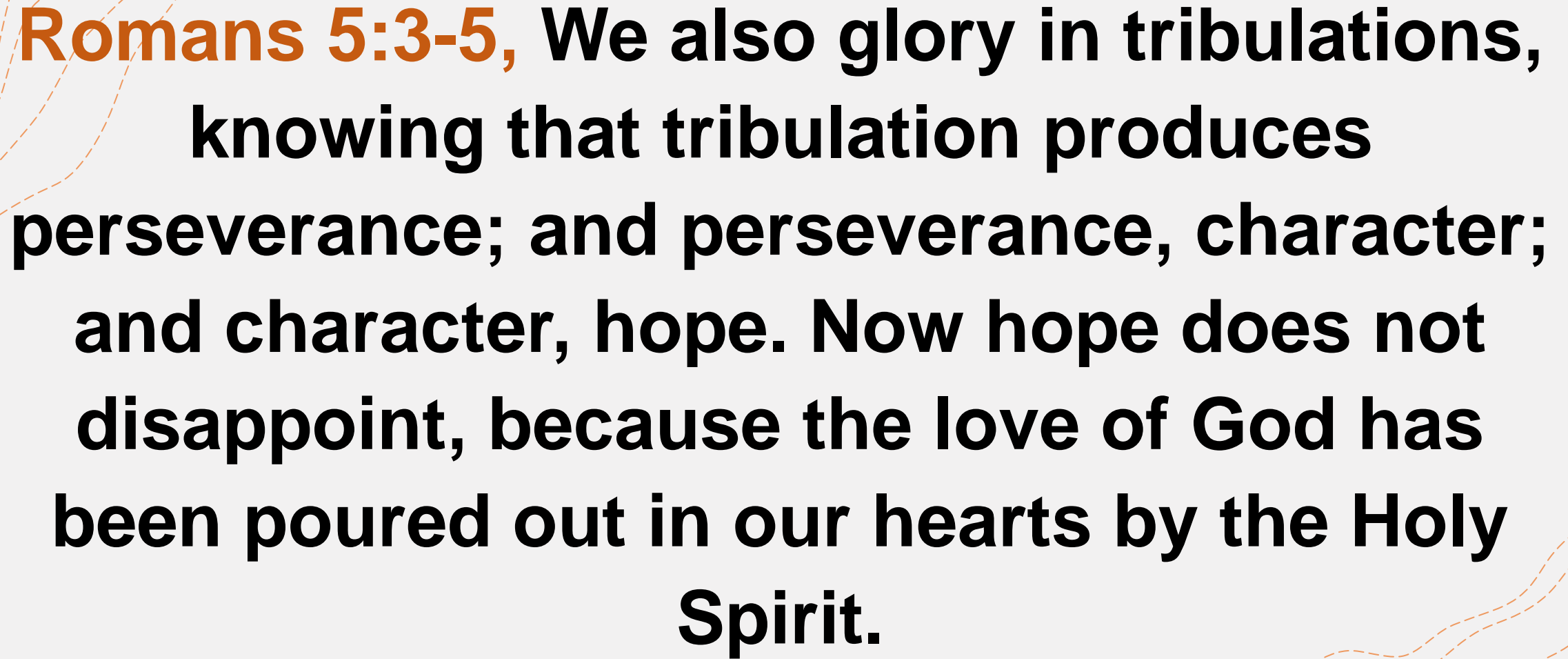




**Hope is an unshakable confidence
in God — even when
circumstances give us every
reason to doubt.**

The background features a light gray gradient. On the left side, there are several wavy, dashed orange lines that curve upwards and to the right. A white semi-circle is partially visible at the top left. On the right side, there are more wavy, dashed orange lines that curve upwards and to the left. A white semi-circle is partially visible at the bottom right. A solid blue line curves upwards from the bottom left towards the right side.

Scripture Lesson
Romans 5:3-5



Romans 5:3-5, We also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit.

