

# BIBLE

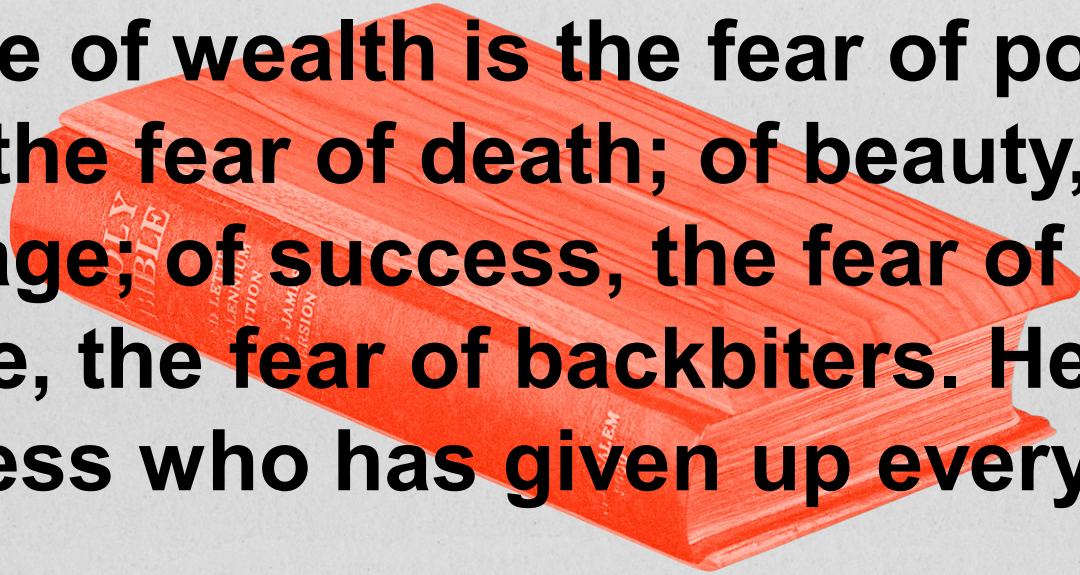
How to Handle Fear

*Are You Infected by Fear?*

May 2020 Bible Study Series

# STUDY

**“In love of wealth is the fear of poverty; of body, the fear of death; of beauty, the fear of old age; of success, the fear of jealousy; of fame, the fear of backbiters. He alone is fearless who has given up everything.”**



**Fear is “An unpleasant emotion caused by the anticipation or awareness of danger.”**



**Then the Lord God called to Adam and said to him, “Where are you?” So, he said, “I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself.”**

**Genesis 3:9-10 (NKJV)**



**The Greek word, phobos, from which phobia is derived, means fear. A phobia is a fear or intense dislike for something.**



**For God has not given us a spirit of fear,  
but of power and of love and of a sound  
mind.**

**II Timothy 1:7 (NJKV)**



**“Fear is generated by unbelief, and unbelief strengthened by fear. Nothing can cure us of fear till God cures us of unbelief.”**



# JESUS HEALS A BOY OF A MUTE SPIRIT



**Reference Scripture: Mark  
9:14-29**



**Jesus said to him, “If you can believe, all things *are* possible to him who believes.”**

**Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!”**

**Mark 9:23-24 (NKJV)**



**“I believe; help my unbelief”**



# Three Suggested Cures for Unbelief:

- **Understand who God is**
- **Trust in God's Word**
- **Know the Enemy's Purpose**

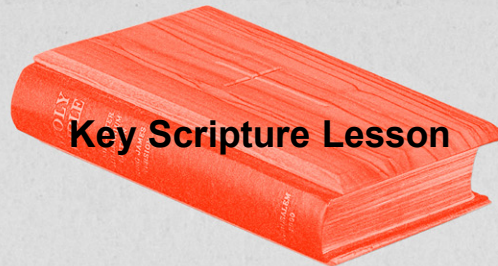


# Needless Fear

## Lesson One



# Isaiah 51:12-13 (NKJV)



**“I, even I, am He who comforts you. Who are you that you should be afraid of a man who will die, and of the son of a man who will be made like grass? And you forget the Lord your Maker, who stretched out the heavens and laid the foundations of the earth; You have feared continually every day Because of the fury of the oppressor, when he has prepared to destroy. And where is the fury of the oppressor?”**

**Isaiah 51:12-13 (NKJV)**



**1. Many fears, experienced by Christians, are groundless.**



**“Some of the worst things in my life never  
even happened.”**

***Mark Twain***





**2. There are some fears which would die immediately if we dared to question them.**



**3. Cry out to God to deliver you from this state of bondage.**



**Be strong and of good courage, do not fear nor be afraid of them; for the LORD your God, He *is* the One who goes with you. He will not leave you nor forsake you.”**

**Deuteronomy 31:6 (NKJV)**



**So we may boldly say: "The Lord is my helper; I will not fear. What can man do to me?"**

**Hebrews 13:6 (NKJV)**



# The Relationship Between Faith and Fear

**“I am inwardly fashioned for faith, not for fear. Fear is not my native land; faith is. I am so made that worry and anxiety are sand in the machinery of life; faith is the oil. I live better by faith and confidence than by fear, doubt and anxiety. In anxiety and worry, my being is gasping for breath—these are not my native air. But in faith and confidence, I breathe freely—these are my native air.”**



**“We do not know why it is that worriers die sooner than the non-worriers.”**



# Two Causes for Fear:



# 1. GUILTY CONSCIENCE

Hebrews 9:13-14





**For if the blood of bulls and goats and the ashes of a heifer, sprinkling the unclean, sanctifies for the purifying of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God? There is power in the blood of Jesus!**

**Hebrews 9:13-14 (NKJV)**



# 2. LACK OF TRUST

Jeremiah 17:5



**Thus says the Lord: “Cursed is the man  
who trusts in man and makes flesh his  
strength, Whose heart departs from the  
Lord.**

**Jeremiah 17:5 (NKJV)**



# Two Solutions to Fear:



# 1. CONFESSION

For a guilty conscience

I John 1:9



**If we confess our sins, He is faithful and  
just to forgive us our sins and to cleanse  
us from all unrighteousness**

**I John 1:9 (NKJV)**



**So then faith comes by hearing, and  
hearing by the word of God.**

**Romans 10:17 (NKJV)**



# 2. THE WORD

**For a lack of faith**

**Romans 10:17**





# **THE FEAR OF MAN IS A SNARE**

**The fear of man brings a snare, but  
whoever trusts in the Lord shall be safe.**

**Proverbs 29:25 (NKJV)**



# The Fear Of Man Ensnares Us And Hinders Us From:

- Sharing the gospel
- Confronting others in love about sin.
- Seeking reconciliation with each other.



**If you listen to your fears, you  
will die never knowing what a  
great person you might have  
been.**

*Robert H. Schuller*