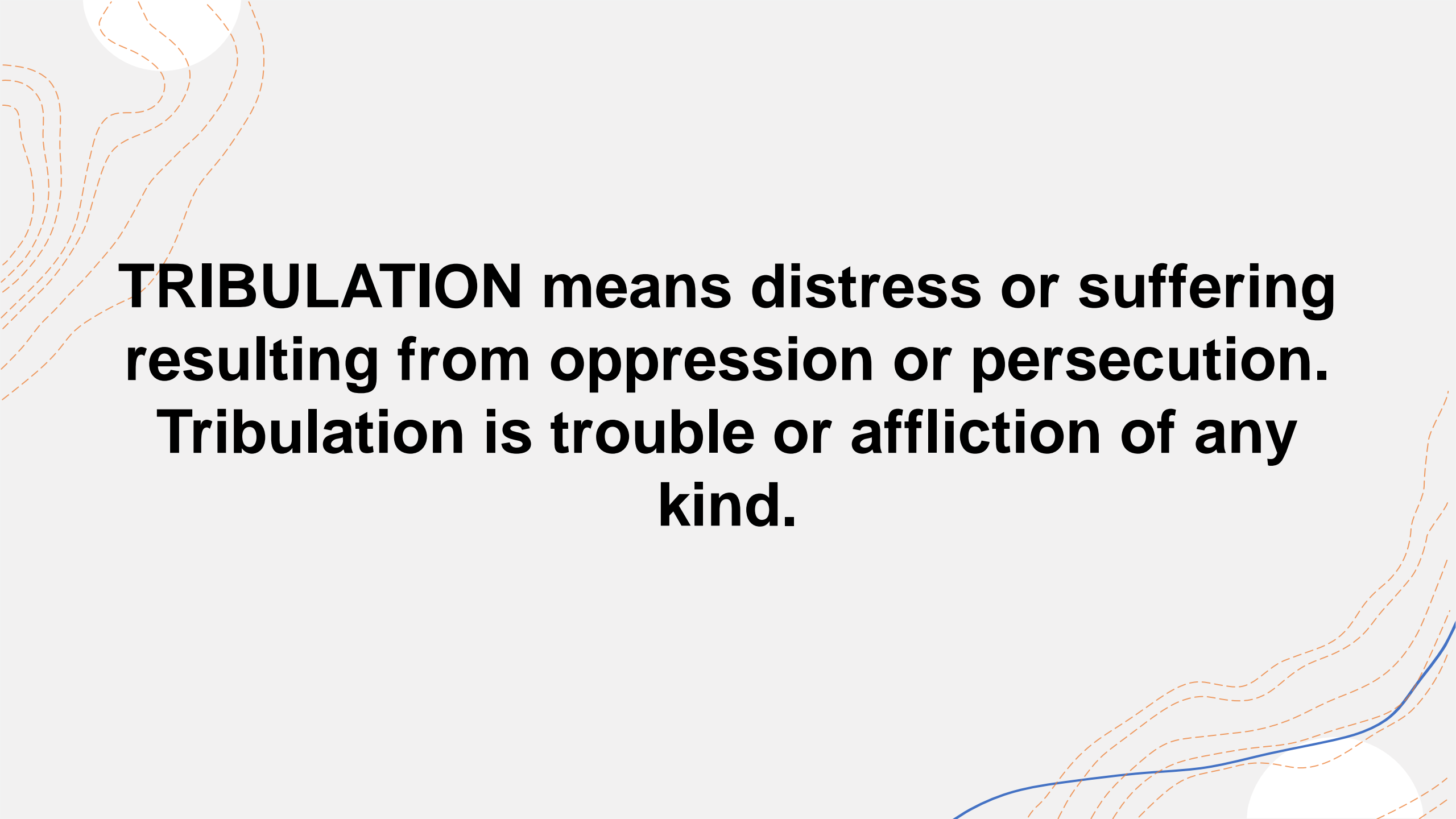


Building Blocks for a Hope-filled Life

Lesson Two



1. Tribulations



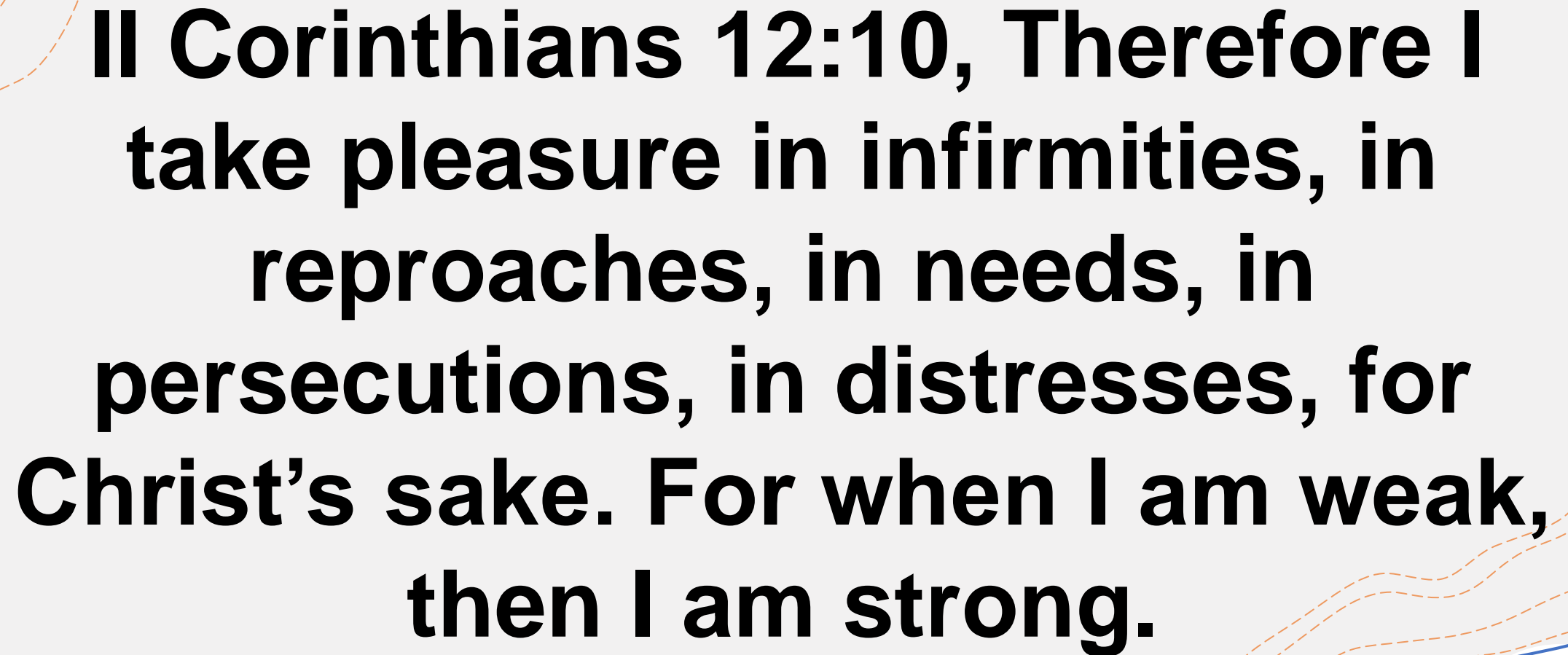
TRIBULATION means distress or suffering resulting from oppression or persecution.
Tribulation is trouble or affliction of any kind.



**James 1:2, Count it all joy when
you fall into various trials.**



**Trials in the Greek means
“putting to the proof.”**



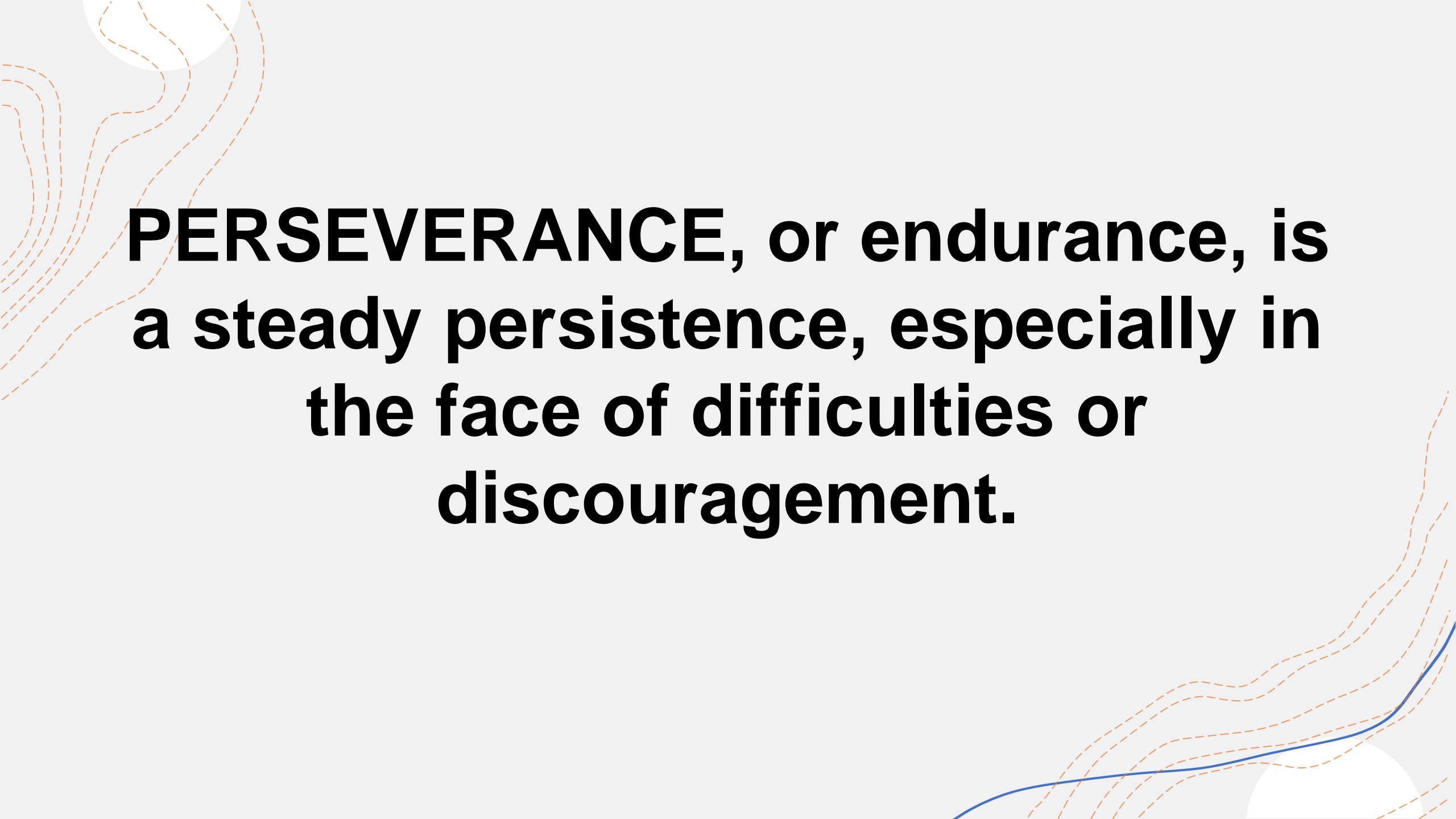
**II Corinthians 12:10, Therefore I
take pleasure in infirmities, in
reproaches, in needs, in
persecutions, in distresses, for
Christ's sake. For when I am weak,
then I am strong.**



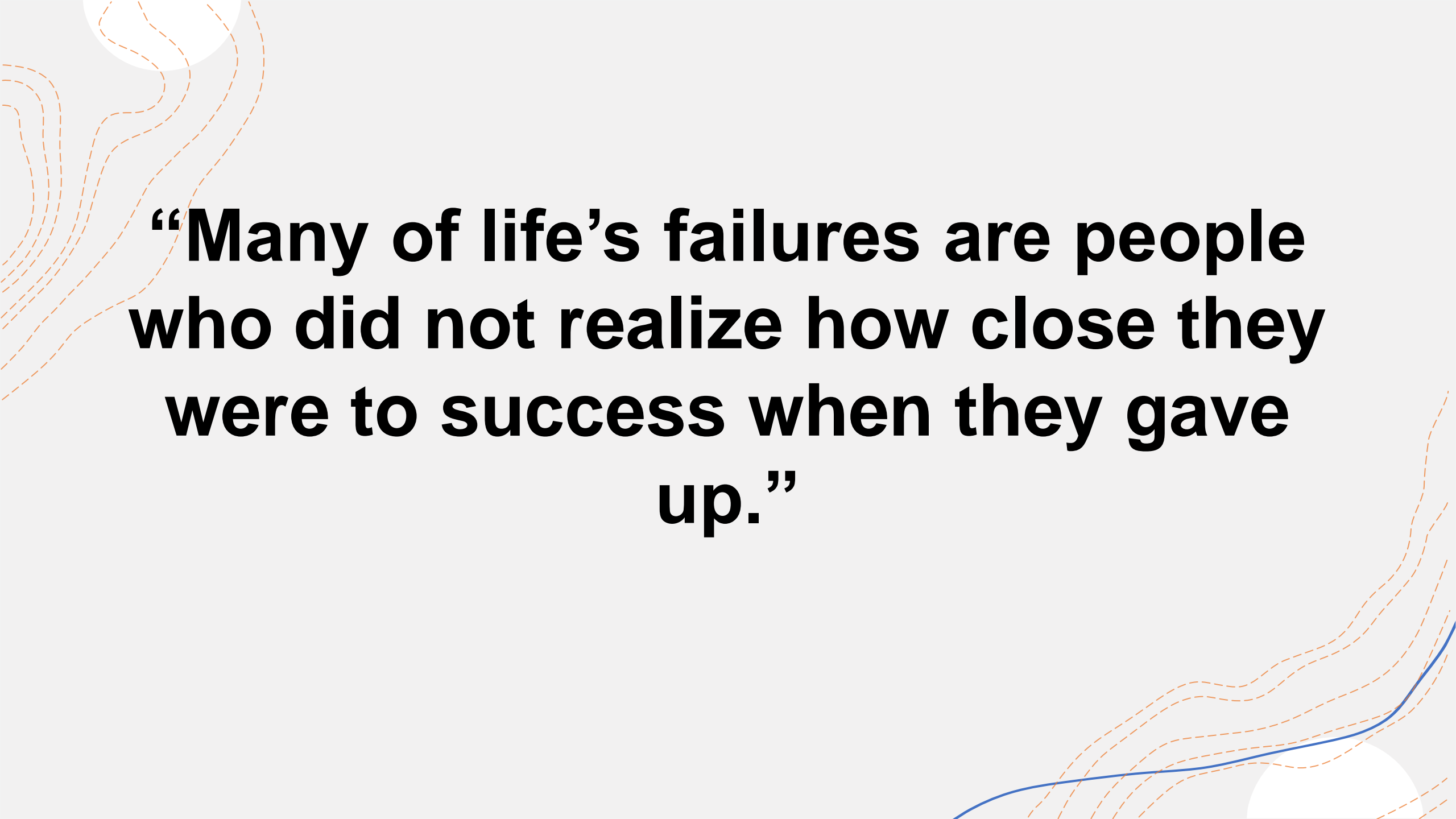
“Trials are the food of faith.”



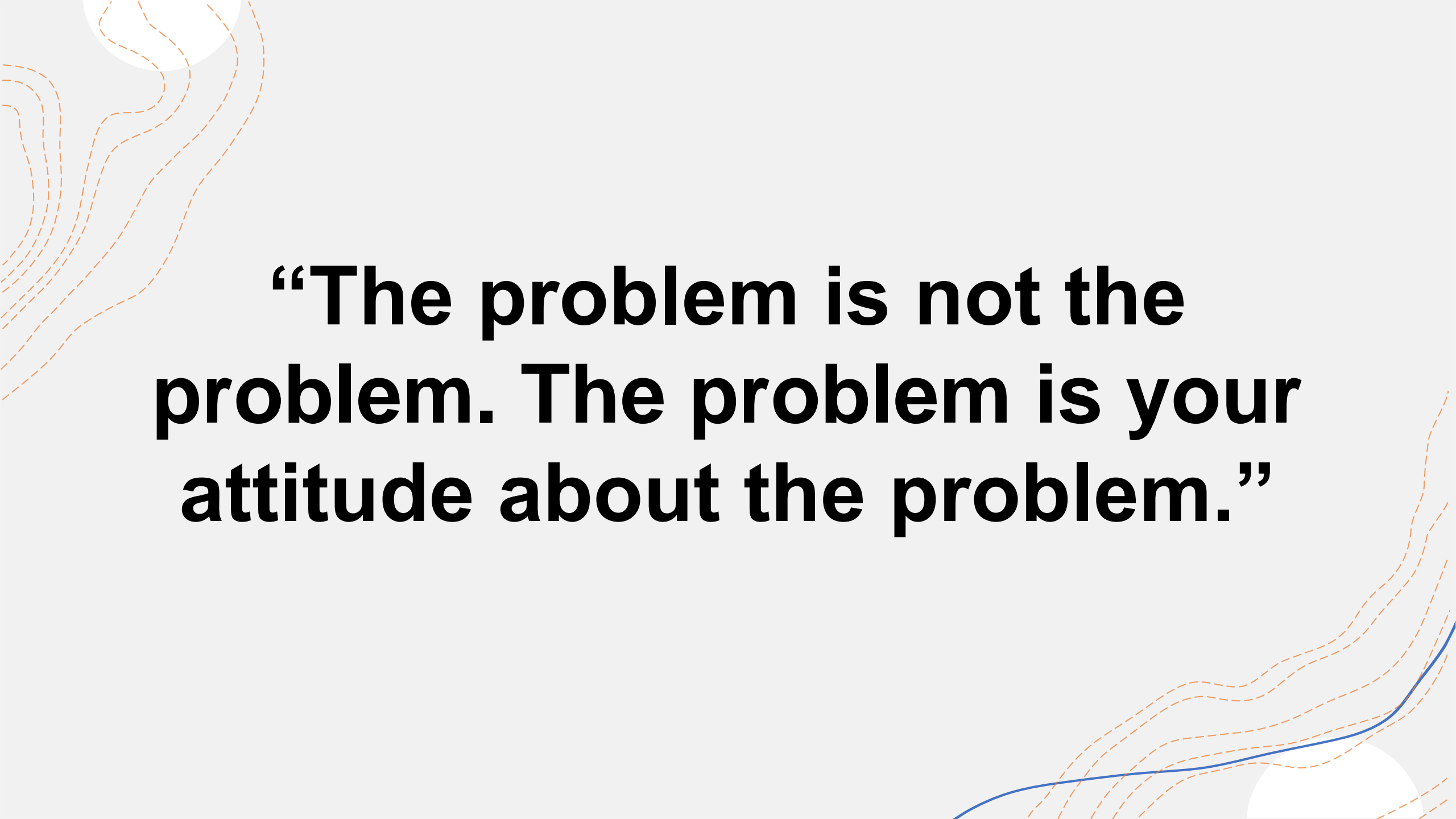
Building Block # 2 - Perseverance



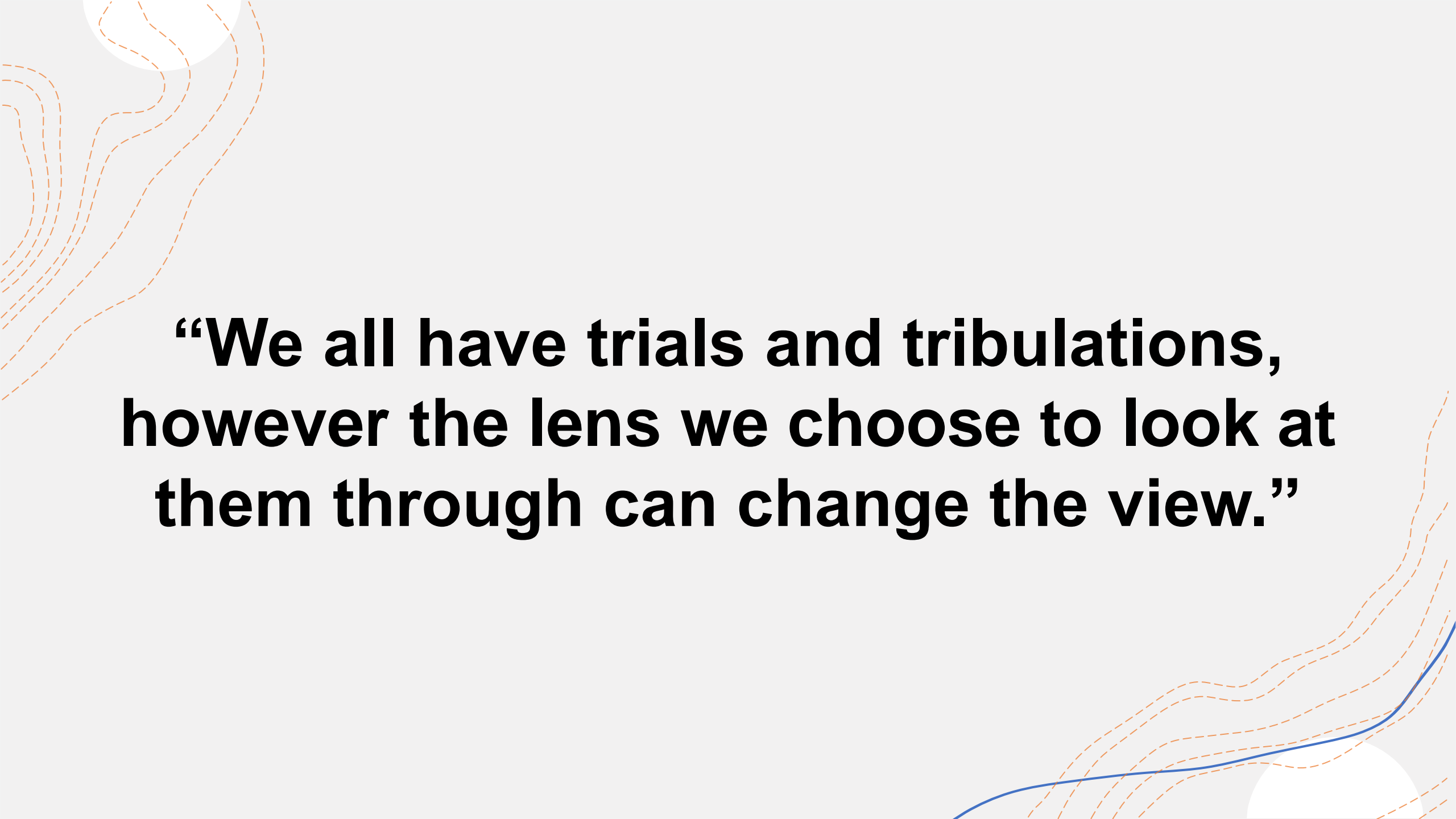
PERSEVERANCE, or endurance, is a steady persistence, especially in the face of difficulties or discouragement.



“Many of life’s failures are people who did not realize how close they were to success when they gave up.”



“The problem is not the problem. The problem is your attitude about the problem.”



**“We all have trials and tribulations,
however the lens we choose to look at
them through can change the view.”**

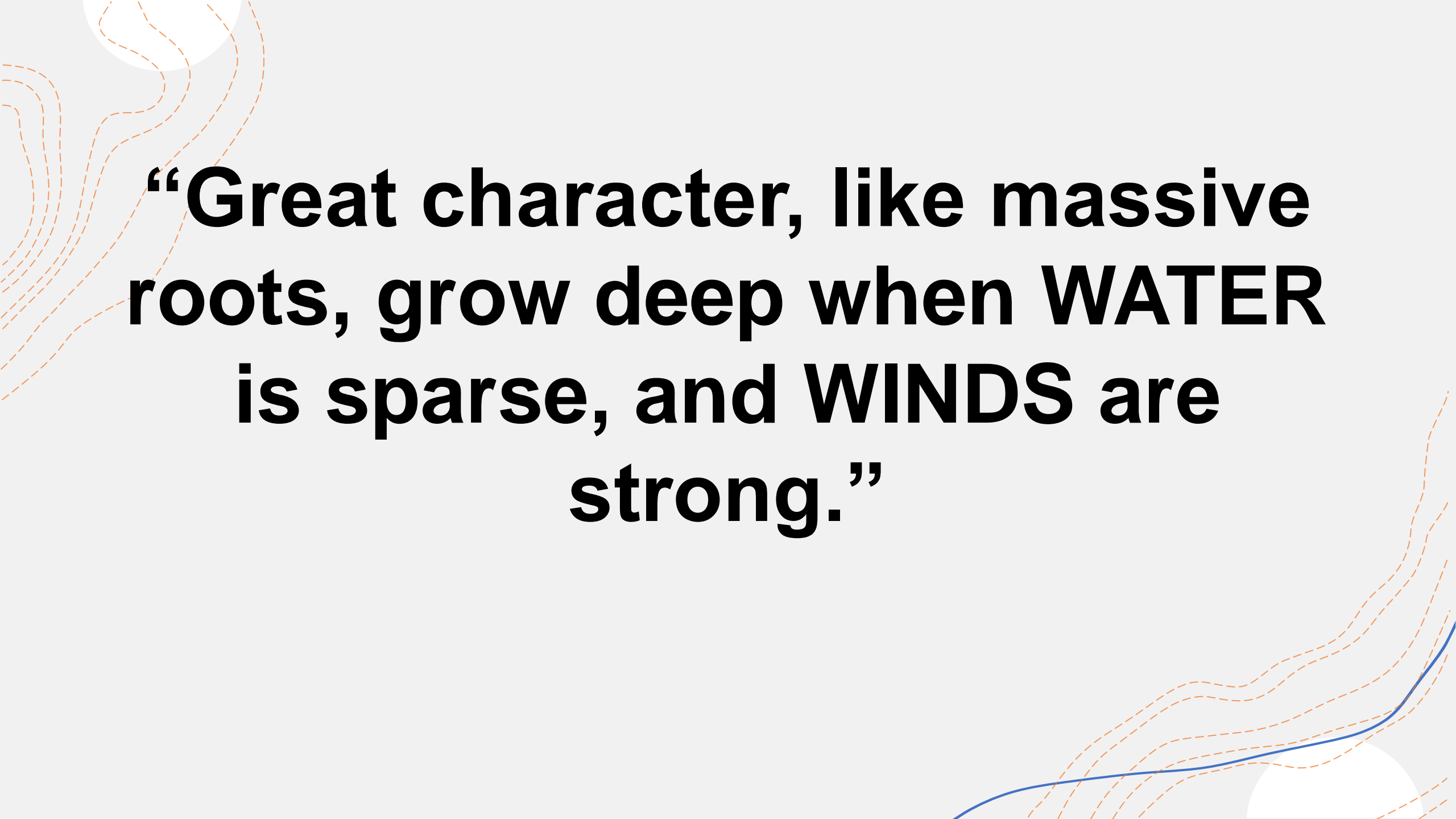


Building Block # 3 - Character



Personality is who we are and what we do when EVERYBODY is watching.

Character is who we are and what we do when NOBODY is watching.



“Great character, like massive roots, grow deep when WATER is sparse, and WINDS are strong.”



**“When character is lost, all
is lost.”**

Scripture Promises:

Romans 15:13, May the God of hope fill you with all joy and peace.

Lamentations 3:21, The steadfast love of the Lord never ceases.

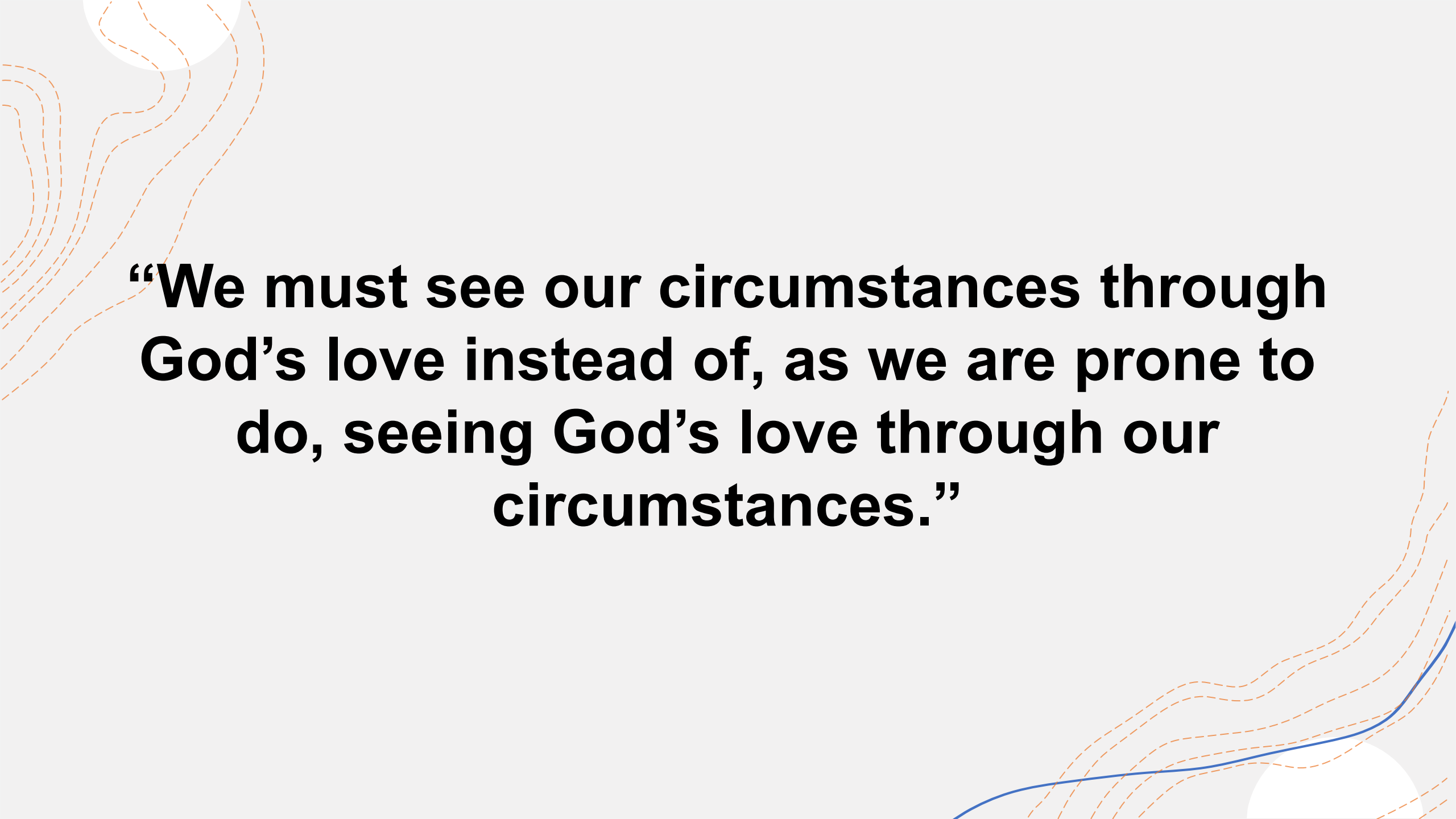
I Corinthians 4:17, This light momentary affliction is preparing for us an eternal weight of glory.



Three Additional Building Blocks for a Hope-filled Life:



1. Build Your Hope by Shifting Your Focus.



“We must see our circumstances through God’s love instead of, as we are prone to do, seeing God’s love through our circumstances.”

Scripture References:

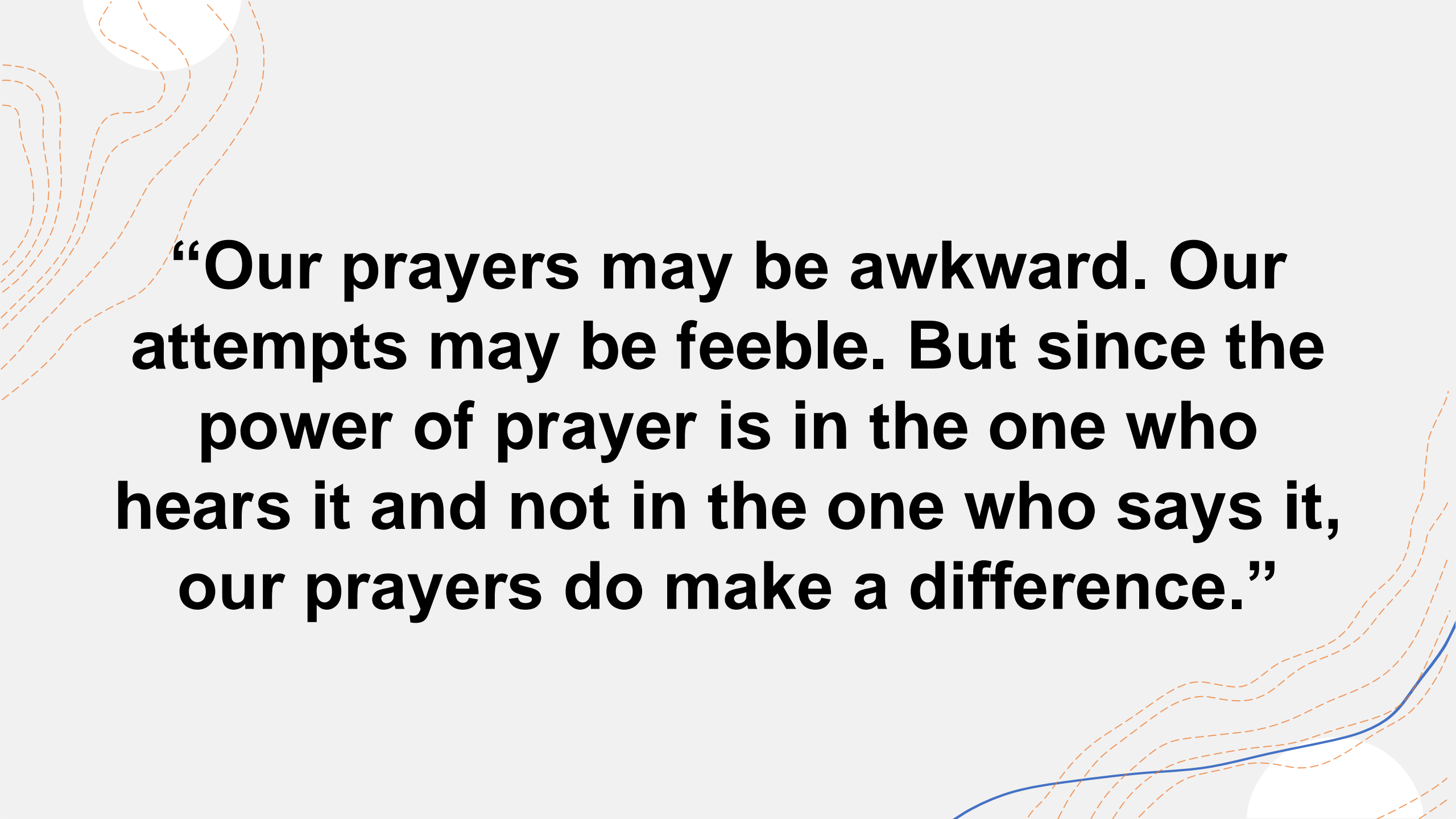
+ **Jeremiah 29:11**, “For I know the plans I have for you” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

+ **Romans 8:28**, And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

+ **Philippians 1:6**, Being confident of this very thing, that he who has begun a good work in you will complete it until the day of Jesus Christ.



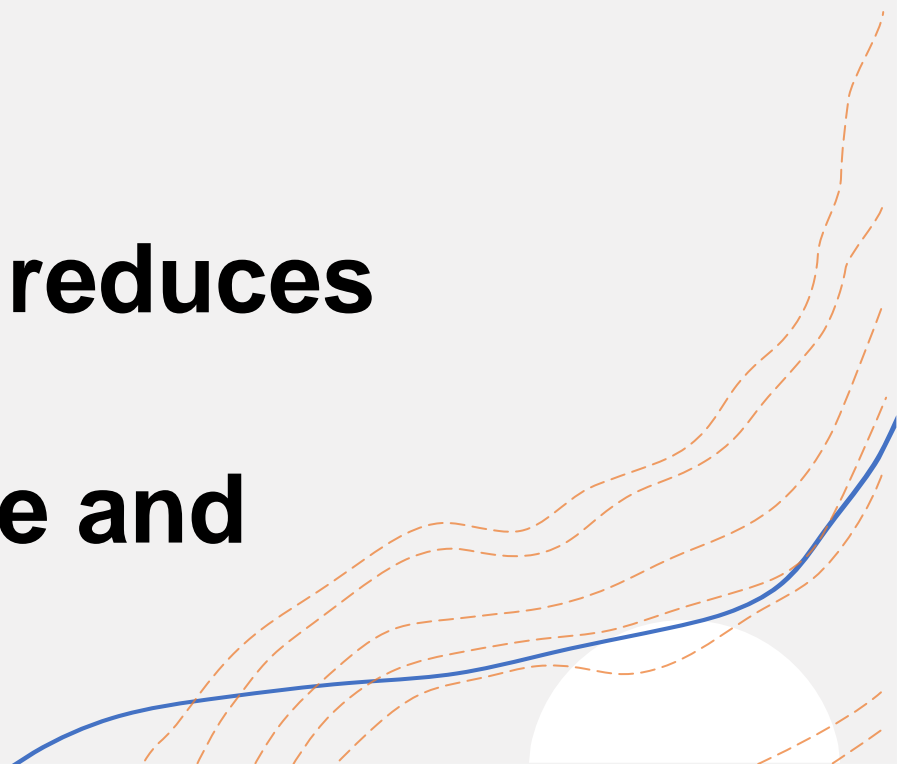
2. Build Your Hope Through Consistent Prayer.



“Our prayers may be awkward. Our attempts may be feeble. But since the power of prayer is in the one who hears it and not in the one who says it, our prayers do make a difference.”

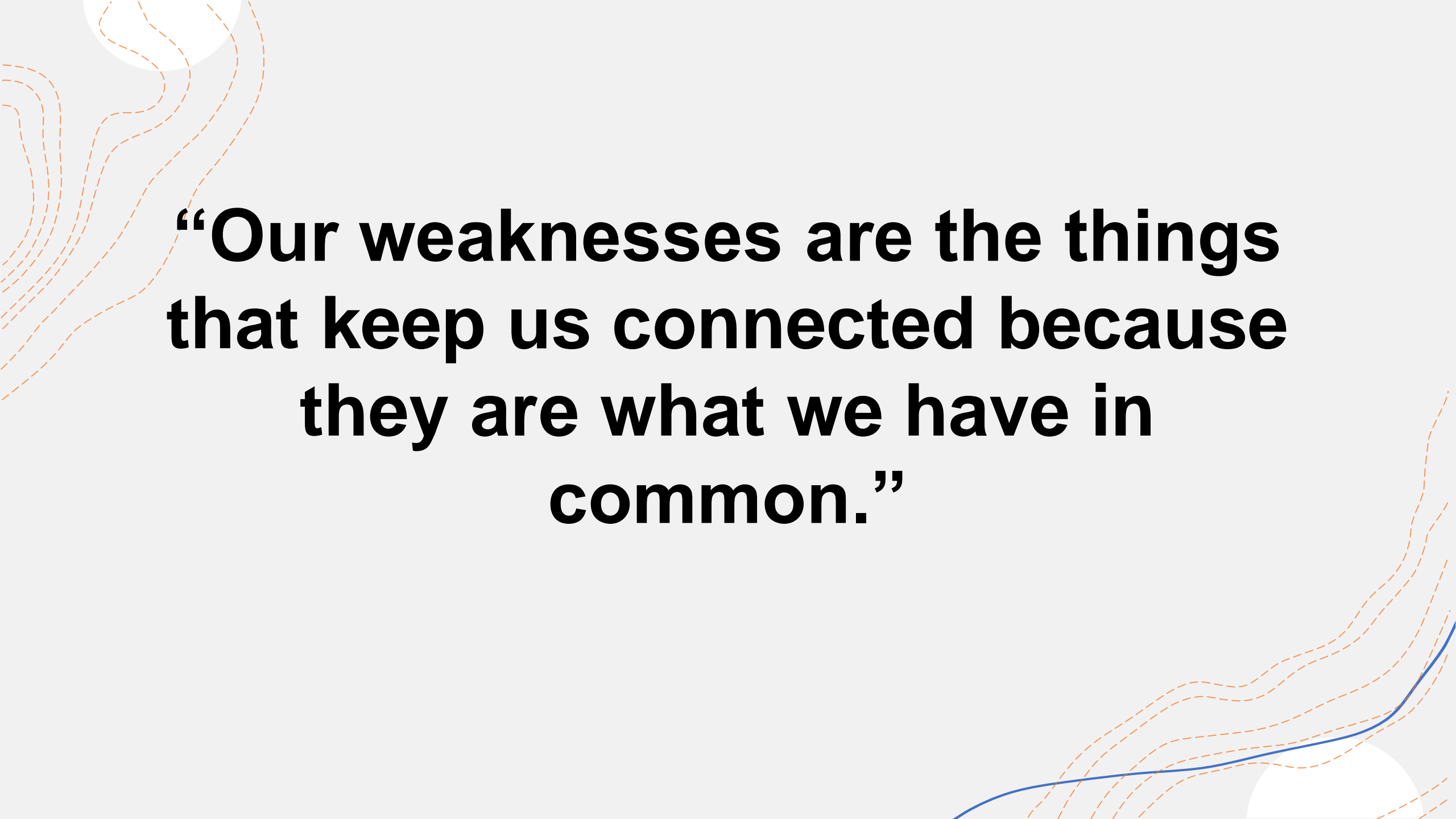


Four Biblical Reasons Why We Should Pray Consistently:

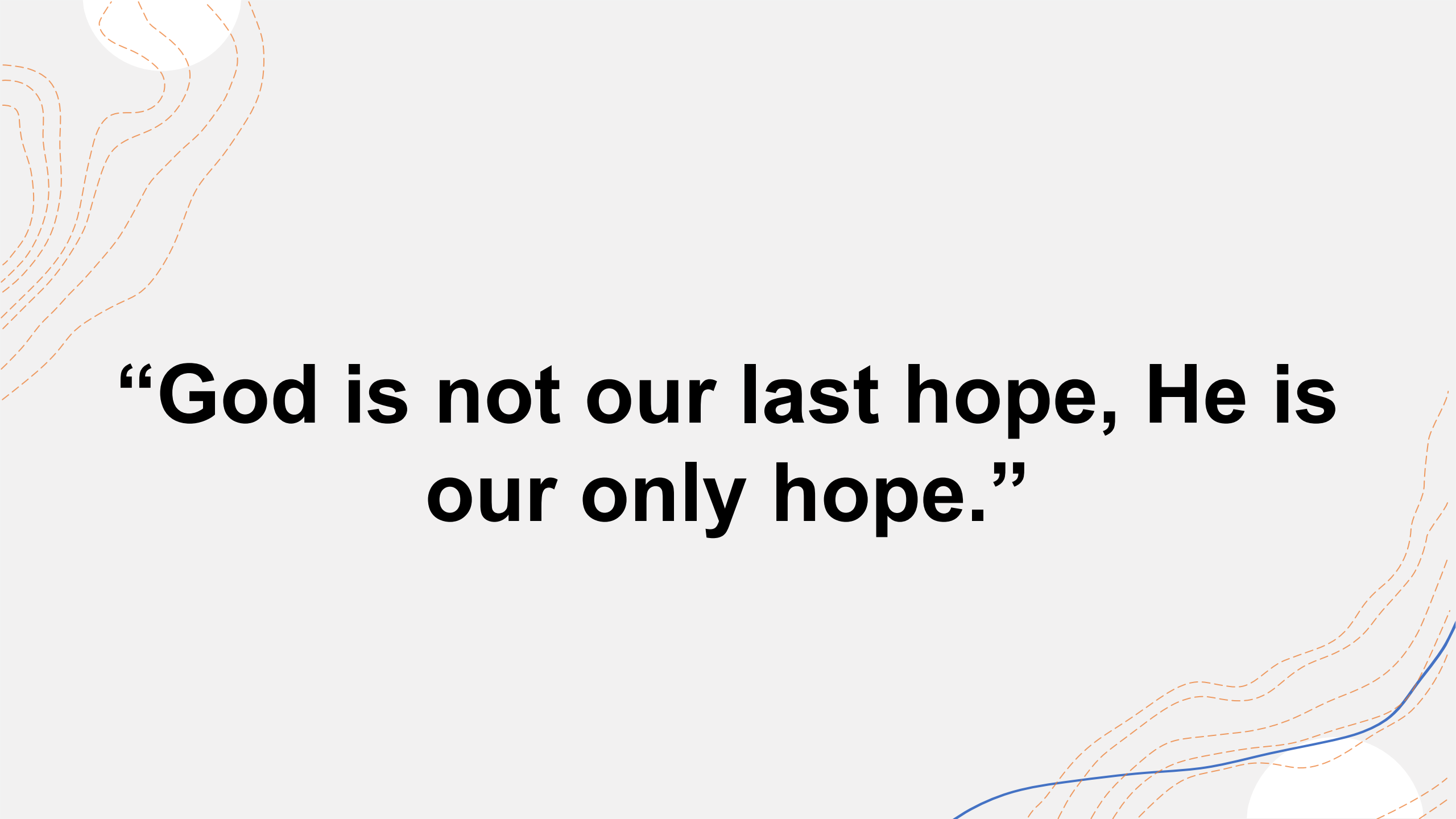
- 1. Prayer strengthens us in times of weakness.**
 - 2. Prayer provides direction.**
 - 3. Prayer produces peace and reduces worry.**
 - 4. Prayer builds our confidence and conviction.**
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**3. Build Your Hope with
Accountability and Support.**



**“Our weaknesses are the things
that keep us connected because
they are what we have in
common.”**



**“God is not our last hope, He is
our only hope.”**

Bible Study Follow Up Chat Questions:

- 1. What is your biggest take away from this Bible Study?**
- 2. Where we focus our attention truly matters if we want to live a hope filled life. Agree or disagree? Explain.**
- 3. Of what use is hope in times of suffering?**
- 4. Do you ever feel like life has to be going a certain way for you to be happy?**
- 5. Have you ever been disappointed when you put hope in something or someone other than God?**
- 6. Hope can be lost and found. Agree or disagree? Explain.**